



SAMHSA-HRSA CENTER for INTEGRATED HEALTH SOLUTIONS

Best Practices in Integration of Substance Use and Primary Care Service: Models from the field

February 26, 2016

Setting the Stage: Today's Moderator



Madhana Pandian
Associate

SAMHSA-HRSA Center for Integrated Health Solutions



SAMHSA-HRSA CENTER for INTEGRATED HEALTH SOLUTIONS

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Slides are also available on the CIHS website at:

www.Integration.samhsa.gov

under About Us/Webinars

Our format:



Structure

Presentations from experts

Polling You

At designated intervals

Asking Questions

Responding to your written questions

Follow-up and Evaluation

Ask what you want/expect
and presentation evaluation

Setting the Stage: Today's Facilitator



Aaron Williams

Director of Training and Technical Assistance for Substance Use
SAMHSA-HRSA Center for Integrated Health Solutions

Today's Purpose

- Help inform behavioral health providers that are adding primary care and health promotion services.
- Highlight essential implementation strategies for integrating primary care and health promotion into addiction treatment.
- Discuss a model for sustaining primary care and wellness services
- Reference resources and tools to support integration efforts



Today's Speakers

- Aaron Williams, Director of Training and TA for Substance abuse, CIHS
- Jim Sorg, Director of Care Integration, Tarzana Treatment Centers Inc.

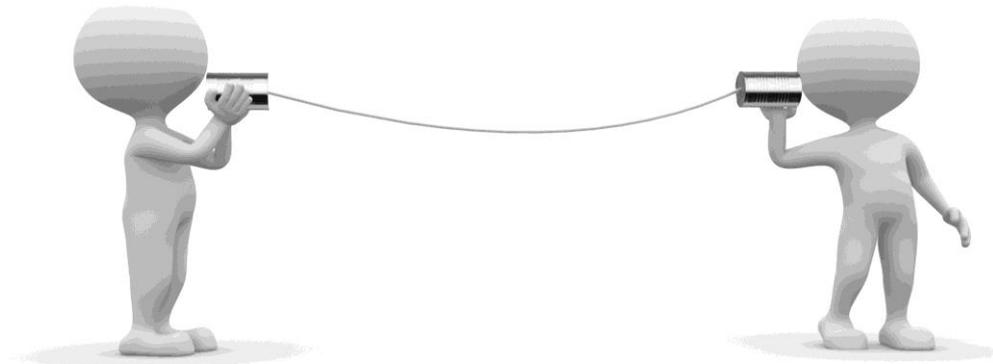


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Five Essential Elements of Primary Care Implementation

Five Implementation Essentials

- Leadership and organizational culture
- Data driven care for effective population health management
- Activating self-management for wellness
- Sustainable health promotion/wellness activities
- Workforce Training and Task Shifting



Leadership and Organizational Culture

Organizational culture is a lens through which an organization views their work.

- ❖ Shared value system, mission, vision, and purpose
- ❖ Common language that facilitates communication internally and externally
- ❖ Policies and procedures that reflect/reinforce a shared vision
- ❖ Activities, services, physical, and emotional environment aligned with the vision
- ❖ How power, decision making, allocation of resources are distributed



Leadership and Organizational Culture

Tips

- Share your team's vision of what your integrated program is/will be often with your organization
- Increase our shared sense that physical health is part of our work
- Build hope that people want to take care of their health
- Design clear roles & responsibilities of each team member
- Have your team assess your baseline using assessment tools
- Set goals & take actions aligned with the aims of integrated care

Resource

- CIHS' **Standard Framework for Levels of Integrated Healthcare** is a six-level framework that can be used for planning
- **Culture of Wellness Organizational Self-Assessment (COW-OSA)** can help increase an organization's awareness of the key components of a wellness-focused culture
- **Assessment Tools for Organizations Integrating Primary Care and Behavioral Health**
 - Organizational Assessment Toolkit for PC/BH Integration (OATI)
 - Integrated Practice Assessment Tool (IPAT)
 - Behavioral Health Integration Capacity Assessment (BHICA)

Data driven care for effective population health management



Addressing the health risks of adults with addiction and existing healthcare disparities between different populations, requires an organizational infrastructure for collecting and monitoring health data.

Health outcomes were documented and shared with patients and staff. We also used the data to get buy-in from our executive leadership to seek additional funding and expand the program. -Integrated care provider

Data driven care for effective population health management

Tips

- Use a registry to track clinical outcomes and key process steps for outcome measurement
- Use tools to target specific interventions to appropriate populations
- Use EHR to generate condition-specific reports to use for CQI, reduction of disparities, research & outreach
- Implement protocols for sharing client-level data across BH & PC systems
- Treat to target – systematic tracking of medical severity
- Use your data analytics to inform future opportunities, leadership, strategic goals

Resource

- **Population Management in Community Mental Health** provides 10 essential steps to being a provider with successful population health management practices
- **Exploring the Promise of Population Health Management Programs to Improve Health** covers the concepts and components of population health management (PHM) .
- **PBHCI Population Health 101 Webinar**

Activating Self-Management for Wellness

Self-management is essential to achieving health and wellness; recognizing that treatments, services, supports and interventions are of little value without individuals setting and achieving person-centered goals that change and sustain their health behaviors.

Customer Reaction to Integrated Primary and Behavioral Health Services

“Outstanding, I am learning that it is not only my mental health but also my physical health that needs to be attended to.” – Patrick



Activating Self-Management for Whole Health

Tips

- Introduce the concept of self-management support to clients and staff
- Ask what support and wellness services consumers need
- Implement evidence-based wellness activities based on culturally relevant practices
- Work with individuals to set visit/exam agenda, become informed, and create a health action plan that can be added to an individual's treatment plan
- Link clients with system and community resources and be proactive about follow-up
- Have Fun - Smoking Cessation classes became "Bye, Bye Butts"

Resources

- **Health Promotion Resource Guide** informs providers on how to make informed decisions regarding evidence-based programs and practices designed to improve fitness and reduce obesity for people with SMI; it includes two checklists.
- AHRQ's **Self-Management Support Resource Library** helps providers teach people how to take informed responsibility for their own healthcare
- SAMHSA's **Bringing Recovery Supports to Scale Technical Assistance Center Strategy** has a wealth of resources

Workforce

The care a patient experiences as a result of a team of PC & BH clinicians, working together with patients and families, using a systematic and cost-effective approach to provide patient-centered care for a defined population.*



Workforce

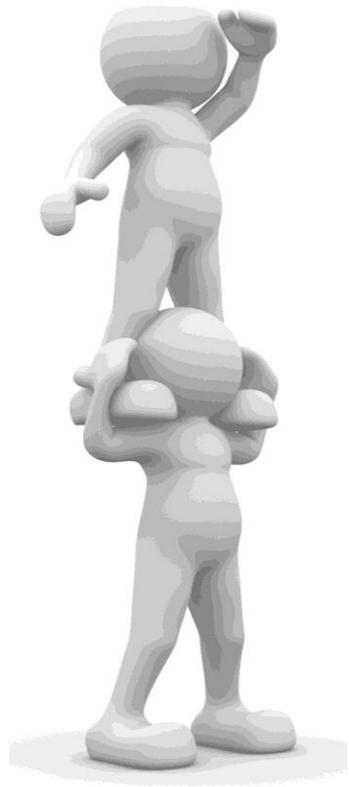
Tips

- Establish team-based care
- Learning about something is not learning to do it
- To break old habits, new behaviors need to be modeled and reinforced
- Invest in routine huddles, caseload review, and de-briefs
- Cross train again and again
- Maximize the skills of non-physician staff in care team
- Expand the role of peer support specialist
- Convene “Lunch and Learns” so providers can introduce themselves to consumers, present different health topics, and encourage discussion
- Care Managers buy-in is critical - cultural broker, health educator, lifestyle coach, interpreter, care coordination and more

Resources

- [Core Competencies for Integrated Care](#) - provide practical and logistical assistance to building an integrated care workforce
 - Shape Workforce Trainings
 - Inform Job Descriptions
 - Guide Staff Orientation
- [Essential Elements of Effective Integrated Primary Care and Behavioral Health Teams summary](#) reviews team development within effective integrated primary and behavioral healthcare teams.
- [Education and Training Program](#) - Integrated care requires revisions and additions to the traditional way in which healthcare providers are educated and trained to practice

Sustainability



Sustaining integrated care over time is a significant concern for most providers of behavioral health and primary care services. Sustainability requires organizations to imbed both organizational practices and expectations for integrated care in the fiber of its operations and to maximize every possible revenue source

Sustainability

Tips

- Start early in the process
- Focus on efficient delivery of primary care services and effective billing to cover the cost of PC services
- Identify your true costs
- Seek opportunities for value-based purchasing
- Creating workable workflows, logistics, and financial break-even point with primary care partners

Resources

- Sustaining Integrated Services Report - Lessons Learned from PBHCI Alumni
- The Primary Care and Behavioral Health Integration Sustainability Checklist lists many of the most important elements of your clinical organization that need to change to support integration in your clinic.
- Using Data for Sustainability explores the link between data and sustainability to maintain the vitality in internal structure, processes and strategies.

Setting the Stage: Today's Presenter



Jim Sorg, PhD
Director of Care Integration
Tarzana Treatment Centers, Inc.

Outline of Presentation

Description of Tarzana Treatment Centers

Why TTC Integrated Care

How TTC Integrated Care

Tarzana Treatment Centers (TTC)

- Founded in 1972
- 501 (c) (3) Non-profit Corporation
- 600+ Employees and Contract Staff
- 15 locations in Los Angeles County
- Persons served in Calendar 2015
 - Primary care = 4739
 - Substance use disorder specialty care = 4273
 - Mental health specialty care = 1,627
 - HIV/AIDS specialty care = 1019

Revenue Sources

- City and County Contracts
- Federal, State, Foundation Grants
- Medicare and Medi-Cal fee-for-service
- Managed Care Contracts – Private Insurance
- Medi-Cal Managed Care - Behavioral Health and Primary Care
- Private Pay
- Sliding Fee and Charity Care

Specialty Care

- Substance Use Disorder Treatment
- Mental Health Disorder Treatment
- HIV / Medical Care and related services
- Housing
- Assessment and Referral Services in Hospital EDs
- In Home Services

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Medication Assisted Treatment

- Detoxification, Anti-Craving, Maintenance
 - Methadone
 - Buprenorphine
 - Injectable Naltrexone
- Inpatient, Residential, Outpatient

Primary Care

- First clinic opened in 1995
- 5 Primary Care Clinics integrated with Other TTC Services
- 2 Clinics integrated with BH services provided by other organizations
 - LA County Department of Mental Health San Fernando Mental Health Center
 - San Fernando Valley Community Mental Health Center, Inc.
- All primary care clinics organized as medical homes

Specialty HIV/AIDS Care

- First HIV Services in 1986 and first HIV/AIDS Medical Clinic opened in 2002
- HIV/AIDS Medical Clinics
- MH/SU Disorder Treatment
- Prevention and Testing
- Case Management
- Jail In-Reach
- Transitional Housing
- Home Health Care

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Joint Commission Accreditation and Certification

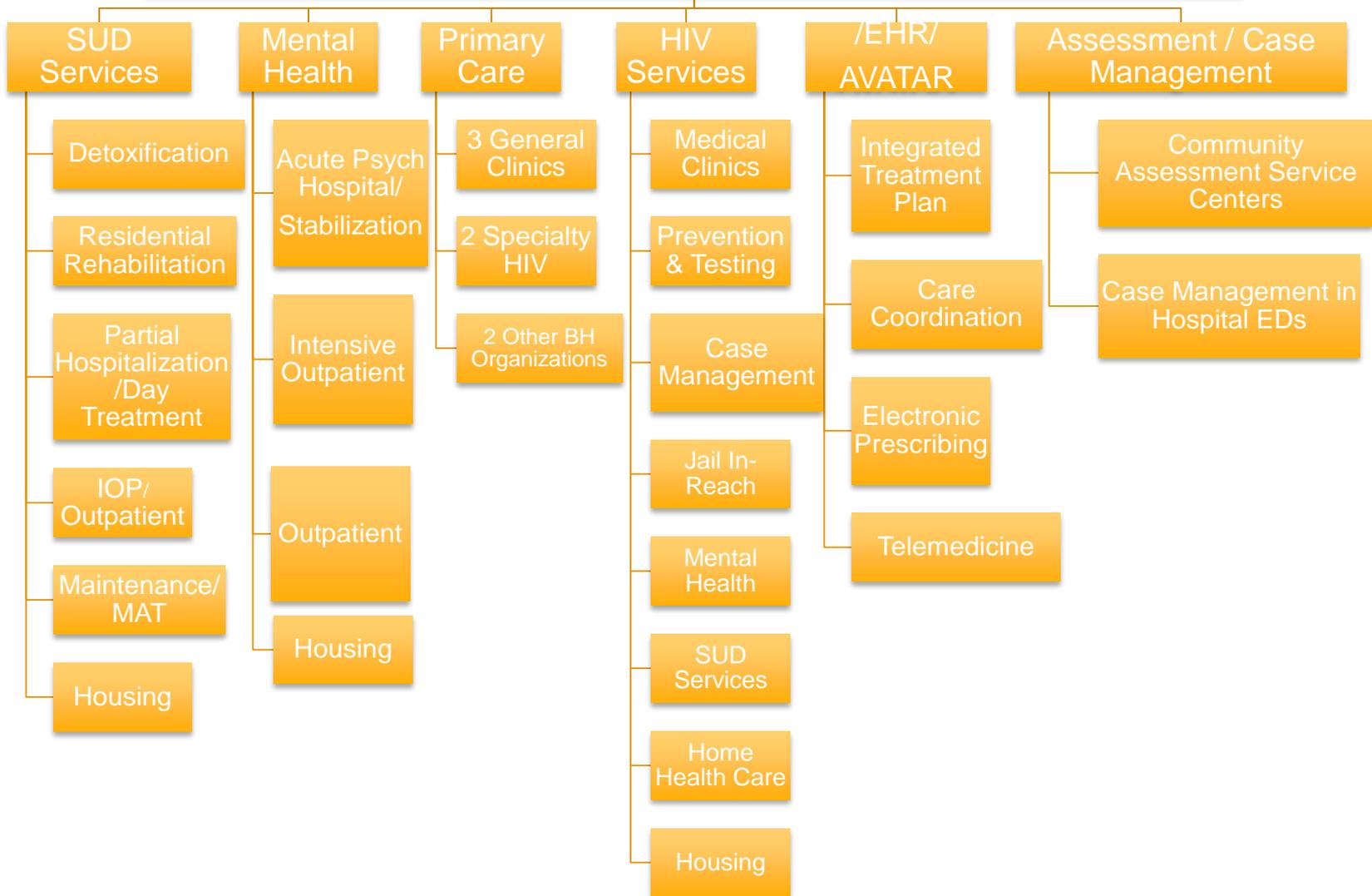
Accredited under:

- Hospital Standards
- Behavioral Health Standards
- Opioid Treatment Standards

Certifications awarded in 2015:

- Primary Care Medical Home
- Behavioral Health Home

TTC Integrated Services and Care Coordination



Why TTC Integrated Care?

TTC Mission

- To provide high quality, integrated healthcare for substance use disorders, mental illness, and chronic physical health disorders
- that improves the quality of life and health of patients regardless of financial resources, and
- contributes to a reduction in the total cost of healthcare, negative social impacts and criminal justice involvement

WHEN CHRONIC ILLNESS & MENTAL/BEHAVIORAL ILLNESS COMBINE, UTILIZATION & COSTS RISE

Of the 5% costliest enrollees, 45% have a serious mental illness.

DIABETES



DIABETES + ALCOHOL/ DRUGS + MENTAL ILLNESS



Annual per member

ANNUAL SPENDING PER MEMBER



Diabetes



Diabetes + alcohol/drugs



Diabetes + mental illness



Diabetes + alcohol/drugs + mental illness

Source: California Department of Health Care Services
www.chcf.org/medi-cal-matters

© 2015 California HealthCare Foundation

Type 2 Diabetes and Alcohol Use Disorder

Persons with type 2 diabetes and a coexisting alcohol use disorder (AUD) compared to diabetics without AUD:

- Have higher rates of type 2 diabetes-related complications and hospitalizations
- Have lower odds of full adherence with measures of quality for type 2 diabetes

Udi E Ghitza, Li-Tzy Wu, Betty Tai, “Integrating substance abuse care with community diabetes care: implications for research and clinical practice”, *Substance Abuse and Rehabilitation* 2013:4 3–10

Reducing ER and Hospital Admissions and Readmissions

Table 1. Potentially Preventable Readmission (PPR) Rates per 100 At Risk¹ Admissions by Medicaid Recipient Health Condition at Initial Admission and Region: New York State, 2007

Recipient Health Condition	New York City			Rest of the State			New York State		
	Initial Admissions ¹	At Risk Events ²	PPR Rate	Initial Admissions	At Risk Events	PPR Rate	Initial Admissions	At Risk Events	PPR Rate
Mental Health	6,808	79,815	8.5	3,715	52,116	7.1	10,523	131,931	8.0
Substance Abuse	4,111	35,578	11.6	1,523	19,291	7.9	5,634	54,869	10.3
Mental Health and Substance Abuse	13,043	62,409	20.9	7,833	54,081	14.5	20,876	116,490	17.9
All Others	6,485	132,269	4.9	2,567	56,234	4.6	9,082	188,503	4.8
Total	30,447	310,071	9.8	15,638	181,722	8.6	46,115	491,793	9.4

¹ Non-excluded admissions followed by at least one clinically related readmission.

² All inpatient events that were not excluded according to defined PPR criteria.

Source: Lindsey, M., Patterson, W., Ray, K. & Roohan, P. (2007). Potentially preventable hospital readmissions among Medicaid recipients with mental health and/or substance abuse health conditions compared with all others: New York State, 2007. New York State Department of Health. Available at: <http://on.ny.gov/1NkFaCU>

How TTC Integrated Care

Primary Care Business Plan

- Use county contracts to open and sustain clinics
- Use Ryan White Part C funds to subsidize clinics
- Use private insurance funded BH to subsidize primary care
- Use grants as seed money to open new clinics
- Emphasize fee for service in payer mix when possible
- Minimize cost of care, especially for capitated patients

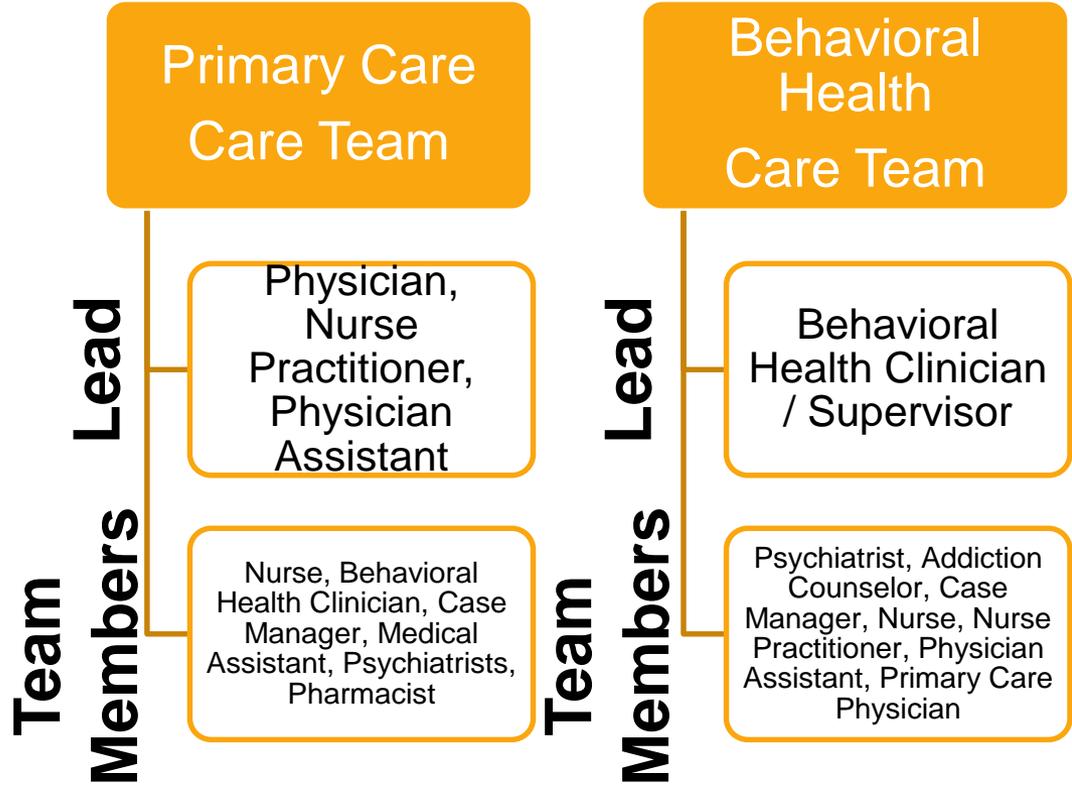
Models of SUD Treatment Integration with Primary Care at TTC

Examples of Primary Care led integration

- Primary Care and HIV/AIDS patients
- Primary Care and ISM Model

Examples of Behavioral Health led integration

- SUD inpatients, residential, outpatients including MAT



Models of Primary Care Team Led Integration at TTC

Primary Care Led Integration for HIV/AIDS patients with SUDs

- Target
 - Patients with HIV/AIDS with SUD diagnoses and their at risk partners
- Design
 - Cross-training of primary care and SUD treatment team members
 - Care Coordination to navigate patient through medical and SUD/MHD care
 - Primary Care and SUD treatment staff case conferences 2x month
 - Primary Care provider involved in SUD treatment planning, relapse prevention, and relapse response

Model of SUD Treatment Team Led Integration at TTC

Behavioral Health Home Model

- Target
 - Patients with SUD and mental health conditions with chronic physical health conditions
- Purpose
 - To make the “home” in behavioral health rather than in primary care
 - To bring primary care in-house or link patients with primary care providers
- Benefits
 - Patients may feel more comfortable in behavioral health setting
 - Able to coordinate and integrate care as would be done in primary care
 - Psychiatrist or behavioral health clinician may be lead rather than the primary care physician

Capitated and Incentivized Care

- Members of Health Care LA IPA (HCLA IPA)
- Composed of Safety Net Clinic Organizations
- HCLA IPA Contracts with Safety Net Health Plans in Los Angeles County
- 350,000 Lives under capitated Managed Care contracts
- Clinic Compensation
 - Per Member Per Month Capitation
 - Quality of care incentives
 - Share of net revenue

Risk-Based Framework for Managing Care

- Identifying all patients eligible for management by using a registry
- Monitor and report for entire population
- Increasing patient and provider awareness
- Providing an effective diagnosis and treatment guideline
- Systematic follow-up of patients for initiation and intensification of therapy
- Clarifying roles of healthcare providers to implement a team approach
- Reducing barriers for patients to receive and adhere to medications as well as to implementing lifestyle modifications
- Leveraging the Avatar EHR to provide care guidance to the integrated team.

Risk Score Assignment

Primary Prevention (Level 1 and 2): Patients who are healthy and have no known chronic diseases could be assigned to a low risk category, or Level 1. Patients who are healthy but showing warning signs of potential health risks may be assigned to Level 2.

Secondary Prevention (Level 3 and 4): A patient who has one or more chronic diseases, but are managing them well, and meeting their desired goals, may be assigned to an intermediate category (Level 3). Those who are not in control of his/her chronic disease(s) but have not developed complications may be assigned to Level 4.

Tertiary Prevention (Level 5): If a patient's chronic disease(s) have progressed, become unstable, or new conditions and/or significant complications have developed, they may progress to the tertiary category (Level 5).

Catastrophic (Level 6): An additional, non-public health Level 6 category is reserved for extreme situations, such as a pre-term baby who needs intensive long-term care, a patient who has a severe head injury, or anyone requiring highly complex treatment.

Chronic Care Management

- Medicare Part B
- Two or More Chronic Conditions
- Risk Score Assignment
- Requires patient consent
- Provided under direction of primary care provider
- Requires 20 minutes of non-face-to-face service per month under direction of primary care provider
- CPT 99490: $\$46.87 / \text{Month} * 12 \text{ months} * 100 \text{ patients} = \$56,244$

Transitional Care

Medicare Part A Patients Discharged from Hospital are eligible

Service billed to Medicare Part B

Within 30 days of discharge

Provided under direction of primary care provider

CPT 99495: Face to face visit within 14 days = \$182.33

CPT 99496 : Face to face visit within 7 days = \$255.67

SBIRT

- SBIRT performed by Primary Care providers
- Reimbursement by Medi-Cal Fee for Service and Managed Care Plans since January 2014
- Referral to SUD Treatment
- Responsibility for screening vs. responsibility for brief intervention

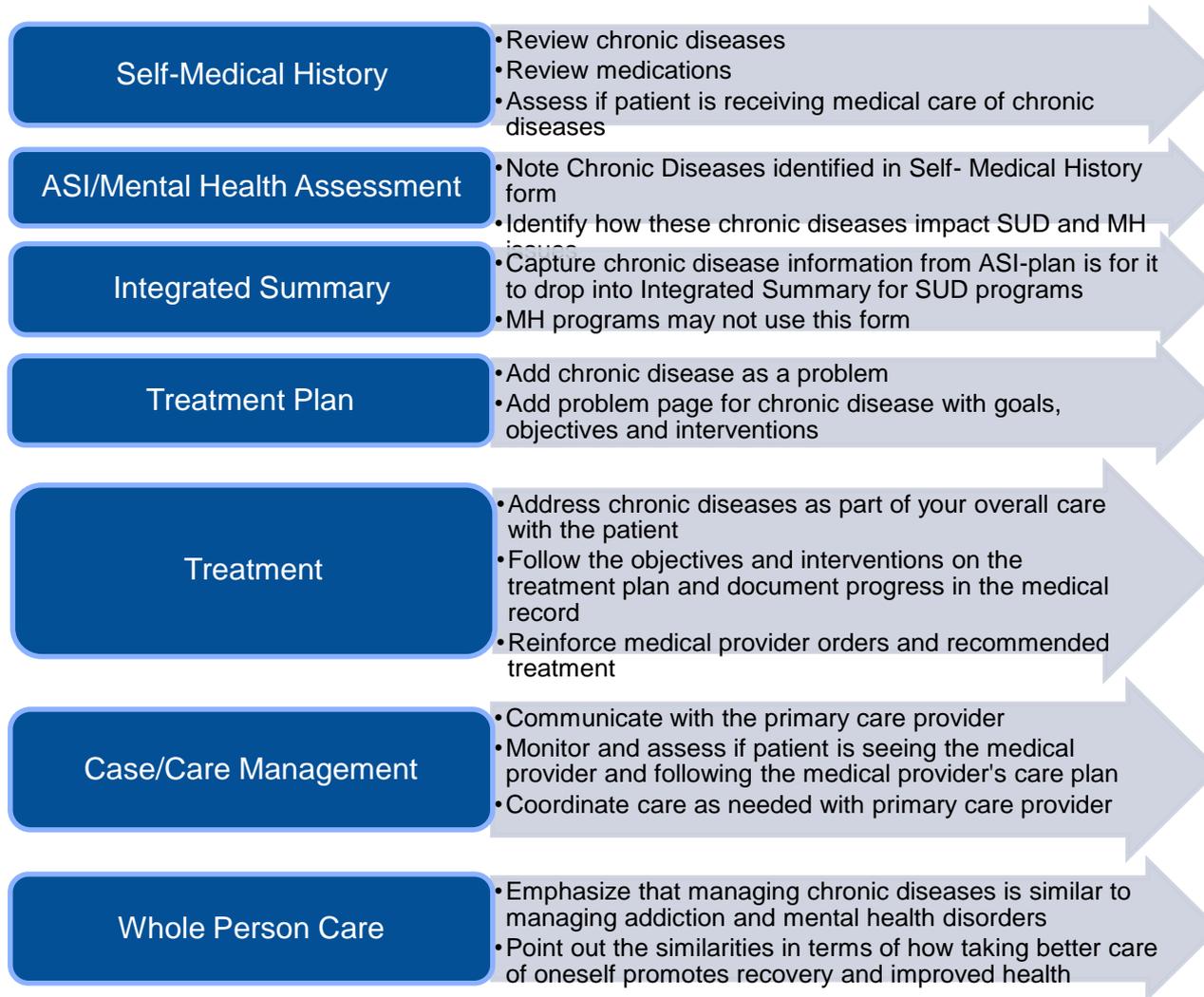
Activation to Reach Healthcare Goals

Treating to Target

- Diabetes
 - Hemoglobin A1c < 7%
 - 100 % of Preventive Services Received
- Mental Health
 - PHQ 9 < 5 (Minimal depression)
 - GAD 7 < 5 (Mild anxiety)
- Substance Use
 - Audit C < 4 males and < 3 females
 - DAST < 1

Tarzana Treatment Centers, Inc.

Integrating Chronic Disease Management into Behavioral Health Homes



iPad with DSM Diagnosis

The screenshot shows an iPad interface for a medical application. At the top, it displays 'iPad' with signal, time (9:11 AM), and battery (86%) indicators. The main header includes 'Appointments', 'Current Patient', and a 'Patient Search' field. Below this, there are tabs for 'Office Visit' and 'Patient Chart', along with a user profile for 'Jim Sorg' and a settings gear icon.

The patient information section is titled 'CLIENT, TEST' and includes a photo of a man. The details provided are:

- Patient ID: 102772
- Date Of Birth: 10 Mar 1963, Age 51 years
- Gender: Male
- SSN: ***-**-0000
- Address: 8330 Reseda Blvd, Northridge CA 93534
- Email: [Redacted]
- Phone: 818-654-3911
- Critical Alerts: No Critical Alerts

The 'Patient Chart' section has several tabs: 'BH/SA Info', 'Office Visits', 'Diagnosis' (selected), 'Vitals', 'Allergies', 'Medication', 'Procedures', and 'Lab Order'.

The 'Diagnosis' section features a table with the following columns: Code, Description, Status, Start Date, and End Date. Below this is a 'DSM Diagnosis' section with a table that includes an 'Axis' column. The DSM diagnosis table contains the following entries:

Code	Description	Status	Start Date	Axis
304.31	CANNABIS DEPENDENCE	Active		I
301	Paranoid Personality Disorder	Active		II
Axis IV:...	Axis IV: Educational	Active		IV
302.6	Gender Identity Disorder NOS or Gender Identity Disorder in Children	Active		I
304	Opioid Dependence	Active		I
Axis IV:...	Axis IV: Legal System/Crime	Active		IV
305	Alcohol Abuse	Active		I
Axis IV:...	Axis IV: Social Environment	Active		IV
45	(45) 41 - 50 Serious Symptoms Or Impairment	Active		V
Axis IV:...	Axis IV: Primary Support Group	Active		IV
799.9	Diagnosis or Condition Deferred on Axis I or Diagnosis Deferred on Axis II	Active		II

iPad with SUD/MH Progress Notes

iPad 9:10 AM 86%

Appointments Current Patient Patient Search

Office Visit Patient Chart Welcome, Jim Sorg

CLIENT, TEST


 Patient ID 102772
 Date Of Birth 10 Mar 1963 Age 51 years
 Gender Male
 SSN ***-**-0000

Address 8330 Reseda Blvd,
 Northridge CA 91354
 Email
 Phone 818-654-3911

Critical Alerts
No Critical Alerts

Patient Chart BH/SA Info Office Visits Diagnosis Vitals Allergies Medication Procedures Lab Order

Behavioral Health / Substance Abuse Information Notes Filter

Progress Notes

Date/Time	Provider	Program	Note Type	Status
03 Mar 2014, 02:10 PM	GRAHAM,DEBORAH	Tarzana IOP (DMC)(634)	Progress Note	
19 Feb 2014, 04:43 PM	COLE,JANE	PRIMARY CARE NORTHRIDG...	Dietary	
19 Feb 2014, 04:40 PM	COLE,JANE	Tarzana OP Case Managemen...	Dietary	
27 Dec 2013, 03:45 PM	DOOTSON,LEONARD	PRIMARY CARE NORTHRIDG...	Primary Care	Final
08 Oct 2013, 12:56 PM	VAVRA,ANN	PRIMARY CARE NORTHRIDG...	Primary Care	Final
08 Oct 2013, 12:47 PM	VAVRA,ANN	PRIMARY CARE NORTHRIDG...	Primary Care	Final
07 Oct 2013, 09:44 PM	VAVRA,ANN	PRIMARY CARE NORTHRIDG...	Primary Care	Final
07 Oct 2013, 09:43 PM	VAVRA,ANN	PRIMARY CARE NORTHRIDG...	Primary Care	Final
07 Oct 2013, 08:53 PM	WIEMANN,PATRICIA	PRIMARY CARE NORTHRIDG...	Primary Care	Final
07 Oct 2013, 08:40 PM	VAVRA,ANN	PRIMARY CARE NORTHRIDG...	Primary Care	Final
07 Oct 2013, 08:12 PM	VAVRA,ANN	PRIMARY CARE NORTHRIDG...	Primary Care	Final
04 Oct 2013, 11:21 AM	SCHLESINGER,BRIAN	PRIMARY CARE NORTHRIDG...	Primary Care	Final
06 Aug 2013, 09:54 AM	KLASSER,KEN	Tarzana OP ESP DMH Pre Ad...	Progress Note	

Using HIT as a Driver for Integration

Using Health IT as a driver for integration

- Provide tools for referrals and HIE
- Provide tools for integrated care
 - Assessment for medical , MH, SUD conditions, integrated problem list, diagnosis, summary, treatment plan, view of record, registries
- Provide ability to bill for integrated services
 - Procedure codes, guarantors, claims

Technology

- Netsmart Avatar, Primary Care Module, Integrated Treatment Plan, Order Connect ePrescribing, Care Connect Lab interfaces and HIE, MyHealthPointe Patient Portal

Primary Care Console View

Avatar 2014 You are sharing 2 applications STOP Shared

Home Widget Default Courses Preferences Lock Sign Out Switch Help JSORG

My Views: Home View IT **Primary Care** Reception View Selected Client: Test Client (000102772) Episode: All Episodes

Medical Diagnoses

Date of Onset	ICD-9 Dx	ICD9 Value	Staff	Resolved Date	Program	Last Date
2014-03-24	252.9	*UNSPECIFIED DISORDER OF PARATHYROID GLAND	BILL,MARTA		Admit	2014-03-24
2013-12-26	304.90	DRUG ADDICTION (UNSPECIFIED DRUG DEPENDENCE)	BILL,MARTA		Admit	2013-12-26
2013-11-25	745.0	COMMON TRUNCUS POISONING BY	BILL,MARTA	2013-12-02	Admit	2013-11-25
2013-11-21	974.1	PURINE DERIVATIVE DIURETICS	MONITORING,APP	2013-11-28	Admit	2013-11-21
2013-11-21	788.2	RETENTION OF URINE	MONITORING,APP	2013-11-28	Admit	2013-11-21

Diagnosis

Date Of Diagnosis	Type Of Diagnosis	Diagnosis - Axis I - 1	Diagnosis - Axis I - 2	Diagnosis - Axis II - 1	Principal Diagnosis
04/23/2012	Admission	302.6		301	302.6
04/23/2012	Admission	304.31	305	799.9	304.31
04/03/2012	Update	304			304

Open Record + New Record

Lab Results

Name: CLIENT,TEST ID: 000102772

Start Date: 04/01/2013 End Date: 04/21/2014 Filter By: No Filter

No information found

Order Connect History

date	prescribed	pharmacy	prescriber	drugname	end_date	duration
2011-02-16	Test	Wiemann, Patricia		ibuprofen	2011-03-1830	
2011-09-13	Test	Cohen, Phyllis		ibuprofen	2011-10-1330	
2011-10-13	Test	Cohen, Phyllis		ibuprofen	2011-10-1310	
2011-10-13	Pharmacy	Phyllis, Cohen		ibuprofen	2011-10-1310	
2011-10-13	Test	Cohen, Phyllis		ibuprofen	2011-10-1310	
2011-10-13	Pharmacy	Phyllis, Cohen		ibuprofen	2011-10-1310	
2011-11-01	Test	King, William		atenolol	2011-11-0130	
2011-11-15	Pharmacy	Phyllis, Cohen		Tylenol	2011-11-1530	
2011-11-15	Test	Cohen, Phyllis		Tylenol	2011-11-1530	
2011-11-15	Pharmacy	Phyllis, Cohen		Tylenol	2011-11-1530	
2011-11-15	Test	Cohen, Phyllis		alicIZIDE	2011-11-1530	

Vital Signs

Vital Type	Most Recent (03/05/2014 02:20PM)	Previous (11/15/2013 10:37AM)
Pulse	80 bpm	-
Blood Pressure	125/85 mmHg	-
Temp (F)	98.6 Fahrenheit	-
Respiration	7 bpm	-
O2 Saturation	99 %	-
Height (ft in)	6' 0"	-
Weight (lbs)	160 lbs	345.6 lbs
BMI	21.7	-
Blood Glucose	85 mg/dL	-
Pain	0 - No Pain Scale	-

myHealthPointe Access

Client Portal PIN

Your client's portal is ready. The following PIN may be used to connect to your records.

SKT-XUBVHQD

Progress Notes

Previous 120 days Selection: All Notes

Progress Note - 03/03/2014 by DEBORAH GRAHAM

Ambulatory Progress Notes

Progress Note For: Independent Note

Note Type: Progress Note

Notes Field: intake summary-

Practitioner: GRAHAM,DEBORAH (000539)

Dietary - 02/19/2014 by Jane Cole

Problem List with all Conditions

Home Test C Courses Pre

 **TEST CLIENT (000102772)**
 M, 51, 03/10/1963
 Ht: 6' 0", Wt: 160 lbs, BMI: 21.7

Chart **Problem List** 

Problem	Other	Type	Date Identified	Date of Onset	Time Of Onset	Status	Severity	Chronicity	Date Resolved	Action	Comment	System Notes
1 Diastolic hypertension (SNOMED-48146000)		Secondary...	01/25/2012	01/25/2012		Active (A)	Moderate (2)	Undetermi...		Treating (T)	No comment	View
2 Asthma (SNOMED-195967001)			06/12/2013	02/27/1965	11:45 AM	Active (A)						View
3 Anemia (SNOMED-271737000)			11/10/2013	02/17/1967	6:03 AM	Active (A)					Test	View
4 Osteoporosis (SNOMED-64859006)			11/10/2013	09/28/1993	5:42 PM	Active (A)						View
5 Cigarette smoker (SNOMED-65568007)				12/27/2013		Active (A)						View
6 Abscess (SNOMED-128477000)				03/22/2014		Active (A)						View
7 Alcohol withdrawal delirium (SNOMED-8635005)		Secondary...		01/01/2013		Inactive (I)						View
8 Alcohol abuse (SNOMED-15167005)				01/01/2013		Active (A)						View
9 Diabetes mellitus type 2 (SNOMED-44054006)		Primary (1)		01/01/2013		Active (A)						View
10 Specify Other (Other)	Intoxication			04/01/2014		Active (A)						View
11 Food allergy (SNOMED-414285001)				04/17/2014		Active (A)						View

Treatment Plan

Avatar 2014

Home | **Test C** | Course

TEST CLIENT (000102772)
M, 51, 03/10/1963
Ht: 6' 0", Wt: 160 lbs, BMI: 21.7

Ep: 9 : Tarzana OP Mental Health PI
Problem P: Diabetes mellitus type 2
DX P: No Entry

Location: 8330 Reseda Blvd, Northridge, CA
Attn. Pract.: No Entry
Adm. Pract.: KLASSER,KEN

Client Treatment Plan

Filters

- Age Group
- Gender
- Selected Programs

Search

- ▷ Bipolar Disorder
- ▷ Childhood Trauma
- ▷ Cognitive Deficits
- ▷ Conduct Disorder
- ▷ Conflict With Partner
- ▷ Contraception
- ▷ Depression
- ▷ Diabetes Mellitus
 - ▽ Goals
 - Compliance with medication, dietary rec
 - Stabilize blood sugar levels within norm
 - Treat symptoms of hypoglycemia/hyper
 - ▽ Objectives
 - Patient will comply with blood sugar mor
 - Patient will comply with dietary restrictio
 - Patient will recognize signs and symptom
 - Patient will accept treatment for his/her
 - ▽ Interventions
 - Teach patient the need for compliance**
 - Patient will alert staff when experienci
 - Assess for signs and symptoms of hypo
 - Perform accuchecks as ordered.
 - Give nutritional supplements as recomm
 - Educate patient on importance of follow
 - Nursing staff will carry out orders of the
 - Medical/nursing assistance.
- ▷ Difficulty Transitioning
- ▷ Ear Infection
- ▷ Eating Disorder
- ▷ Edema
- ▷ Educational/Vocational Deficits: Adult
- ▷ Educational/Vocational Deficits: Youth
- ▷ Eye Infection
- ▷ Family Reunification Adolescent Removed
- ▷ GERD

Client Treatment Plan: TEST CLIENT

- ▽ **Problem: Asthma**
 - ▽ **Goals**
 - Maintain a program of recovery free os substance abuse and the negative effects of medical issues.
 - ▽ **Interventions**
 - Physician will exam the patient and make recommendations as indicated to treat the asthma and alleviate symptoms.
 - ▽ **Objectives**
 - Visit with physician for exam of asthma issues and substance abuse and cooperate with all treatment plans.
- Problem: Alcohol abuse**
- ▽ **Problem: Diabetes mellitus type 2**
 - ▽ **Goals**
 - Compliance with medication, dietary recommendations, and ongoing follow-up.
 - ▽ **Objectives**
 - Patient will comply with blood sugar monitoring as ordered by physician.
 - Patient will comply with dietary restrictions as ordered by physician.**

Add New Problem | Add New Goal | Add New Objective | Add New Intervention

Objective

Patient will comply with dietary restrictions as ordered by physician.

Date Opened
04/22/2014

Status
Active

Staff Assigning

Date Due

Date Closed

Staff Responsible



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Questions



For More Information & Resources

Visit www.integration.samhsa.gov or
e-mail integration@thenationalcouncil.org

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CIHS promotes the development of integrated primary and behavioral health services to better address the needs of individuals with mental health and substance use conditions, whether seen in behavioral health or primary care provider settings.

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If you have additional questions/comments please send them to:

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