Tuesday, January 17:
Call Congress to Protect Medicaid Expansion

As Congress continues taking steps to repeal the Affordable Care Act, the National Council for Behavioral Health is joining together with Mental Health America, Addiction Policy Forum, Depression and Bipolar Support Alliance, and National Alliance on Mental Illness to protect the ACA’s Medicaid expansion. By taking just 10 minutes to call your Representative and two Senators, you will join thousands of dedicated advocates to have your voice heard in Congress. Join us and help save Medicaid expansion in 2017!

Instructions for Call In Day

Step 1: Call your Representatives and Senators
- Call the Congressional switchboard at 202-224-3121. The switchboard operator can direct you to your representative and senators’ offices. If you do not know who your representatives are, the operator can look up the Representative and Senators for your area.

Step 2: Dial back/Make 3 Calls.
- When done making your first call, remember to dial back and ask for your remaining Representative and/or Senators. You should make three calls total (call your Representative and both of your Senators).

Step 3: Log Your Calls
- Click here to log your calls so we can track how many calls members of Congress received in support of the ACA and Medicaid expansion.

Step 4: Spread the Word
- Forward this info to a friend.
- Follow the movement on the National Council Facebook and Twitter pages

Scripts for Call In Day

Use one of the following sample scripts during your calls:

Short Message:
“Please keep the ACA and Medicaid expansion. Millions of people with mental illness and addictions can’t afford to lose health coverage. I’m calling from [city, state, and zip] and my name is [first and last name].”

Longer Message:
“Hello, I’m calling to ask that you keep Medicaid expansion. Protecting the ACA and Medicaid expansion is important to the mental health and addiction community because it provides access to treatment for many of the single adults in who would otherwise have NO health benefits and could not access recovery through treatment!

[Insert more about why Medicaid expansion is important to you. Consider using the Medicaid expansion talking points for additional ideas.] I’m calling from [city, state, and zip] and my name is [first and last name].”