



# SBIRT scoop

## RASAI REEL



### Implementing Best Practices in Integrated Care

The National Council for Behavioral Health has produced a series of brief instructional videos in partnership with the New York State Delivery System Reform Incentive Payment (DSRIP) Program to help demonstrate actions

you can take to implement best practices within an integrated care setting, such as a [warm handoff](#) and a morning [team huddle](#). Check out the videos, which are all accessible for free [here](#)!



## FOR YOUR CALENDARS

### Save the Date!

We are planning for a webinar in **August** to provide a policy-level perspective of the implications of marijuana legalization and a practical implementation guide for clinicians when talking with clients about marijuana use. Mark your calendars and keep your eyes open for registration information!

### Don't Forget!

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## SBIRT ESSENTIALS

### Setting a Standard for Opioid Use Disorder Treatment

In conjunction with a national practice guideline that they recently released, the American Society of Addiction Medicine (ASAM) is offering a course in which participants can learn about the guideline's identification of current practices and recommendations for the safe and effective use of medications for the treatment of opioid use disorder. By the end, enrollees will walk away with new knowledge on how to properly evaluate and treat a client addicted to opioids. Access the free course [here](#).



### Underage Drinking Town Hall Meetings: Educating, Mobilizing and Starting the Dialogue

Do you want to have direct impact in leading the effort around underage drinking prevention in your community? Every two years, SAMHSA offers stipends to behavioral health organizations to host town hall meetings – and since 2006, more than 8,000 of these meetings have been held across the country. Ready to get started? Find tips and tools on the Stop Alcohol Abuse [website](#), and click here to find underage drinking prevention resources for your state.

### Treating Chronic Pain in the Age of Marijuana Legalization

Medical cannabis use for the treatment of chronic pain has become an increasingly hot topic among providers and patients alike. In light of this, the Alcohol & Drug Abuse Institute at the University of Washington is offering a training designed for healthcare providers to learn about research updates and best clinical practices. CEUs are available for this course and corresponding toolkit, accessible [here](#).

We will be holding a [webinar](#) on **June 9** highlighting staffing considerations, workforce development and training. Hear from Pam Pietruszewski (RASAI Clinical Lead, Integrated Health Consultant, National Council for Behavioral Health) and Aaron Williams (Director of Training & Technical Assistance for Substance Abuse, SAMHSA-HRSA Center for Integrated Health Solutions, National Council for Behavioral Health) as they talk about how you can position your SBIRT team for success & sustainability.



SAVVY

### The Power of Words

Check out and share the National Council's version of an "addiction-ary" in this [infographic](#), and challenge yourself and your colleagues to employ the language under the "Say This" column when discussing addictions.



Despite these staggering numbers, 2015 marked the lowest levels for alcohol use recorded by government data among high school youth. This strongly contradicts the common refrains often heard that “all teenagers drink,” or “it is a harmless rite of passage.” Addressing this misperception is important because otherwise we run the risk of further perpetuating beliefs among young people that underage and binge drinking are the expectation rather the exception...Read more [here](#).

*Alexa Eggleston is a Senior Program Officer with the Conrad N. Hilton Foundation where she leads the implementation of the Foundation's youth substance use prevention and early intervention initiative. Previously, she served for three years as Substance Abuse Program Director with the Council of State Governments Justice Center in Bethesda, MD where she was responsible for advising governmental and non-governmental agencies on developing and implementing substance abuse treatment and other rehabilitative services for individuals in the criminal justice system. Eggleston also worked as Director of Public Policy for the National Council for Behavioral Health and the Director of National Policy for the Legal Action Center.*

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Pacific Clinics (CA) and The Center for Counseling and Consultation (KS) on their acceptance into the 2016 Community Behavioral Health Organization (CBHO) Tobacco & Cancer Control Community of Practice (CoP)! Made possible by the CDC-funded [National Behavioral Health Network for Tobacco and Cancer Control](#), the 2016 CoP is a 7-month initiative where participating CBHOs will gain access to organizational change experts and educational materials to help them develop and implement evidence-based tobacco and cancer control and prevention practices among populations with mental illnesses and substance use disorders. In June, the participating organizations will convene in Denver, Colorado to develop action plans that will be used to track and monitor their progress towards meeting their tobacco & cancer control practice goals.

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*"May your choices reflect your hopes, not your fears."*

*—Nelson Mandela*

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CONTACT

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