



www.TheNationalCouncil

SBIRT Scoop

FACILITATING
CHANGE FOR
EXCELLENCE
IN SBIRT



FACES OF FaCES



The challenge of modifying electronic health records (EHRs) is one of the biggest barriers to SBIRT implementation both for FaCES participants and the broader health care field. Venice Family Clinic is determined to overcome this hurdle because the benefits of adding the Screening to Brief Intervention (S2BI) to their NextGen EHR greatly outweigh the time and effort required. Anasa Matthews, Venice Family Clinic’s program manager, said, “It would better allow us to utilize a population health approach to inform services needed for our adolescents, and we are extremely fortunate to be able to do this with funding from grants.” Not only does this step allow them to take a population health approach, it offers an opportunity to

Up to Date

- September 2018 - Coaching Call
- October 10 - Qualitative Submission for Data
 - Please email complete qualitative reports to Megan Dormond at MeganD@TheNationalCouncil.org.
- October 2018 – Coaching Call

Note: We are revising planned TA based on your recent feedback. An updated schedule will be shared shortly.

standardize screening, maximize EHR usage and set automated reminders for screening when patients come in.

Venice is in the early stages of development and is on its way to full implementation but has yet to fully use the S2BI in their EHR. They are working with [OSIS Technology Services for Community Health Centers](#) to add the S2BI to a larger screening toolkit OSIS currently offers to other health centers. The standard toolkit includes the CRAFFT, PHQ-2/9, AUDIT, DAST and more. We applaud Venice Family Clinic for their dedication to streamlining workflows and making SBIRT a part of routine health care. If you want more information on Venice Family Clinic's implementation process, reach out to Anasa at AMatthews@mednet.ucla.edu!

Children, after all, are not just adults-in-the-making. They are people whose current needs and rights and experiences must be taken seriously.
– Alfie Kohn

PRACTICE MAKES PERFECT



Upcoming Webinar: Back to School: Helping Children and Parents

Starting a new school year is exciting, but can come with mental health challenges for students, teachers, parents and caregivers alike. The importance of initiating back-to-school routines, a positive mindset and leading by example can help make the transition much easier. Dr. Philip Liu, child and adolescent psychiatrist, will discuss solutions for families returning to school, cell phone and social media usage, bullying and why children have anxiety about school. [Register for the webinar](#), which takes place on **Wednesday, October 17 from 1 to 2 p.m. ET**, and learn how you can share key takeaways with parents, families and providers.

Training Opportunity: Building Resilience for Individuals through Trauma Education (BRITE)

As you use the information we explored during the midpoint meeting to make your organization more trauma-informed, we'd

like to offer some additional resources to assist you in that effort. [BRITE](#) is an educational treatment program that builds personal resilience by providing adults with information on the impact of very stressful life events on a person's emotional and physical wellbeing, and how to use that information to make informed decisions and progress toward personally meaningful goals. BRITE empowers individuals and gives them the knowledge, information and problem-solving strategies that build resilience, so they have the power to make informed decisions that match their goals and needs. Typically facilitated in groups, BRITE includes the use of a 24-lesson workbook. For more information, contact Sarah Flinspach at SarahF@TheNationalCouncil.org.

NOTEWORTHY NEWS



How Can We Better Support Physicians in Addressing the Opioid Crisis?

Research shows us that medication-assisted treatment (MAT) works to prevent overdose deaths and help people recover from opioid addiction, but there are many barriers to delivering this life-saving treatment, one being the need for a provider to prescribe methadone and buprenorphine. This article dives into the pros and cons of our current prescribing guidelines for these medications, including what could happen if we were to shift regulations. Overall, this solution-oriented article shows how some addiction treatment providers have supported their providers to best serve people with substance use disorders, including training in adolescent addiction medicine and robust resources around opioid use disorder.

Racial/Ethnic Disparities in Tobacco Product Use Among Middle and High School Students

The 2014–2017 National Youth Tobacco Surveys assessed tobacco use in a variety of forms (cigarettes, e-cigarettes, etc.)

among adolescents in different racial/ethnic groups across the country. Based on their analysis, Native Hawaiians/Other Pacific Islanders and American Indian/Alaska Natives had the highest use of any tobacco product compared to other groups of teens. To find out more about specific tobacco product use among different racial/ethnic groups, check out the [full research article](#). If you are interested in learning more about the connection between tobacco use and behavioral health, check out the [National Behavioral Health Network for Tobacco and Cancer Control](#), which aims to combat tobacco- and cancer-related disparities by serving as a resource hub for health care organizations that work with people with behavioral health conditions.

Teen Xanax Abuse is Surging

The harm of benzodiazepines can be overlooked due to the national spotlight on opioid use, but this class of drugs can be just as lethal, and teen use is rising. Addiction specialists are seeing a larger number of young people addicted to Xanax, often combined with alcohol and/or opioid use. Read more about the high doses of [benzodiazepines teens are using](#), how they are getting access to the pills, and its long-term effects on the body and a young person's life.

SPOTTED & REPORTED



Video: Said No Teen Ever

One in five young people lives with a substance use or mental health challenge, yet few reach out for support. Mental Health First Aid USA has released a new PSA -- [Said No Teen Ever](#) -- to underscore the value of Youth Mental Health First Aid. Watch four individual PSAs to highlight mental health challenges that young people experience every day like [anxiety](#), [depression](#), [eating disorders](#) and [self-harm](#). These videos are great resources to share with schools and teachers, parents and family members, and

your entire staff to show the role they play in the wellbeing of young lives.

Substance Use Information for Patients

Many of you have expressed interest in more information on substance use and specific drugs that you can share with patients. For alcohol-specific resources, check out these YouTube videos on [drink sizes](#) and the [effects of drinking too much](#). The Institute for Research, Education and Training in Addictions (IRETA) produced [short brochures](#) on [alcohol](#), [tobacco](#), [opioids](#), [amphetamines](#), [marijuana](#), [cocaine](#) and [benzodiazepines](#) that detail the health effects/harms of each substance and how to find help and reduce harm. Finally, the National Institute on Drug Abuse (NIDA) has produced [interactive webpages](#) with drug facts, videos, games, blog posts, infographics and more on an even wider variety of substances.

Healthy People 2020 Infographics

[Healthy People 2020](#) is a 10-year project that aims to lengthen lives by targeting preventable health issues, achieve health equity, promote health through healthy environments and increase quality of life across the lifespan. Data collected since 2010 has been used to [show progress](#) over time and create public health educational materials like [these infographics](#). With two focus areas being [substance use](#) and [adolescent health](#), this is a great resource for enhancing educational materials to your staff and patients.

This newsletter and the FaCES Project are made possible by generous funding from the Conrad N. Hilton Foundation.

Conrad N. Hilton
F O U N D A T I O N

CONTACT

For more information, email Communications@TheNationalCouncil.org or call 202.684.7457.