Relias Learning provides online courses and e-learning resources specifically designed to meet the varying training needs of staff in community health centers. Relias Learning partners with industry leaders to help ensure the delivery of online course content that reflects best practices in the industry and helps organizations meet the ever changing demands of compliance, continuing education and workforce development.

Addiction

The courses in this section cover the basics of customized and self-employment. The courses provide a practical overview of the strategies to create jobs and small businesses for those not able to compete well in the traditional labor market. Topics include discovering the talents of the individual, how to negotiate and develop work, and systematic instruction for success.

- A Biopsychosocial Model of Addiction
- Adolescent Substance Abuse Clinical Pathways Training
- Advanced Motivational Interviewing
- ASAM Patient Placement Criteria
- ASAM Patient Placement Criteria for Adolescents
- Best Practices in Substance Use Treatment Compliance
- Confidentiality of Substance Abuse Treatment Information
- Gambling Addiction
- Managing Depressive Symptoms in Substance Abuse Clients During Early Recovery
- Medication-Assisted Therapy in Opioid Addiction
- Methamphetamine: Effects, Trends, and Treatment
- Relapse Prevention for Therapists: Helping Your Client Develop a Prevention and Recovery Plan
- Relapse Prevention Services: Best Practices in Treatment

Behavioral Health Introductory

The courses in this library are entry level introductions to the major behavioral health disorders. The trainings provided are appropriate for staff in a variety of settings that serve health care consumers—along with those who support them—who have behavioral health concerns. The courses include a general overview of the theory, practice, and assessment strategies for many of the most common behavioral health issues including co-occurring disorders, personality disorders, mood and anxiety disorders, schizophrenia, and psychopharmacology interventions. Staff
who complete these trainings will deepen their understanding of the causes and intervention strategies related to the most commonly-found behavioral health issues.

ADHD: Diagnosis and Treatment
Anxiety Disorders: Diagnosis and Treatment
Autism Overview
Bipolar Disorder
Co-Occurring Disorders
NAB Approved - Overview of Personality Disorders
Overview of Mood Disorders in Adults
Overview of Personality Disorders
Overview of Psychopharmacology
Panic Disorder: Diagnosis and Treatment
Schizophrenia and Medications
Understanding Schizophrenia

Community Oriented Primary Care

The courses in this section address specific needs for healthcare providers. Courses are appropriate for clinical staff, and staff who work in a community oriented primary care setting or similar settings. The courses cover specific regulatory requirements, workforce development, and day to day operations.

Advanced Quality Improvement Practices
Cultural Diversity for Non-Clinical Staff
Drugs in the Health Care Environment
Emergency Preparedness in Healthcare
Fundamentals of Quality Improvement
Patient Centered Medical Home Part 1: Transformation and Recognition
Patient Centered Medical Home Part 2: Enhance Access and Continuity
Patient Centered Medical Home Part 3: Identify, Plan and Manage Care
Patient Centered Medical Home Part 4: Support, Track and Measure
Patient Centered Medical Home Part 5: Practical Lessons From the Field
Teamwork: Fundamentals in Healthcare

Compliance/OSHA

The courses in this section address regulatory requirements and OSHA standards for all organizations. Courses are designed to meet regulatory and company requirements on topics such as confidentiality and HIPAA, sexual harassment and emergency preparedness. Courses are appropriate for all staff working in a variety of settings who must meet state and federal training mandates.

Bioterrorism
Blood-borne Pathogens
Client/Patient Rights
Client/Patient Transfers
Confidentiality and HIPAA
Corporate Compliance and Ethics
CPR Refresher
Cultural Diversity
Customer Relations
Defensive Driving Training
Drugs in the Workplace
Emergency Preparedness
Environmental Safety in the Workplace
Fire Safety
Fire Safety Refresher
First Aid Refresher
Handling Food Safely
Hazardous Chemicals
HIPAA for Healthcare Professionals: How To Avoid Disciplinary and Malpractice Actions
Infection Prevention - Full Series
Infection Prevention Part 1
Infection Prevention Part 2
Influenza Preparedness
Influenza Prevention and Preparedness
Latex Allergy
Quality Improvement
Rules of the Road: Driving Safety
Sexual Harassment/Discrimination - Prevention for Employees
Workplace Harassment
Workplace Violence

Executive and Board Leadership

Training and refining an organization’s “human capital” is an ongoing educational need that should start at the top. By taking the courses in this library, well-seasoned leaders and newly-elected board members alike will gain key insights into effective stewardship of a variety of key
executive functions including marketing, fund development, healthcare reform, and “brass tacks” of developing an effective board. The knowledge and practices included in these trainings will give executives in a broad variety of settings the tools they need to optimize their contribution to the organizations they serve.

Affirmative Business
Essentials of an Effective Board
Healthcare Reform
Keynote: Leading at the Speed of Change
Marketing and Fund Development
Marketing/Fund Development Focus Group Pt 1
Marketing/Fund Development Focus Group Pt 2
Marketing/Fund Development Focus Group Pt 3
MH & Addiction Services: Evolution Not Revolution
Moving Beyond Survival: Using Tech to Thrive
New Perspectives for Online Fundraising and Marketing
New Trends in Healthcare: From EHR to PHR and In-Between
On-line Marketing and Fundraising Workshop Part 1
On-line Marketing and Fundraising Workshop Part 2
Succession Planning
Taking the Vision to Reality: Harnessing the Power of the I/DD Community
Team Approach to Fund Development

Human Services Workforce Development

The courses in this section are entry level introductions to a variety of topics within the human services industry. Courses are appropriate for staff working towards personal and professional growth within their organization or in the field in general. The courses include a general overview of the topic and concrete objectives that will enhance overall knowledge and understanding of individuals who may be served within any human service agency.

Abuse
Achieving Recovery For Those You Serve Through the Effective Use of WRAP
Addressing Organizational Challenges & Opportunities in Implementing Person-Centered Planning
Age-Specific Care
Alcohol and the Family
Basic Introduction to HIV/AIDS

Beck Depression Inventory-II® In Health & Human Service Settings
Case Management Basics
Child Abuse
Client/Patient Safety: Reducing Medical Errors
Clinical Supervision
Crisis Management
Dental and Oral Health
Dialectical Behavioral Therapy: An Introduction
Documenting the Treatment Planning Process
Does Your Organization Measure Up: Are You Really Trauma-informed?
Domestic and Intimate Partner Violence
DSM-5 Overview
Ethical Considerations of Dual Relationships
Evidence-Based Practices
Family Assessment and Intervention
Grief and Loss
Guidelines for Documentation
HIV/AIDS
Identifying and Preventing Dependent Adult Abuse and Neglect
Motivational Interviewing
NAB Approved - HIV/AIDS
NAB Approved - Overview of Suicide Prevention
NAB Approved - Toolkit for Modifying Evidence-Based Practices to Increase Cultural Competence
Overview of Family Psychoeducation: Evidence-Based Practices
Overview of Suicide Assessment
Overview of Suicide Prevention
Overview of Suicide Screening
Pain
Person-Centered Medication: Choice Not Control
Person-Centered Planning
Personal Safety in the Community
Physical Safety in the Workplace
Positive Psychology
Predicting Violence and Threat Assessment
Psychoeducation with Individuals Who Have Significant and Persistent Psychiatric Disorders
Recovery Promoting Relationships
Solution-Focused Therapy
Structured Group Therapy Part 2
Suicide Prevention Gatekeeper Trainings: From Process to Outcomes
Therapeutic Boundaries
Therapeutic Communications
Toolkit for Modifying Evidence-Based Practices to Increase Cultural Competence
Working with the Homeless Part 1: An Overview
Working with the Homeless Part 2: Tools and Techniques for Treatment
Management and Leadership Fundamentals

This library focuses on four important areas of management and leadership. They are: Management, Communication, High Performing Teams and Leadership. The courses provide skill based learning to assist supervisors and managers to manage effectively, communicate clearly, develop their teams and lead with vision, alignment and execution. Many of the courses, such as the communication suite, are suitable for skill building for all employees.

Communication Essentials: Communication Style Effectiveness
Communication Essentials: Navigating Conversations
Communication Essentials: The Effective Listener
High Performing Teams 1: Aligning The Team
High Performing Teams 2: Developing Your Team
Leadership Fundamentals: Leading as a Coach
Leadership Fundamentals: Management vs. Leadership
Leadership Fundamentals: Relationship-centric Leadership
Management Fundamentals for the Emerging Leader
Management Fundamentals: Setting the Stage for Success
Management Fundamentals: Winning at Work

Medical and Dental

The courses in this section are clinical courses covering a range of basic health conditions and procedures common in non-hospital settings such as community health clinics. The training is appropriate for nursing and other medical ancillary personnel as well as dental staff. The courses are not intended for physicians.

Abdominal Pathophysiology, Complications and Interventions
Cardiovascular Pathophysiology, Complications, and Interventions
Care Coordination: Principles and Best Practices
Chest Pain Symptoms, Tests, and Treatments
Cultural Competence: Issues Impacting Clinical Practice
Diabetes: Nutritional Management
Hypertension
Incorporating Alcohol Pharmacotherapies Into Medical Practice
Infection Control for Dental Staff - Basic
Interviewing the Patient

Management of Chronic Pain: An Integrative Care Approach
Medication Administration for Medical Staff
Neurological Pathophysiology, Complications, and Interventions
Nutrition Counseling in Chronic Illness
OSHA/ Blood Borne Pathogens Standard - Required Annual Review for Dental Office Staff
OSHA: Hazard Communication Standard for Dental Staff
Pain Management for the Adult Client
Pediatric Patients: Assessing Height and Weight
Pediatric Vital Signs: Assessing for Normal Values
Pressure Ulcer/Wound Care
Preventative Care: Screenings and Immunizations
Preventing Medical Errors and Preparing for Medical Emergencies for Dental Staff
Promoting Dental and Oral Health in Healthcare Settings
Respiratory Pathophysiology, Complications and Interventions
Safe Patient Care: Preventing Medication Errors
Skin Assessment: Signs and Symptoms of Clients at Risk
Tobacco Cessation
Type 2 Diabetes Mellitus (T2DM) Update for Primary Care
Update on Pediatric Antibiotics
Vital Signs: Normal and Abnormal Ranges for the Adult Client

Older Adults

Members of the “Baby Boom” generations are now accessing health care agencies more than ever, so understanding how to work effectively with older individuals is a critical skills for behavioral health professionals. Courses in this library target entry level and intermediate clinicians who provide services for older adults along with those who support them. Trainings in this library address key competencies in geriatric mental health including abuse/neglect, developmental milestones, and mood disorders. Armed with this information, staff will be well-prepared to provide effective care for late life behavioral health care consumers in a variety of settings.

Alzheimer’s Disease
Anxiety Disorders Among Older Adults
Depression in Late Life
Developmental Milestones and Common Mental Health Issues of Adults and Seniors
Diagnosing Substance Use Issues in Older Adults  
Elder Abuse  
Geriatric Mental Health 101  
Managing Challenging Behaviors of Older Adults with Dementia  
NAB Approved - Alzheimer’s Disease  
NAB Approved - Managing Challenging Behaviors of Older Adults with Dementia  
NAB Approved - Treating Substance Abuse in Older Adults  
Older Adults with Psychiatric Illness  
Overview of Mental Health Issues in Older Adults  
Supporting Family Caregivers of Older Adults with Behavioral Health Needs  
Treating Substance Abuse in Older Adults  
Understanding Elder Abuse

Workforce Skills and Development

The courses in this category address the knowledge and skills necessary for every employee to be successful in the workplace. Courses include a variety of topics such as computer skills, time management, problem solving and communication in the workplace.

Attitudes at Work  
Child Abuse for Mandatory Reporters - Iowa  
Conflict Management  
Dependent Adult Abuse for Mandatory Reporters - Iowa  
Effective Communication in the Workplace  
Microsoft Office Access 2010  
Microsoft Office Excel 2003 Level 1  
Microsoft Office Excel 2007 Level 1  
Microsoft Office Excel 2010  
Microsoft Office Outlook 2003 Level 1  
Microsoft Office Outlook 2007 Level 1  
Microsoft Office Outlook 2010  
Microsoft Office PowerPoint 2003 Level 1  
Microsoft Office PowerPoint 2007 Level 1  
Microsoft Office PowerPoint 2010  
Microsoft Office Publisher 2010  
Microsoft Office Word 2003 Level 1  
Microsoft Office Word 2007 Level 1  
Microsoft Office Word 2010  
Microsoft Windows Vista Level 1  
Microsoft Windows XP Level 1  
Problem Solving: Solutions in the Workplace  
Stress Management in the Workplace  
Time Management  
Valuing Diversity in the Workplace  
Work-Life Balance  
Working with Difficult People

Workforce Skills, Supervision and Management

The courses in this section address the knowledge and skills necessary for new supervisors and human resource managers to be successful in the workplace, as well as current and emerging leaders of an organization. Courses include a variety of topics such as team building, effective interviewing, evaluating performance, and risk management. Effective e-learning topics are also included in this category.

Analyzing Performance and Corrective Action Plans  
Application of the Personal Outcome Measures for Behavioral Health  
Application of the Personal Outcome Measures for Children, Youth, and Families with Young Children  
Clinical Supervision: Core Elements  
Clinical Supervision: Special Topics Part 1  
Clinical Supervision: Special Topics Part 2  
Coaching and Mentoring in the Workplace  
Deficit Reduction Act Compliance  
Discrimination in the Workplace: What Supervisors Need to Know  
Effective Interviewing Techniques  
Effective Teams  
Evidence-Based Practices in Supported Employment Part 2: Supporting Employed Consumers  
Financial Management for Non-Financial Staff  
FLSA: What Supervisors Need to Know  
FMLA: What Supervisors Need to Know  
Hiring and Developing Your Staff  
How to Make Your Online Courses Interactive and Engaging  
Impaired Healthcare Professionals: Identification and Management  
Learning about People - Interviewing Techniques  
Legal and Effective Interviewing  
Looking at the Data - Decision-Making around Personal Outcome Measures  
NAB Approved - Sexual Harassment Prevention Training for Supervisors  
Overview of the Personal Outcome Measures  
Performance Improvement
Preventing Sexual Misconduct in the Workplace
Project Management Basics
Sexual Harassment Prevention Training for CA Supervisors
Sexual Harassment Prevention Training for Supervisors
Smart Strategies for Survey Success
Staying Safe in Any Situation: SMART Principles
Supervision and Leadership
Supervisor’s Guide to Safety in Orientation
Supported Employment for Social Service Agencies
Teamwork: The Fundamentals
The Power of Personal Outcome Measures
The Risk Management Process – From Identification to Monitoring Results
Understanding Substance Abuse Problems in the Workplace
Using Personal Outcome Measures in Evaluation and Planning for Organizations
Using Personal Outcome Measures in Planning for People
Variance/Error Reporting and Disclosure
Writing Effective E-Learning