



# CASE TO CARE MANAGEMENT TRAINING

## FOR PROVIDERS WORKING WITH ADULT POPULATIONS



The Case to Care Management training — Adult from the National Council for Mental Wellbeing takes a deep dive into current health care trends impacting the care provider. You'll learn how to put the person receiving services at the center of care by applying the principles and components of a care management approach to achieve a whole person/whole health approach to care.

*Navigate the changing health care marketplace and manage the whole health of adults receiving care.*

### RECOMMENDED FOR:



Case Managers, Care Managers, Care Coordinators, Peer Support Specialists and Nursing Staff.



All Direct Care Staff



Organizational Leaders



Supervisors

### TIME COMMITMENT:

This training includes live sessions (in person or virtual) and on-demand webinars. The total time commitment is **7 hours**.

### CLASS SIZE:

Up to **60** participants

## What is covered?

Courses are fully customizable based on organizational and participant needs.

- TOPIC 1: Data-informed decision-making** Why being data informed is critical in a care management approach and how teams can use data in their care.
- TOPIC 2: Foundations of Care Management** How foundational components of care management apply to family and community connections, recovery and trauma in whole health.
- TOPIC 3: Team-based Care** How team-based care supports a care management approach, and how and why the functions and components of care management can be distributed across the team.
- TOPIC 4: Risk Stratification** How risk stratification aligns with and supports team-based care.
- TOPIC 5: Data-informed Care** Why being data informed is critical in a care-management approach and how teams can use data in their care.
- TOPIC 6: Care Transitions** Developing strategies to partner with primary care providers; removing the seen and unseen barriers that prevent people from engaging in the physical health care they need.
- TOPIC 7: Principles of Care Coordination**
- TOPIC 8: Action Planning for Change** Assess your individual practice.

SAMPLE Course Outline\*

Reach out to [Consulting@TheNationalCouncil.org](mailto:Consulting@TheNationalCouncil.org) to discuss your organization's needs, costs and scheduling.

NATIONAL COUNCIL  
for Mental Wellbeing