



## **September – National Recovery Month**

*Looking for inspiration when it comes to this month's social media messaging? Here are some samples:*

- Your recovery is a journey that will have plenty of ups and downs, but the road is filled with helping hands! Join us and The @NationalCouncil this #RecoveryMonth as we show others that recovery IS possible: [\[LINK\]](#)
- We want to help you help yourself! During #RecoveryMonth, we'll be dedicated to getting you the treatment you need to stay healthy in both body and mind. Find out how: [\[LINK TO WEBSITE\]](#) #BH365
- #RecoveryMonth is about educating people that substance use treatment and mental health services are powerful tools to empower those struggling to live their best lives. There is hope beyond the hurt, and we're here to help: [\[LINK TO WEBSITE\]](#)
- Recovery is a lifelong pursuit, and we plan to be with you every step of the way. Follow along with us and The @NationalCouncil this #RecoveryMonth for access to important resources that will help you maintain your recovery: [\[LINK TO LANDING PAGE\]](#)
- You are not alone in your recovery! Join us for #RecoveryMonth and see how we can help you live your most fulfilling life: [\[LINK TO WEBSITE\]](#) #BH365
- Help us celebrate the success stories, highlight the work that needs to be done and get people the treatment they deserve during #RecoveryMonth: [\[LINK\]](#)

For questions, or to learn how the National Council for Behavioral Health is supporting SAMHSA's National Recovery Month, [contact us](#).