Effective October 1, 2015, the entire U.S. health care system will transition to using the ICD-10-CM code set. This transition comes on the heels of the release of the DSM-5 in May 2013, which has been adopted by payers and direct service organizations at varying speeds. Providers must start planning now if they have not already begun. A useful planning guide can be found here.

Does ICD-10 Apply to Me?

Transitioning to ICD-10 is required for everyone covered by the Health Insurance Portability and Accountability Act (HIPAA). This change not only affects those who submit Medicare or Medicaid claims, it also affects diagnosis coding for both inpatient and outpatient procedures. However, this change does not affect procedural (CPT and HCPCS) coding. Click here for more information.

Who Needs Training?

It is suggested that administrators, information technology specialists, clinicians, and coding professionals all receive ICD-10 training. Make sure you check out the National Council's Coding Behavioral Health Services page or visit CMS' Road to 10 page for more information on transitioning to ICD-10 and how to prepare for the compliance date.

Key Points

- DSM-5 contains all of the information needed to assign HIPAA-compliant, valid ICD-10-CM codes to the psychiatric diagnoses.
- Codes can be found in parentheses within the diagnostic criteria box for each disorder in the DSM-5.
- According to the DSM-5, if more than one code can be assigned to a disorder, the codes can be found at the bottom of the diagnostic criteria box. This is the case when subtypes are coded. For instance, for schizoaffective disorder, the depressive type is coded as F25.1 and the bipolar type is coded as F25.0
- For disorders with more complex coding, coding notes and coding tables are provided at the bottom of the criteria box. The substance/medication-induced disorders, for example, have complex coding

ICD-9-CM Diagnosis Codes	ICD-10-CM Diagnosis Codes
No Laterality	Laterality—Right or Left account for >40% of codes
3-5 digits • First digit is alpha (E or V) or numeric • Digits 2-5 are numeric • Decimal is placed after the third character	7 digits • Digit 1 is alpha; Digit 2 is numeric • Digits 3-7 are alpha or numeric • Decimal is placed after the third character
No placeholder	"X" placeholders
14,000 codes	69,000 codes to better capture specificity
Limited Severity Parameters	Extensive Severity Parameters
Limited Combination Codes	Extensive Combination Codes to better capture complexity
1 type of Excludes Notes	2 types of Excludes Notes

Reference: CMS: http://www.roadto10.org/whats-different/