COVID-19 Office Hours
Self-Care and Stress Management

Thursday, March 26, 2020
3:00-4:00pm ET
Upcoming COVID-19 Office Hour Calls

Finance and Operations
Tuesday March 31, 3:00-4:00pm ET
Register here: https://zoom.us/webinar/register/WN_MFmTI-5_TA2PcMxOoDKHBA

Substance Use Disorder Services
Thursday April 2, 3:00-4:00pm ET
Register here: https://zoom.us/webinar/register/WN_bCnC7mFMRzSfmBB37Dhirw

Children, Youth, and Families
Information coming soon!

Residential Treatment Services
Information coming soon!

Telehealth and Telemedicine
Information coming soon!
Resources

• CDC’s Resources for Managing Anxiety and Stress during COVID-19
• The Center for the Study of Traumatic Stress: Sustaining the Well-Being of Healthcare Personnel
• The Center for the Study of Traumatic Stress: Caring for Patient’s Mental Well-Being
• APA: Coronavirus and Mental Health: Taking Care of Ourselves During Infectious Disease Outbreaks
• National League of Cities - Prioritize Equity in COVID-19 Response

• Questions? Email: integration@thenationalcouncil.org