

BEHAVIORAL HEALTH TRAINING

FOR COMMUNITY HEALTH WORKERS

www.TheNationalCouncil.org

RECOMMENDED FOR:

Community health workers.



TAKEAWAYS:

The Behavioral Health Training Program for Community Health Workers contains 5 modules:

- **What Is Integration and Why Integration?**
- **What Are Depression and Anxiety and How Can You Help?**
- **What Is the Role of Trauma in Behavioral and Physical Health Issues?**
- **Suicide Assessment**
- **Self-Care for the Caregiver**

LOGISTICS:

Cost: *\$4,500 (National Council members);
\$5,000 (Not yet a member)
Trainer travel expenses additional
and billed at cost*

Duration: *1 day (9 am – 4 pm) in person*

Class size: *Up to 50 participants*

THE NEED:

For more than 60 years, community health workers (CHWs), also known as promotoras, health coaches and by a number of other titles, have demonstrated promise in improving health behaviors and outcomes, particularly for racial and ethnic minority communities. The Affordable Care Act includes provisions to enhance the role and reimburse preventive services provided by CHWs. In chronic disease care, CHWs provide culturally responsive services to educate patients, identify resources, provide case management, support care coordination activities and become part of an individual's support network. Understanding behavioral health (mental illness and addictions disorders) needs of the people in their communities expands their ability to provide this support but is often a gap in their training.

HOW IT WORKS:

The National Council for Behavioral Health's Behavioral Health Training for Community Health Workers is a 1-day in-person group training program (for up to 50 CHWs) designed to expand the skills and expertise of CHWs to support people with physical and behavioral health disorders. Through interactive activities and didactic lecture, participants will learn key elements of understanding behavioral health disorders in ways that are culturally responsive and that support recovery.

For more information or to schedule a training, please contact Frannie Yin at FrannieY@TheNationalCouncil.org