



Child Case-to-Care Management Training

The changing health care marketplace requires child and adolescent case managers to move from their traditional role to one of care manager. In that role they work in health navigation, care coordination, play an active role in collecting data and work with the whole person and their family — encompassing their physical and behavioral health. Moving to a care management model gives behavioral health organizations a competitive edge in promoting services across the complex health care system for children and adolescents.

The National Council for Mental Wellbeing’s Child Case-to-Care Management Training is an in-person, one-day group training that equips today’s case managers to navigate the new health care marketplace and manage the whole health needs of children and adolescents.



TRAINING AREAS:

- ▶ Major changes in health care delivery and the focus on care management.
- ▶ The functions of a care manager including care coordination, health literacy and being data-informed.
- ▶ Partnering with primary care and helping families partner with primary care.
- ▶ Common physical health challenges of children and adolescents with behavioral health issues.
- ▶ The role of care managers in preventive care and intervention for children and adolescents.
- ▶ Often ignored health issues that impact behavioral health, including sleep, media, exercise and nutrition.
- ▶ Skills to support health behavior change in families.
- ▶ Rapid cycle change principles for health behavior change, goal planning and documentation.
- ▶ Self-assessment of individual practice.



RECOMMENDED FOR:

- ▶ Case managers, care managers, care coordinators, peer and family support staff and nursing staff.
- ▶ Organizational leaders.
- ▶ Supervisors.
- ▶ Direct care staff in community behavioral health organizations.



GRADUATES OF CASE-TO-CARE MANAGEMENT TRAINING CAN:

- ▶ Identify current health care trends impacting their role and how they affect this population.
- ▶ Understand the difference between physical health and behavioral health culture.
- ▶ Describe strategies to help families prepare for primary care appointments and build strong partnerships with primary care providers.
- ▶ Apply basic chronic care principles to managing the common illnesses of children and adolescents.
- ▶ Understand the interaction between health behaviors, physical and behavioral health.
- ▶ Identify and apply strategies to help families change their health behavior.
- ▶ Commit to an immediate change they will make with their team in their practice.



Time: Single day in-person training



Class Size: Up to 60 participants

The National Council for Mental Wellbeing also offers Case-to-Care Training with a focus on adults and supervisory roles.

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For more information including tailored or customized needs, costs and scheduling, please contact **Frannie Yin** at FrannieY@TheNationalCouncil.org or visit www.TheNationalCouncil.org.