

# SAMHSA-HRSA CENTER for INTEGRATED HEALTH SOLUTIONS

Depression and SBIRT

Management

Nick Szubiak Director of Practice Improvement





# Setting the Stage: Today's Moderator



Madhana Pandian
Associate
SAMHSA-HRSA Center for Integrated Health Solutions



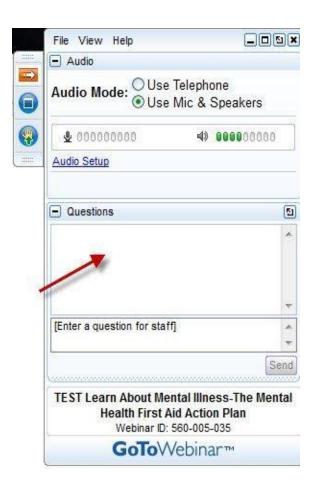


# Slides for today's webinar will be available on the CIHS website:

www.integration.samhsa.gov

Under About Us/Innovation Communities

#### Our format...



#### **Structure**

Short comments from experts
Specifics from their point of view

#### **Polling You**

Every 20-minutes
Finding the "temperature" of the group

#### **Asking Questions**

Watching for your written questions

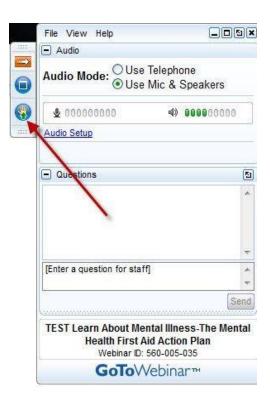
#### **Follow-up and Evaluation**

Ask for what YOU want or expect Ideas and examples added to the AOS Resource Center



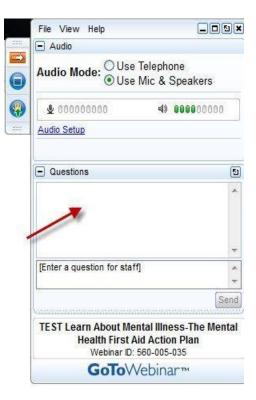


#### How to ask a question during the webinar



If you dialed in to this
webinar on your phone
please use the "raise
your hand" button and
we will open up your
lines for you to ask your
question to the group.
(left)

If you are listening to this webinar from your computer speakers, please type your questions into the question box and we will address your questions. (right)



### Innovation Community Participants



	Organization Name:	Contact Person	Email Address
	Community Health & Dental Care, Inc.	Bridgettte Mcgivern, CEO	bmcgivern@ch-dc.org
	Community of Hope	Victoria Roberts	vroberts@cohdc.org
	Eskenazi Health Center	Nancy Buxser, COO	nancy.buxser@eskenaziheal h.edu
	Harbor Homes, Inc	Carol Furlong, VP Operations	c.furlong@harborhomes.org
1	High Country Community Health	Dr. Michael Streppa, Director of Integrated Care	drstreppahcch@gmail.com
	Kenosha Community Health Center, Inc.	Kathy Bauernfeind, Grant Manager	kbauernfeind@kenoshachc.o g
	Kokua Kalihi Valley Health Center	Jui Feng Tatekawa-Chen	mchen@kkv.net
	Lanai Community Health Center	Serenity Chambers	schambers@lanaicommunity ealthcenter.org
	Lynn Community Health Center	Mark Alexakos	malexakos@lchcnet.org

### Innovation Community Participants



	Organization Name:	Contact Person	Email Address
	Mary's Center	Susan Fleischmann and Gretchen Gates	sfleischmann@maryscenter.o rg & GGates@maryscenter.org
	Memphis Health Center, Inc.	Marilyn Burress	mburress@mphshc.org
	Middletown Community Health Center, Inc.	Kim Youchah	kyouchah@middletownchc.or g
	Neighborhood Family Practice	Peggy Keating	pkeating@nfpmedcenter.org
	Northeast Valley Health Corportation	Rena E. Shpegel, Director of Grants and Contracts	RenaShpegel@nevhc.org
	Open Door Health Services	Amanda McKinley, LCSW	armckinley@opendoorhs.org
	PrimaryOne Health	Staci Swenson, Integrated Care Manager	staci.swenson@primaryoneh ealth.org
	Roanoke Chowan Community Health Center, Inc.	Michelle Lewis, LCSW	mlewis@rcchc.org
	SWLA Center for Health Services	Dr. Horatio Millin; Behavioral Health	hmillin@swlahealth.org
	Tri-Town Community Action Agency	Joseph R. DeSantis, CEO	bdowlatshahi@tri-town.org
1	University of Colorado Denver: Sheridan Health Services	Mary Kay Meintzer, Behavioral Health Program Director	marykay.meintzer@ucdenver. edu
	Welsh Mountain Health Centers	Georgette Dukes McAllister	gdukesmcallister@wellspan.o rg
	Zufall Health Center	Julie Krupinski, Director of Behavioral Health	jkrupinski@zufallhealth.org

# Listserv

Look for updates from:

<a href="mailto:bh\_integration\_ic@">bh\_integration\_ic@</a>
<a href="mailto:nationalcouncil">nationalcouncil</a>
<a href="mailto:communities.org">communities.org</a>





# Setting the Stage: Today's Facilitator



Nick Szubiak
Integrated Health Consultant
SAMHSA-HRSA Center for Integrated Health Solutions

# **Overview of Today's Webinar**

- What Have I Signed-up For?: Review of the Innovation Community Objectives
- Getting to Know Each Other: Who are your IC Colleagues?
- Calendar of Events
- Review the Organizational Self-Assessment Tool & Work Plan
- Wrap-up Questions

### What is an Innovation Community?

- Intensive nine month rapid improvement process
- Distance-learning infrastructure:
  - Webinars
  - Conference Calls
  - List Serve
  - Website
- Subject matter & peer-based learning approach

## **IC Learning Objectives**

- This Innovation Community is designed to bolster your integrated model of care by increasing screening, interventions and work flows that will result in improved UDS measures.
- Improve depression screening and follow-up measures to improve use of evidence-based practices for treating depression
- Implement your plan for screening, brief intervention and referral to treatment (SBIRT) and other evidence-based practices
- Use your EHR for effective data recording, analysis and communication of outcomes to your teams

### By the end of the Innovation Community

Your health center will have a plan and structure for sustaining these practices.

The Innovation Community offers another opportunity for you to examine your workflows and processes to ensure changes made with BHI funding become an ongoing part of your organizational culture and practice.

#### **Getting to Know Each Other!**

State Represented:

Urban/Suburban/Rural/Frontier:

Services Provided:

Who are you Serving?:

Number of People Served:

Do you provide Depression Screening and SBIRT?:

What do you want to get out of our Innovation Community?

How did your organization get its name?

#### **Areas Served**

- 12 Urban 60%
- 1 Suburban 5%
- 4 Rural 20%
- 2 Urban/Rural 10%
- 1 Rural/Urban/Suburban 5%

#### Who are we serving?

46.15 % White

24.85 % African American

19.55% Hispanic/Latino

1.15% American Indian/Native Alaskan

8.5% Asian/Pacific Islander

62.45% Adults

29.85% Children

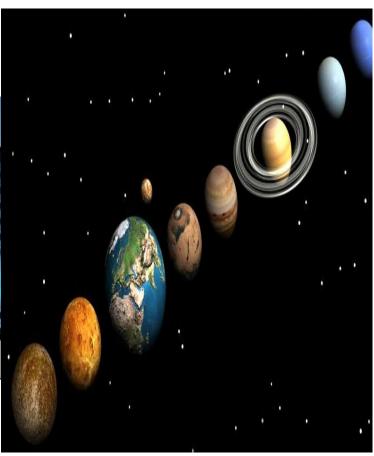
9.5% Older Adults

(Percentages represent all IC members combined)

# **UDS – Uniform Data System**







#### **Poll Question #1**

Does your health center communicate and share UDS data?

Yes

No

## Do you know your UDS data?

It is "a core set of information appropriate for reviewing the operation and performance of health centers". UDS data are collected at the grantee, state, and national levels.

#### What does UDS track?

UDS tracks a variety of information, including patient demographics, services provided, staffing, clinical indicators, utilization rates, costs, and revenues.

#### Its what health centers do.....

It is a reporting requirement of grantees in the HRSA primary care programs including, **Community Health Centers**, Migrant Health Centers, Health Care for the Homeless, Public Housing Primary Care

#### **Poll Question**

Do you know your UDS scores for depression?

Yes

No

### Organizational Self-Assessment (OSA)

#### **Part One:**

Completing the organizational assessment

# Part 2. Linking Your Org Self Assessment Scores to your IC Work Plan

The OSA was designed to provide new perspectives on the work you need to do to improve screening, interventions, and producing meaningful data.

Unpacking your scores can lead to a clear steps your organization needs to take to develop and execute a work plan.

# Work Plan Development

Every IC member must develop a work plan targeting 1-3 goals that are achievable by August of 2016.

Using a SMART approach to setting goals is a useful approach.



### **Common Work Plan Components**

- 1. Charge from Leadership
- 2. Goals/Objectives/Tasks
- 3. Responsible Lead Staff
- 4. Supporting Staff
- Measurable Target Outcome(s)
- 6. Timeline & Due Date/Completion Date
- 7. Resources Required

### **Sample Work Plan Elements**

- 1. Goal: Increase percentage of pts 12+ for depression
- 2. Objective1: Determine availability of data
- 3. Tasks: Sally R & Fred J to meet with billing specialist and "UDS Data Guru" to identify and collect data
- 4. Responsible Lead Staff: Fred J.
- 5. Supporting Staff: Sally R., Jim J., Erika P.
- Outcome(s): Aggregation of UDS data into report Date/Completion Date: March 1st
- 7. Resources Required: 3 hrs of IC team staff time; 15 hrs of finance dept. staff time

# UDS Depression Screening and Follow-Up Measure

**PERFORMANCE MEASURE**: The performance measure is percentage of *patients* aged 12 years and older *screened* for clinical depression using an *age appropriate standardized tool* AND *follow-up plan* documented.

Health Center 2014 National Average = 38.8%

### **Key SBIRT Guidelines and Protocols**

Clinical guideline or SBIRT implementation

Referral to treatment

Documentation through EHR

Quality improvement

On boarding of new staff

Competency-based evaluation

# Clinical Guideline for SBIRT Implementation

Define the clinical pathway or protocol for SBIRT practice Identify policy for SBIRT:

- Target population for screening and intervention
- Screening frequency
- Purpose of intervention

Defines screening instruments

Defines positive and negative screening result interpretation

Identifies roles and responsibilities of staff for all components of the SBIRT process

Establishes decision pathway for various patient presentations to guide staff interventions

#### **Webinar Schedule**

Webinar Number	Date	Time
January #1	Jan. 20	10 - 11am
February #2	Feb. 24	3 - 4pm
March #3	Mar. 23	3 - 4pm
April #4	Apr. 20	3 - 4pm
May #5	May 25	3 - 4pm
June #6	Jun. 22	3 - 4pm
July #7	Jul. 20	3 - 4pm
August #8	Aug. 24	3 - 4pm

#### Homework

- Complete Organizational Self-Assessment (OSA)
- Choose/Convene Core Implementation Team
- Begin Developing Work Plan

# **Questions/Discussion**





