

Alyssa Fruchtenicht is the School-based Mental Health Coordinator with UnityPoint Health – Black Hawk Grundy Mental Health Center in Waterloo, Iowa. She graduated from Buena Vista University with a Bachelor of Arts in Psychology and went on to pursue her Masters in Social Work at the University of Northern Iowa. Alyssa is currently a Licensed Independent Social Worker in the state of Iowa, focusing much of her clinical time with children and adolescents. She has instructed Youth Mental Health First Aid trainings since November of 2014, training school staff and community members the vital skills in recognizing and appropriately responding to identified mental health needs of youth.