Addressing the Social Determinants of Health: COVID-19 Impacts and Responses

Wednesday, March 18, 2020
2:00-3:00pm ET
Audio Logistics

• Call in **on your telephone**, or use your **computer audio option**

• **If you are on the phone**, remember to enter your Audio PIN
How to Ask a Question/Make a Comment

Type in a **question** in the **Q&A box**
Type in a **comment** in the **chat box**

Both are located at the bottom of your screen. We’ll answer as many questions as we can at the end of the presentation.
Disclaimer

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SAMHSA
Substance Abuse and Mental Health Services Administration
www.samhsa.gov
Poll #1: What best describes your role?

• Clinician
• Administrator
• Policy Maker
• Payer
• Other (specify in chat box)
Poll #2: What best describes your organization? (check all that apply)

• Behavioral Health Provider
• Primary Care Provider
• Mental Health Provider
• Substance Abuse Provider
• Other (specify in chat box)
Introductions

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Objectives

By the end of this webinar, you will be able to:

• Understand the language of describing the social “determinants” of health (SDOH) and why this distinction matters.

• List 5 categories of SDOH and their key characteristics.

• Recognize commonly used tools to screen for SDOH.

• Understand the importance and identify roles of team members.

• Understand the impact of COVID-19 on SDOH.
• Definitions and changing language:

“…while the factors and conditions considered here are referred to as “social determinants,” they may be more aptly discussed as "influencers" or "predictors" rather than direct determinants of an individual’s or community’s health status. Most of these conditions are highly correlated with one’s health but not necessarily causal; further, all SDOH (except race) can change throughout one’s life.”

Definition received from https://www.americanactionforum.org/research/understanding-the-social-determinants-of-health/
Overall Health is Based on Several Key Factors

- Health Care: 10%
- Genetics: 30%
- Social and Environmental Factors: 20%
- Health and Well Being
- Individual Behavior: 40%

40% of individual health outcomes based on SDOH

Social “Predictors” Are the Basic Fabric of Health – Interwoven Part of Our Lives
Access to Primary Care and Specialty Behavioral Health: “3 Way” Integration
Social Determinants of Health Categories (5)

Economic Stability
- Employment
- Income
- Expenses
- Debt
- Medical Bills
- Support

Neighborhood and Physical Environment
- Housing
- Transportation
- Safety
- Parks
- Playground
- Walkability

Education
- Literacy
- Language
- Early Childhood
- Vocational
- Higher Education

Community and Social Context
- Social Integration Support Systems
- Community Engagement
- Discrimination

Health Care System
- Health Coverage
- Provider Availability
- Quality of Care
- Translation services
Poll #3: Which of the following are you hearing from your clinic are important to address with the COVID-19 outbreak?

- Economic stability
- Neighborhood and Physical Environment
- Education
- Community and Social Context
- Access to the Health Care System
- Other (please specify in chat box)
Key Program Considerations

• Selection of screening tools
• Collection of patient level information
• Creating workflows to track and address needs
• Identifying social service resources in your community and TRACKING referrals
Considerations When Choosing Screening Tools

- Capacity to address specific needs
- Availability of local resources
- Ease of completing tool in clinical assessing
- Ability of the tool to capture specific needs that the organization can address

Common Screening Tools

- Protocol for Assessing Patients Assets, Risks and Experiences: PRAPARE Tool
- CMMI Accountable Health Communities of Health (AHC) Screening Tool
- American Academy of Family Physicians
- Health Leads

Social Determinants of Health Assessment Tools

Many of the sites participating in *Transforming Complex Care* adapted existing or created new assessment tools in order to better capture patients’ social needs and barriers to care. Examples of these screening tools are available to download below:

- Social Determinants Screening Tool (AccessHealth Spartanburg)
- Self-Sufficiency Outcomes Matrix (OneCare Vermont)
- PRAPARE Tool (Redwood Community Health Coalition)
- Community Paramedicine Pilot Health Assessment (ThedaCare)
- Social Needs Assessment (Virginia Commonwealth University Health System)
Workflows

• Clear roles and responsibilities
  – Who will screen?
  – Who will record?
  – Who will intervene?
  – Who will track?
  – Who will develop community relationships and resource lists?

• Take time to do this well and involve the team to get buy-in
Behavioral Health Integration Schematic

**Mental Health**
- Psychiatrist
- Medical Case Worker (Behavioral Health Provider)

**Substance Use Disorder**
- Social Worker
- Addiction Specialist
- Substance Use Disorder Counselor

**Social Determinants of Health**
- Medical Case Worker
- CMA or Clerk
- FI Housing
- Transportation

**Need?**
- FI = Food Insecurity

**Provider**
- Patient
- CMA
- RN

**Support as needed**
- Community Health Worker
- RN Care Manager

*DMH providers at select sites

March 14, 2019

FI = Food Insecurity
Resources – COVID-19

• The Center for the Study of Traumatic Stress
  – Publications and resources for providers, families, and leaders: 
  – Sustaining the Well-Being of Healthcare Personnel - 

• The Center for Disease Control and Prevention (CDC)
  – Latest data and status on the spread, symptoms and testing, preparation guidelines, and more: 
  – Guidance for health care professionals: 
  – Managing Anxiety and Stress: 

• SAMHSA resources
  – COVID-19 Guidance for Opioid Treatment Programs: 
Resources – SDOH

• **Social Interventions Research & Evaluation Network (SIREN):**
  - Tools and Resources: [https://sirenetwork.ucsf.edu/tools-resources](https://sirenetwork.ucsf.edu/tools-resources)

• **Putting Learning into Practice to Innovate and Improve Patient Services; A Case Study of Seattle’s Children’s Hospital:**

• **Center for Health Care Strategies, Inc.;** Screening for Social Determinants of Health in Populations with Complex Needs: Implementation Considerations: [https://www.chcs.org/media/SDOH-Complex-Care-Screening-Brief-102617.pdf](https://www.chcs.org/media/SDOH-Complex-Care-Screening-Brief-102617.pdf)

• **Oregon Coordinated Care Organizations (COOs) annual survey:**
  [https://www.oregon.gov/oha/OHPB/Documents/OHA%20Member%20Survey%20August%202018.pdf](https://www.oregon.gov/oha/OHPB/Documents/OHA%20Member%20Survey%20August%202018.pdf)
Contact Us

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Questions?
Upcoming Webinars & Events

Webinar – No Two People Are the Same: Respecting Cultural Diversity when Delivering Healthcare
April 22, 2:00-3:00pm ET
Register from our website here:
https://zoom.us/webinar/register/4315826397931/WN_zdq9L4lyR_qdff4H4rFRvw

Learning Communities and ECHOs – Learn more on our website here:
https://www.thenationalcouncil.org/integrated-health-coe/learning-collaboratives/

Relias Online Trainings – Learn more on our website here:
https://www.thenationalcouncil.org/integrated-health-coe/training-events/

Request Technical Assistance -
https://www.thenationalcouncil.org/integrated-health-coe/request-assistance/
Questions?

Email integration@thenationalcouncil.org

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