CCBHC Update

Questions?
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The World We Live In

Clinics:
- Medicaid reimbursement doesn’t cover costs
- Clinics operate in the red
- Grants help close the gap or enable delivery of non-billable services

Consumers/Families
- Services not uniformly available
- Can experience long wait times
- Quality of care varies (hard to know up front)
A crisis in access to care

Only **65%** of people with a serious mental illness receive treatment each year.

Only **12%** of people with an addiction receive treatment.

What happens to the others?
CCBHCs: A New Model

Built on the concept that the way to expand care is to pay for it

- **National definition** re: scope of services, timeliness of access, etc.
- Standardized **data and quality reporting**
- **Payment rate** that covers the real cost of opening access to new patients and new services...
  - ...including non-billable activities like outreach, care coordination, and more...
The CCBHC Landscape

Two funding tracks, plus state options

• Medicaid demonstration
• Federal grant funding
• Some states (e.g. Texas) moving forward with their own CCBHC adoption
Status of States’ Participation

- **8 states selected for CCBHC demonstration**
- **13 states have clinics that received expansion grants**
- **3 states received planning grants, but do not have any clinics that received expansion grants**

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TheNationalCouncil.org
Our Vision: CCBHCs 2.0

CCBHCs in every state

PPS for all CCBHCs

No expiration date
CCBHC Expansion Grants: A Leap Forward

Provides funding for CCBHC services, hiring & innovations...

But what happens after grants end?
Imagine...

“You need a stent for your blocked artery, but unfortunately our hospital doesn’t have a grant for that. The nearest hospital with a stent initiative is across the state.”

“You have a specific type of cancer that we believe would respond well to radiation. However, our radiation program is limited to low-income seniors at risk of homelessness.”

“You need a physician to treat that infection, but we don’t have one on staff because we can’t afford their salary. Our PA is in the office two mornings a week and can see you for an antibiotic prescription in 15 days.”

We wouldn’t accept this for any other condition—behavioral health should be no different!
CCBHC Payment

Establishment of a Prospective Payment System (PPS)

Prospective Payment System

Yearly average cost of all services provided. Funding is more secure.
PPS offers **sustainable financial flexibility** for person-centered service delivery

Grants, philanthropy, public & private insurance payment

Services are time-limited, not uniformly available, often limited to special populations/programs

Comprehensive PPS rate

All services available to all clients, regardless of ability to pay

“This model shows that when you’re given the financial flexibility to do the right thing, you get results that previously would have been unfathomable.”
How do we get there?

Federal and state strategy
Excellence in Mental Health and Addiction Treatment Expansion Act

S. 824/ H.R. 1767

- Extends the original 8 states for 2 more years
- Expands the Medicaid demo to include 11 additional states

Just the first step…

Sens. Roy Blunt (MO) and Debbie Stabenow (MI)

Reps. Doris Matsui (CA) and Markwayne Mullin (OK)
Where are we?
Your message to Congress

• We are here to tell you how the Excellence Act changed behavioral health care in communities with a CCBHC.
  – Describe your CCBHC activities and outcomes

• Our funding:
  – Has expired as of Sept. 13 (demonstration sites)
  – Will run out in 2020 (expansion grantees)

• We need the Excellence Act to be extended and expanded to EVERY state so that we can continue our operations and others can join us in providing enhanced care across the U.S.
### Your Ask

#### Senate
- **Tell Senate leadership** that the Excellence demonstration *MUST* be extended and expanded to *EVERY* state
- **Tell Finance Committee leadership** that extension/expansion of the Excellence Act to *EVERY* state must be included in the Committee’s health care extenders package
- **Cosponsor** S. 824, the Excellence in Mental Health and Addiction Treatment Act.

#### House
- **Tell House leadership** that the Excellence demonstration *MUST* be extended and expanded to *EVERY* state
- **Tell Energy & Commerce Committee leadership** that extension/expansion of the Excellence Act to *EVERY* state must be included in the health care extenders package
- **Cosponsor** S. 824, the Excellence in Mental Health and Addiction Treatment Act.
Be sure to...

• **Know if your legislator** is already a cosponsor (if so, thank them!)

• **Be firm** about your asks

• **Share data** or specific program successes

• **Ask for any update** they can share about the current status of the expansion/extension
  – Let us know what you hear!

• **Follow-up** afterwards
What to say if...

• “Yes, I’m supportive”
  – Wonderful, thank you! Will you sign on as a cosponsor/talk to Committee Leadership/talk to House or Senate Leadership?

• “I’d like to sign on, but the sponsors are only adding Democrats and Republicans at the same time”
  – Do you have a Republican colleague you work closely with who might be willing to join as a cosponsor, and would you talk with them?
What to say if...

• “How much does the extension cost?”
  – CBO is scoring the extension.
  – The CCBHC demonstration has resulted in clear costs savings due to decreased hospitalizations, incarcerations, and more.

• “Sure, I’d be happy to talk to Leadership”
  – Is there anything I can do to be helpful to you for that conversation?
State-led expansion efforts

- Medicaid waiver
- State Plan Amendment
- State regulation of clinics & investment in services
- Participation in alternative payment models
Tips for advocacy with your state Medicaid agency

• Don’t wait for Congress to act
• Identify existing or planned state delivery system innovations
• Explain to states how the CCBHC model complements those goals
  – Describe your outcomes to date; use specific data
  – Offer a vision for how CCBHCs can transform care if scaled statewide
  – Tip: Use our fact sheet on PPS as an Alternative Payment Model
• Connect with us for support!
Discussion & Questions

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