

Special Interest Groups: Introduction

Older Adults

Introductions



Nicole Cadovius

Director, Practice Improvement
National Council for Behavioral Health
Washington, D.C.



Agenda for Today's Meeting

1. Introductions
2. Purpose of the Group
3. We Want to Hear from You
4. Brainstorming Discussion Topics
5. Content Expectations & Engagement
6. In-Person Meeting at NatCon20
7. Proposed Meeting Schedule

Quick Facts on Older Adults

- By 2030, the United States for the first time will have more 65+ residents than children.
- One fourth of older adults experiences some mental disorder including depression and anxiety disorder and dementia. This number is expected to double to 15 million by 2030.
- 5% of older adults in the community meet diagnostic criteria for major depression and 15% have clinical significant depressive symptoms
- Number of older adults with substance abuse problems expected to double to 5 million by 2020.
- Untreated substance abuse and mental health problems among older adults are associated with poor health outcomes, higher health care utilization, increased complexity of the course and prognosis of many illnesses, increased disability and impairment, compromised quality of life, increased caregiver stress, increased mortality, and higher risk of suicide.
- In 2014, nearly 11,0000 people 60+ died by suicide. People aged 85+ have the highest suicide rate of any age group. Older white men have a rate almost six times the regular population.
- Behavioral health problems are not a normal part of aging and can be treated. 66% of older adults are not receiving the care they need. Current preventative services for this population are limited.

Taken from:

<https://www.ncoa.org/news/resources-for-reporters/get-the-facts/healthy-aging-facts/>

<https://www.ncoa.org/resources/issue-brief-6-depression-and-anxiety-screening-and-intervention/>



@NationalCouncil

TheNationalCouncil.org 

About the National Council for Behavioral Health

We are the unifying voice of America's health care organizations that deliver mental health and addictions treatment and services.

Together with our 3,326 members, we are fighting to ensure all Americans have access to comprehensive, high-quality care that affords every opportunity for recovery.

Visit www.thenationalcouncil.org to learn more!



*Join us for our annual conference!
Visit www.NatCon20.org for details.*

Purpose of the Group

We're launching our **Special Interest Groups** initiative with you in mind.

Our goal is to give you the tools, knowledge and networks you need to accelerate your understanding of, and impact in, your area of interest. What can you expect?

Throughout 2020, we will share resources, publish content and hold conversations around all-things Older Adults within the behavioral health care space.

This is your chance to stay atop of political and social issues, address emerging trends, receive new learning, connect with likeminded peers and move the conversation forward.



@NationalCouncil



TheNationalCouncil.org



We Want to Hear from You

We are conducting this webinar to better understand your needs and expectations around this area of interest. To help us support your learning journey in 2020, we want to know:

- *What about this group interests you?*
- *What are you hoping to get out of this group?*
- *What do you want to learn more about within this group?*
- *What type of knowledge or resources will benefit you in your role?*

As interested members, you will help drive and define this group through your participation. By sharing your feedback, you will help us deliver the best possible learning experience.

Brainstorming Discussion Topics

Throughout 2020, we will highlight various topics and issues within the “Older Adults” group. Examples include:

- Assessment of Dementia for people with Serious Mental Illness
- Substance use in later life, the impact of opioids and other substances
- Innovative care models of geriatric mental health in community setting.
- Suicide and bullying in older adults



To help us define our year-long agenda, we want to know:

- What would you like to see covered next year?
- What topics within this group interest you the most?
- What are your learning goals for the year?

Content Expectations & Engagement

We are committed to helping you learn and grow. To keep you informed, we will deliver the following throughout the year:

- Regularly published content (e.g., blog posts)
- Webinars offering insights into your group
- Calls to help further the conversation
- A special NatCon20 networking opportunity
- A platform for sharing your ideas and input

We want to know: What else can we do to support your learning experience?

The screenshot shows the website for the National Council for Behavioral Health. At the top, there is a navigation bar with links for 'POLICY ACTION CENTER', 'CONSULTING & TRAINING', 'TOPICS A-Z', 'ABOUT THE NATIONAL COUNCIL', 'EVENTS', and 'SHOP'. Below this, there is a search bar and a 'FIND A PROVIDER' dropdown menu. The main content area features a blog post titled 'Addicted to Coercion' by Vitke Eisen, MSW, Ed.D., with a sub-headline 'Beginning in 2011, with California's state prison system overseen by the federal courts due to severe overcrowding, the state legislature and voters passed a series of laws to reduce sentencing severity for non-violent crimes, most notably drug-related offenses. As a result, fewer people faced felonies for crimes often associated with problematic substance use, like simple [...]'. To the right of the main content is a sidebar with a 'SUBSCRIBE TO NATIONAL COUNCIL EMAILS' button, a 'DONATE TO MENTAL HEALTH FIRST AID' button, another 'FIND A PROVIDER' dropdown, and a 'GOT A QUESTION? > CONTACT US' button. Below these are 'Categories' listed: Addictions, Awards of Excellence, Behavioral Health Centers of Excellence, Certified Community Behavioral Health Centers, Community behavioral health, Compliance, Conference Speakers, Criminal Justice, and Crisis Services.

In-Person Meeting at NatCon20

There will be multiple touchpoints throughout the year to discuss and explore topics within this group.

Of note is a special networking and learning session at **NatCon20** in Austin, Texas, to be held April 5-7.

This is your chance to connect with colleagues, build your network and lead the conversation around this interest area.

What would you like to experience during this on-site event?
How can we make this meeting impactful for you?



Learn more by visiting www.natcon20.org

Proposed Meeting Schedule (Bi-Monthly)

Meeting Month	Group Activity
February 2020	Meeting with Community
April 2020	Meet and Greet at NatCon2020
June 2020	Meeting with Community
August 2020	Meeting with Community
October 2020	Meeting with Community
December 2020	Meeting with Community

To keep the conversation going, we will conduct bi-monthly chats starting in February.

At left is a tentative schedule outlining our conversations around this area of interest.

- Is this level of engagement helpful?
- Have any agenda ideas?

Within this group, we will explore behavioral health care and move the field forward.





Nicole Cadovius

NicoleC@thenationalcouncil.org

Director, Practice Improvement

National Council for Behavioral Health

Washington, D.C.

