Tuesday, January 17:
Call Congress to Protect Medicaid Expansion

As Congress continues taking steps to repeal the Affordable Care Act, the National Council for Behavioral Health is joining together with Mental Health America, the Addiction Policy Forum, and the Depression and Bipolar Support Alliance to protect the ACA’s Medicaid expansion. **Next Tuesday, January 17, we are asking advocates to join us in a nationwide call-in day** to protect patients’ access to mental health and addictions services by preserving the Medicaid expansion. By taking just 10 minutes next Tuesday to call your Representative and two Senators, you will join thousands of dedicated advocates to have your voice heard in Congress. Join us and help save Medicaid expansion in 2017!

**Instructions for Call In Day**

**Step 1: Call your Representatives and Senators**
- **Call the Congressional switchboard at 202-224-3121.** The switchboard operator can direct you to your representative and senators’ offices. If you do not know who your representatives are, the operator can look up the Representative and Senators for your area.

**Step 2: Dial back/Make 3 Calls.**
- When done making your first call, remember to dial back and ask for your remaining Representative and/or Senators. You should make three calls total (call your Representative and both of your Senators).

**Step 3: Log Your Calls**
- [Click here](#) to log your calls so we can track how many calls members of Congress received in support of the ACA and Medicaid expansion.

**Step 4: Spread the Word**
- Forward this info to a friend.
- Click on the Facebook and Twitter icons to share with your friends and followers.

**Scripts for Call In Day**

Use one of the following sample scripts during your calls:

**Short Message:**
“Hello, I’m [first and last name] from [city, state, and zip]. Please keep the ACA and Medicaid expansion. Millions of people with mental illness and addictions can’t afford to lose health coverage.”

**Longer Message:**
“Hello, I’m [first and last name] from [city, state, and zip]. I’m calling to ask that you keep Medicaid expansion. Protecting the ACA and Medicaid expansion is important to the mental health and addiction community because it provides access to treatment for many of the single adults in who would otherwise have NO health benefits and could not access recovery through treatment!

[Insert more about why Medicaid expansion is important to you. Consider using the attached Medicaid expansion talking points for additional ideas.]