

Mental Health First Aid USA

Who we're reaching.

More than 600,000 people trained by more than 9,000 instructors in all 50 states, Puerto Rico and Guam.



"You can be the person who is able to ask the hard questions before a friend or loved one reaches a crisis stage. I believe [Mental Health First Aid] has the potential to positively impact our community in profound ways."

David Dickerson, Veteran & Mental Health First Aid instructor

Mental Health First Aiders are teachers, supervisors, first responders, co-workers, journalists, parents and friends. They're even First Ladies like Michelle Obama, and celebrities like Dr. Oz.

Of the more than 600,000 First Aiders trained, the population breakdown is as follows:



60.7%
General
Population



17.4%
Education



9.3%
Public Safety



3%
Faith
Communities



2.6%
Primary Care



7%
Behavioral
Health

States with the most people trained

California 60,744

Pennsylvania 53,064

Texas 40,164

Michigan 30,926

Missouri 27,630