

The experience of trauma has widespread impacts, leading to or exacerbating mental illness, substance use and physical health conditions. Unfortunately, despite best efforts, the very services and systems designed to help people become healthy can be re-traumatizing.

National Council experts can help entities, spanning community behavioral health organizations, government systems, schools, primary care clinics, social services and law enforcement, develop and operationalize plans for becoming trauma-informed.



Face-to-Face Training

Areas covered in a one* or two day training include:

- Understanding trauma (What is it?, Prevalence, Impact)
- Paradigm shift
- Historical and intergenerational trauma
- Resiliency and healing from trauma
- Discipline through a trauma-informed lens
- Compassion fatigue and secondary traumatic stress in the workforce
- Trauma-specific clinical interventions
- Trauma-Informed approaches for organizational change
- Trauma and addictions
- National Council's Seven Domains of Trauma-informed Care
- Trauma-informed supervision
- Training trauma-informed peers

*If the training is one day, some topics covered in less detail or not covered.

Cost: \$2,500 per trainer, per day. Plus Travel expenses. Preparation time and project management fees may apply.



Ongoing Consulting

Includes face-to-face training followed by consultation with your organization's Executive Management and Core Implementation Teams covering core topics across National Council's Seven Domains of Trauma-Informed Care. Proposed deliverables include:

- Two day kickoff training
- Follow up face-to-face meeting at six months focused on implementation progress and ongoing goal setting with training topic of choice.
- Up to five consultation calls structured to provide guidance through the National Council's Trauma-Informed Care Organizational Self-Assessment© process and the implementation of tools, policies and procedures.
- Access to the National Council Trauma-Informed Care Webinar Series on each of the National Council Seven Domains and other relevant topics.
- Access to the National Council Trauma-Informed Listserv Community, which consists of over 1,100 National Council Trauma-Informed Care Learning Community members who have been through or are currently in the process.
- Access to the National Council Trauma-Informed Website, which has helpful resources, archived webinars and implementation tools for National Council Trauma-Informed Care Learning Community members.

Cost: Customizable consulting packages are available to meet your organization's needs; price will depend on the activities and duration of the consulting. Preparation time and project management fees may apply.



Annual National Council Trauma-Informed Care Learning Community

Organizations that participate in our annual Trauma-Informed Care Learning Community are able to assess, develop and implement trauma-informed practices, policies and procedures. The learning community consists of:

- A kickoff webinar
- Face-to-face kickoff meeting in conjunction with the National Council conference
- Consultation structured to provide guidance through the National Council's Trauma-Informed Care Organizational Self-Assessment© process and the implementation of tools, policies and procedures
- Individual and group coaching calls with National Council faculty
- Access to the National Council Trauma-Informed Care website
- Instructional group webinars presented by national experts in trauma-informed care
- Subscription to an exclusive listserv with current and past National Council Trauma-Informed Learning Community participants to exchange ideas and resources
- Face-to-face concluding summit meeting in conjunction with the National Council conference

Cost: \$7,500 for National Council members, \$10,000 for non-members. Plus travel expenses.

Note: There is an application process for the National Learning Community and National Council cannot guarantee all organizations that apply will be accepted.