Reducing Fragmentation Through Coordinated Care: The Behavioral Health Perspective

Thursday, March 21, 2019

National Council for Behavioral Health
Montefiore Medical Center
Northwell Health
New York State Office of Mental Health
Netsmart Technologies
Today’s Panel Facilitator

Mindy Klowden, MNM
Director, Training and Technical Assistance
National Council for Behavioral Health
Today’s Panelists

Sherri Kaplan
Central Nassau Counseling and Guidance Center

Kayla Reilly
Central Nassau Counseling and Guidance Center

Jennifer Fuller
Liberty Resources

Dawn Ayers
Liberty Resources

Christian Racine
Family Service League
<table>
<thead>
<tr>
<th>CMS Change Package: Roadmap for Transformation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Patient and Family-Centered Care Design</strong></td>
</tr>
<tr>
<td>1.1 Patient &amp; family engagement</td>
</tr>
<tr>
<td>1.2 Team-based relationships</td>
</tr>
<tr>
<td>1.3 Population management</td>
</tr>
<tr>
<td>1.4 Practice as a community partner</td>
</tr>
<tr>
<td><strong>1.5 Coordinated care delivery</strong></td>
</tr>
<tr>
<td>1.6 Organized, evidence-based care</td>
</tr>
<tr>
<td>1.7 Enhanced access</td>
</tr>
<tr>
<td><strong>Continuous, Data-Driven Quality Improvement</strong></td>
</tr>
<tr>
<td>2.1 Engaged and committed leadership</td>
</tr>
<tr>
<td>2.2 QI strategy supporting a culture of quality &amp; safety</td>
</tr>
<tr>
<td>2.3 Transparent measurement and monitoring</td>
</tr>
<tr>
<td>2.4 Optimal use of HIT</td>
</tr>
<tr>
<td><strong>Sustainable Business Operations</strong></td>
</tr>
<tr>
<td>3.1 Strategic use of practice revenue</td>
</tr>
<tr>
<td>3.2 Staff vitality and joy in work</td>
</tr>
<tr>
<td>3.3 Capability to analyze and document value</td>
</tr>
<tr>
<td>3.4 Efficiency of operation</td>
</tr>
</tbody>
</table>

**Milestone 9**: Practice works with the primary care practices in its medical neighborhood to develop criteria for referrals for episodic care, co-management, and transfer of care/return to primary care, processes for care transition, including communication with patients and family.

**Milestone 10**: Practice identified the primary care provider (PCP) or care team of each patient seen and communicates to the team about each visit/encounter.
FSL Family Centers

Bay Shore – Iovino South Shore Family Center
Huntington – Olsten Family Center
Huntington Station – Manorfield Family Center
Mastic Beach – William Floyd Family Center
Patchogue – Medford Family Center
Riverhead - Riverhead Family Center
<table>
<thead>
<tr>
<th>Integrated Health Care</th>
<th>Residential Services</th>
<th>Disability Services</th>
<th>Children, Youth, &amp; Families</th>
<th>Individuals &amp; Adults</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Care</td>
<td>Alcoholism and Substance Abuse</td>
<td>Brain Injury</td>
<td>Behavioral Health</td>
<td>Adult Social Day Program</td>
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<tr>
<td>Behavioral Health</td>
<td>Brain Injury</td>
<td>Early Intervention</td>
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<td>Alcoholism and Substance Abuse</td>
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<tr>
<td>School-Based Mental Health Clinics</td>
<td>Domestic Violence</td>
<td>Intellectual Disability Services</td>
<td>Foster Care</td>
<td>Brain Injury</td>
</tr>
<tr>
<td>Substance Abuse Treatment for Adolescents</td>
<td>Family Foster Care</td>
<td>Self Direction</td>
<td>HIV Services</td>
<td>Crisis Bed Respite Center</td>
</tr>
<tr>
<td>Behavioral Health Clinic (Monroe County)</td>
<td>HIV Services</td>
<td></td>
<td>Home and Community</td>
<td>Domestic Violence / Victims Services</td>
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<td></td>
<td>Intellectual Disability Services</td>
<td></td>
<td>Kinship Caregiver</td>
<td>Employee Assistance Services</td>
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<td></td>
<td>Mental Health Residential Services</td>
<td></td>
<td>Mobile Crisis</td>
<td>Health Home Care Coordination</td>
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<td>Recovery Support Navigator</td>
<td>HIV Services</td>
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<td>Medicaid Service Coordination</td>
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<td>School-Based Mental Health Clinics</td>
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<td>Texas Family Services Division</td>
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The Integrated Health Care center provides a range of service and supports. Our collaborative, multi-disciplinary team of licensed mental health counselors, social workers, marriage and family therapists, psychiatrists, physicians, nutritionists, nurse practitioners, and registered nurses all work to achieve positive health outcomes.

Behavioral Health Care (formerly the Brownell Center)
- Adult, adolescent, and child treatment
- Multi-disciplinary individual and group therapy
- Marriage and family counseling
- Substance disorder treatment

Primary Care
- Physical examinations
- Sick visits
- Prescribing services
- Diagnosis and treatment of chronic conditions
- Women’s health and family planning
- Immunizations
- School/work physicals
- Blood draw services on-site

Wellness Programs
- Nutrition services
- Smoking cessation support
- Meditation classes
- Weight loss
- Case management

Healthy Body, Healthy Mind
Central Nassau Guidance & Counseling Services

A Certified Community Behavioral Health Clinic
Mission:

CN Guidance & Counseling Services exists to improve the quality of life for individuals and families on Long Island affected by mental health and/or substance use disorders by recognizing and addressing the integration of behavioral and physical health. We value a holistic perspective and believe in the ability of every individual to recover.

CN Guidance has served the community for over 40 years since 1972.
“▲” = Main HQ / Core-Service Sites

Red circles show a small sampling of Residential and Mobile service sites

(CN houses 250+ individuals in supported housing and delivers mobile outreach/care at over 150 sites across Nassau and Suffolk County, from the border with Queens to central Suffolk County.)
CN Guidance offers continuum of behavioral health services

Our Programs:

- Health Home Care Management
- Mental Health Court Care Coordination
- Assertive Community Treatment
- Residential Services
- Adult BH Home & Community Based Waiver Services
- Project FORWARD
- Project Connect
- Integrated Outpatient Treatment
  - Counseling Center
  - Addiction Recovery Treatment Services (incl. Ancillary Withdrawal)
  - Co-occurring Disorders
- Personalized Recovery Oriented Services (PROS)
- The Wellness Center (on-site primary care)
- Project LinkAge
- Drop-In Center and Starry Night Café
- COTI
Discussion
Upcoming Events

• Coordinated Care Delivery
  • 1-on-1 Consulting with Mindy - contact MindyK@TheNationalCouncil.org to schedule your coaching

• Organized, Evidence-Based Care
  • Health Monitoring for People Who Take Antipsychotics: The Importance of an Interdisciplinary Approach Webinar - April 2nd 2019, 12-1pm
  • Using the SWAG Program with Clients with Schizophrenia: Strategies for Success - April 30th 2019, 12-1pm

• Health Information Technology
  • E.H.R. Optimization/Workflow Redesign for Behavioral Health Webinar - April 18th 2019, 12-1pm
  • Health information Technology Office Hours
Thank you!

Contact: Mindy Klowden, MNM, Director, Technical Assistance and Training

Mindyk@thenationalcouncil.org

www.CareTransitionsNetwork.org
CareTransitions@TheNationalCouncil.org

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