



www.TheNationalCouncil

SBIRT Scoop

FACILITATING
CHANGE FOR
EXCELLENCE
IN SBIRT



FACES OF FaCES



For the last 18 months, each FQHC has worked tirelessly to achieve great success within the FaCES Learning Collaborative. Many obstacles have stood in the way, but dedicated staff have made the effort to overcome barriers to implementation. This hard work will pay off in increased capacity to address adolescent substance use and better patient outcomes for a healthier community. Read on to learn about some notable achievements of each organization.

Community Health of South Florida – Following their most recent SBIRT training to pediatricians, nurses, the site supervisor and two patient care technicians, ALL their health center sites that provide pediatric services have been trained on SBIRT.

Up to Date



- Data Jam Webinar – Tuesday, November 27 at 2 p.m. EST – [Register](#)
- November Coaching Call
- Goal to Execute all BAAs – Friday, November 3
- December Data Submission – Monday, December 10
- Lessons Learned and Celebratory Report Out Webinar – Thursday, December 13 at 2 p.m. ET – [Register](#)
- December Final Coaching Call

“A child seldom needs a good talking to as a

Corporación SANOS – Implementing SBIRT was a major innovation for SANOS and now health care clinics in the area are turning to SANOS as a model for implementing substance use services into primary care. SANOS is now passing along its knowledge to others in the community who have less experience and knowledge about SBIRT.

Delhi Community Health – A patient who screened positive for marijuana and alcohol use and was referred to behavioral health services was surprised to learn that these substances could be addictive. Through interventions and discussions, it became apparent that he had a lot of misinformation and felt social pressure to use. Since receiving services, he has reported a decrease in use.

Family First Health – Psychoeducational posters posted in all exam rooms have helped patients understand the meaning of problematic or risky substance use behaviors. These posters encourage patients to consider times when substance use has impacted their professional or social lives and to seek help.

Health Services, Inc. – Their telepsychiatry clinic launched in August 2018 and they are now discussing better access to counseling, especially for rural patients where transportation is a barrier. In addition to this program, Health Services was awarded a grant for a case manager and psychologist who will help with warm handoffs for referrals.

Jordan Valley Community Health Center –The Center implemented a competition challenge with their pediatric nursing staff to increase their S2BI screening percentages. Participating staff were so engaged, they have been requesting updates on how many S2BIs they have accomplished.

MHC Healthcare – The provider team has increased the frequency of using screeners and have made regular communication related to substance use prevention. This intervention is now part of the culture of the clinic.

Pillars Community Health – Pillars was awarded a grant through HRSA to expand brief intervention services and hire a second brief intervention therapist specializing in substance use concerns. Learn more about this exciting new grant as it was reported in mySuburbanLife.com.

good listening to.”
– Robert Brault

Project Vida – Project Vida is expanding SBIRT through counseling and psychiatric services to additional school-based clinics, onboarding more school counselors and finding ways to engage youth with peer recovery coaches.

Southwest Montana Community Health Center– To advance their substance use service capacity, Southwest Montana entered into a formal agreement with an external outpatient substance use treatment center. They are also maximizing their existing licensed addiction counselor by expanding substance use treatment options including groups, peer support and more.

Venice Family Clinic – As a result of a more formalized SBIRT workflow for screening adolescents, behavioral health staff will take on the responsibility of assessing patients with the CRAFFT screening tool, when appropriate. This transfer of responsibility will provide providers with more time.

Vista Community Clinic – Vista has successfully identified a resource for referral after struggling to find community partners and is working to create ties to support one another now that they have a better understanding of what services the facility offers.

PRACTICE MAKES PERFECT



Webinar Recording: Back to School: Helping Children and Parents

Starting a new school year is exciting, but can come with mental health challenges for students, teachers, parents and caregivers. Dr. Philip Liu, child and adolescent psychiatrist, will discuss methods families can use as children return to school, including cell phone and social media usage, bullying, why children refuse to attend school and coping with school-based anxiety. If you are a mental health or primary care professional who works closely with school age children, check out this webinar recording to help prepare your patients and their families to face challenges throughout the school year.

Free NAADAC Webinars in 2019

[Free NAADAC Webinars in 2019](#)

NAADAC – the Association for Addiction Professionals – offers many different free webinars on topics related to addiction with a focus on SBIRT and adolescents. Check out two of their free webinars offered in 2019 that will help you continue your SBIRT work and refresh your knowledge about concepts covered during the learning collaborative.

- [Finding Ambivalence and 10 Other Things About Motivational Interviewing](#) – Wednesday, February 13, 2019, 3 - 4:30 p.m. ET

- [Living in a Cloud: Adolescent Nicotine Use](#) – Wednesday, January 23, 2019, 3 - 4:30 p.m. ET

Adolescent Health: Think, Act, Grow Resources

The Department of Health and Human Resources (HHS) prioritizes adolescent health and has formalized that commitment in the [Think, Act, Grow \(TAG\)](#) program. In addition to other [resources and videos on adolescent health](#), TAG has a [video](#) with Dr. Sarah Bagley dedicated to addressing substance use in adolescence that details the importance of treating adolescents early, how to address stigma in treatment and takes a deeper dive into opioid use in adolescence.

NOTEWORTHY NEWS



Addiction and Recovery Basics

Addressing substance use in all health care settings first requires a basic understanding of addiction and recovery. [The Institute for Research, Education and Training in Addictions \(IRETA\)](#) wants to make this baseline understanding as simple and accessible as possible for patients and practitioners. This [quick resource on addiction and recovery](#) addresses the difference between drug use and addiction, language for working with addiction and the spectrum of prevention, treatment and recovery.

New Research: Study Finds Link Between Sleep-deprived Teens and Risky Behaviors

Research funded by the [National Heart, Lung and Blood Institute \(NHLBI\)](#) found that more than 70 percent of high school students got insufficient sleep (less than eight hours), which is connected to risky health behavior, difficulty learning and impaired judgement. This research explored the connection between risky behavior and insufficient sleep, concluding that there is a correlation between risk taking and shorter sleep durations. Read more about the results of this important study.

Recent Research Sheds New Light on Why Nicotine is So Addictive

The addictive power of nicotine often gets overlooked because it has a relatively mild impact on functioning when compared to other substances like marijuana, alcohol and opioids. Overlooking the potential harm is especially alarming in adolescent populations given that nicotine is an increasingly popular point of entry to substance use with new vaping technology. In a recent blog for NIDA, Dr. Nora Volkow talked about nicotine's power of reinforcement in the brain, how that affects the ability to stop using the substance and how nicotine makes other activities more pleasurable.

SPOTTED & REPORTED



Twitter Updates on SBIRT

[Caron Treatment](#) has launched a new program in Pennsylvania high schools to screen all incoming 9th graders for alcohol and marijuana. Read more about this innovative program in an [article by Cory Trevena!](#)

[NORC at the University of Chicago](#) teamed up with [Kognito](#), one of the National Council's partners on the FaCES learning collaborative, to produce [resources](#) on training the current and future workforce to effectively address substance use. As a reminder, all FaCES learning collaborative members have FREE access to Kognito and will continue to have access for six months following the end of the learning collaborative. If you don't already have an account, we've provided [instructions for creating one](#). If you have any questions or concerns about accessing Kognito, please reach out to Stephanie Swanson at StephanieS@TheNationalCouncil.org.

This newsletter and the FaCES Project are made possible by generous funding from the Conrad N. Hilton Foundation.

Conrad N. Hilton
F O U N D A T I O N

CONTACT

For more information, email Communications@TheNationalCouncil.org or call 202.684.7457.