

Your Health Home Digest



NATIONAL COUNCIL
FOR COMMUNITY BEHAVIORAL HEALTHCARE

The monthly newsletter of the Ohio Health Home
Implementation Office Training and Technical
Assistance Center (OHIO-TTAC)

Welcome to Your Health Home Digest from the National Council for Behavioral Health. This monthly publication highlights leading edge news about Ohio health homes and the development of this new service delivery model.

RESOURCES FOR PHASE 1 & 2 HEALTH HOMES

The National Council's Ohio Health Home Implementation Office Training and Technical Assistance Center (OHIO-TTAC) offers a variety of resources to Phase 1 and Phase 2 health homes.

Case Management to Care Management Training — Designed for existing health homes and organizations in Phase 2 implementation, this full-day training provides practical information to help care teams understand and meet the needs of individuals with serious mental health, substance abuse, and chronic health conditions. OHIO-TTAC will offer 10 trainings throughout Ohio between February and June 2013.

| | CASE TO CARE | DATE | LOCATION | TRAINERS |
|----------|--------------|-----------------------------|--------------------------------|-------------------------|
| FEBRUARY | Adult | Thursday, February 14, 2013 | Butler Behavioral Health | Suzanne Daub, Joan King |
| | Child | Tuesday, February 19, 2013 | Unison Behavioral Health Group | Kathy Reynolds |
| MARCH | Adult | Wednesday, March 6, 2013 | Cincinnati, Location TBD | Suzanne Daub |
| | Child | Thursday, March 7, 2013 | Cincinnati, Location TBD | Suzanne Daub |
| | Adult | Thursday, March 14, 2013 | Southeast Ohio, Location TBD | Jeff Capobianco |
| | Adult | Tuesday, March 26, 2013 | Cleveland, Location TBD | Joan King |
| | Child | Wednesday, March 27, 2013 | Cleveland, Location TBD | Joan King |
| APRIL | Adult | Monday, April 15, 2013 | Columbus, Location TBD | Kathy Reynolds |
| | Child | Thursday, April 16, 2013 | Columbus, Location TBD | Kathy Reynolds |
| MAY | Adult | Monday, May 6, 2013 | Northeast Ohio, Location TBD | Joan King |

Case-to-Care Webinars — Case-to-Care training attendees will be invited to webinars to interact with consultant trainers in a Q&A format. Dialogue will focus on problem-solving and sharing best implementation practices. *Dates and times will be announced soon.*

Regional Monthly Coaching Calls — Health home sites can participate in monthly teleconference calls with a dedicated regional specialist to identify common issues, learn from the region's other site teams, and gain access to additional technical assistance and other resources to support implementation. Beginning March 1, calls will occur from 11:00-12:30 ET each Friday as follows:

| | REGION | FACILITATOR | DATES | REGISTER | ACCESS CODE |
|---------------|-----------|------------------------|-------------------------------------|----------------|-------------|
| First Friday | Northeast | Joan King, RN, MSN, CS | February 22, April 5, May 3, June 7 | 1-866-809-4014 | 9846200 |
| Second Friday | Northwest | Kathy Reynolds, LMSW | March 8, April 12, May 10, June 14 | 1-866-809-4014 | 9846200 |
| Third Friday | Southeast | Jeff Capobianco, PhD | March 15, April 19, May 17, June 21 | 1-877-647-3411 | 634955 |
| Fourth Friday | Southwest | Suzanne Daub, LMSW | March 22, April 26, May 24, June 28 | 1-877-647-3411 | 634955 |

Health Home Technical Assistance Webinars — Phase 1 and 2 organizations will benefit from webinars designed to address common topics that arise during site visits, technical assistance requests, and state assessment. *Dates and times will be announced soon.*

RESOURCES FOR ALL ORGANIZATIONS

In addition to supporting Ohio's Phase 1 and Phase 2 health homes, OHIO-TTAC provides resources to other organizations interested in providing integrated care and seeking future status as a health home in Ohio.

Technical Assistance — Organizations may connect with National Council specialist consultants in their region for specific technical support and to request a site visit by contacting OHIO-TTAC@thenationalcouncil.org. Requestors will receive a response within 24 hours.

Regional Health Integration Forums — These four face-to-face forums are designed to deepen participants' knowledge of integrated care, spur development of partnerships and lead to concrete action at the CBHC or Board level. The sessions are an interactive format with emphasis on practical implementation and enhanced leadership buy-in.

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|--------------------------|---|
| Northwest Regional Forum | Wednesday, April 24, 2013 (Toledo; location TBD) |
| Southeast Regional Forum | Tuesday, May 14, 2013 (Columbus; location TBD) |
| Northeast Regional Forum | Wednesday, May 22, 2013 (Cleveland; location TBD) |
| Southwest Regional Forum | Wednesday, June 19, 2013 (Cincinnati, Location TBD) |

Integrated Care Webinar Series — Open to all interested organizations, this series of six webinars provides an overview of integrated care concepts and organizational capacity issues essential to establishing and providing integrated health services.

WEBINAR SCHEDULE

WEBINAR #1: OVERVIEW OF INTEGRATED CARE

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|---------------------------|-----------------|-------------------------------|
| Monday, February 11, 2013 | 2:00-3:30 pm ET | Faculty: Kathy Reynolds, LMSW |
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Topics: Prevalence data on comorbid behavioral health/medical health conditions; integration models; screening tools; common health challenges; lessons learned

WEBINAR #2: CHANGE MANAGEMENT

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|------------------------------|-----------------|-------------------------------|
| Wednesday, February 20, 2013 | 2:00-3:30 pm ET | Faculty: Jeff Capobianco, PhD |
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Topics: Leadership; communications; organizational staff training; sustaining change

WEBINAR #3: HEALTH PROMOTION AND ILLNESS PREVENTION

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|-------------------------|-----------------|---------------------------------|
| Tuesday, March 19, 2013 | 2:00-3:30 pm ET | Faculty: Joan King, RN, MSN, CS |
|-------------------------|-----------------|---------------------------------|

Topics: person-centered care planning; Whole Health Action Management (WHAM); self-help/self-management programs; motivational interviewing; smoking cessation; fitness and nutrition

WEBINAR #4: COLLECTING & USING DATA TO IMPROVE CONSUMERS' HEALTH

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|---------------------------|-----------------|--|
| Wednesday, March 20, 2013 | 2:00-3:30 pm ET | Faculty: Jeff Capobianco, PhD, Colleen O'Donnell |
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Topics: Common health indicators; data collection methods, population management; educating staff and consumers; creating and using integrated treatment plans

WEBINAR #5: FORGING & SUSTAINING PARTNERSHIPS

Wednesday, April 17, 2013

2:00-3:30 pm ET

Faculty: Suzanne Daub, LMSW

Topics: Collaborative relationships; joint decision-making; team based care; communication; financial and contractual agreements; liability issues

WEBINAR #6: FINANCING & SUSTAINABILITY

Wednesday, May 15, 2013

2:00-3:30 pm ET

Faculty: Kathy Reynolds, LMSW

Topics: Billing and sustainability; billing with FQHC partner; billing as a behavioral health provider

WEBINAR #7: HEALTH INFORMATION TECHNOLOGY

Wednesday, June 5, 2013

2:00-3:30 pm ET

Faculty: Mike Lardiere

Topics: Meaningful use requirements; sharing information with a continuity of care document; Health Information Exchanges

WHO'S WHO: YOUR DEDICATED REGIONAL SPECIALISTS

NORTHWEST REGION

Kathleen Reynolds, MSW, ACSW

Vice President, Integrated Health and Wellness, National Council for Behavioral Health

Kathleen Reynolds has more than three decades of experience in integrated health, helping to bring together primary and behavioral health care services for vulnerable populations. She is a staunch advocate for addressing health disparities for persons with mental illness and addiction disorders. Reynolds was the executive director of the Washtenaw Community Health Organization, an integrated health system that includes a community mental health services program, a substance abuse coordinating agency, and primary healthcare capitation dollars for Medicaid and indigent consumers. Reynolds was on the executive committee for the Michigan Association of Community Mental Health Boards and has worked on numerous task forces and committees that have shaped Michigan's policy direction. She is the co-author of *Raising the Bar: Moving Toward the Integration of Health Care*, a provider guide to integration published by the National Council. Reynolds offers consulting services on bidirectional integration of services to primary and behavioral health organizations and has expertise in facilitating partnership discussions between senior managers, financing of integrated healthcare, and clinical models of integration.

NORTHEAST REGION

Joan Kenerson King, RN, MSN, CS

Senior Integrated Health Consultant, National Council for Behavioral Health

Joan Kenerson King has worked in behavioral health for more than 20 years and provided training and consultation on the development of recovery-oriented systems of care and practices and on integrated systems of care. She authored the paper "Bringing Together Physical and Behavioral Health Care: An Exploration of Current Practice and Future Directions in Pennsylvania," on behalf of the Pennsylvania Health Funders Collaborative. She was the lead local consultant on system change initiatives for the Department of Behavioral Health in Philadelphia. She has facilitated the establishment of a behavioral health court and a healthcare coordination project. She was the founder and then director of a psychiatric home care program at the Visiting Nurse Association of Greater Philadelphia and maintains a private therapy practice. At the National Council, King has led the development and dissemination of the Case-to-Care Manager trainings to nurture an integrated health workforce and consulted with behavioral health organizations across the country in their integration initiatives.

SOUTHEAST REGION

Jeff Capobianco, MA

Director of Practice Improvement, National Council for Behavioral Health

Jeff Capobianco has 20 years of clinical and administrative experience in healthcare, with extensive background in primary and behavioral health-care integration, evidence-based practice implementation, use of learning organizations, and Lean Six Sigma methodologies. He ran integrated health and family psychoeducation implementation learning communities and chaired the Michigan Family Psychoeducation implementation steering committee. He was a research investigator at the University of Michigan School of Social Work and the director of research and new program development for the University of Michigan Health System-based Washtenaw Community Health Organization, a four-county behavioral health managed care organization. He is a co-author of *Implementing Evidence-based Practices in Mental Health: A Field Guide* published by the National Council. Capobianco consults with behavioral health organizations on using evaluations and performance measurements in integrated health efforts.

SOUTHWEST REGION

Suzanne Daub, LCSW

Senior Integrated Health Consultant, National Council for Behavioral Health

Suzanne Daub has over 20 years of clinical and administrative experience in integrated healthcare. As the Director of Behavioral Health at a Federally Qualified Health Center, she was responsible for the integration and operational oversight of behavioral health services into the primary care practice. She guided the FQHC through the transformation from a co-located to a fully integrated primary care and behavioral health program. At the National Council, Ms. Daub consults with behavioral health organizations on the clinical and operational aspects of integrated care and on building workforce skills.