



# SAMHSA-HRSA CENTER for INTEGRATED HEALTH SOLUTIONS

## Depression and SBIRT Management

Nick Szubiak  
Director of Practice Improvement

# Setting the Stage: Today's Moderator



Madhana Pandian  
Associate

SAMHSA-HRSA Center for Integrated Health Solutions

**Slides for today's webinar will  
be available on the CIHS  
website:**

**[www.integration.samhsa.gov](http://www.integration.samhsa.gov)**

**Under About Us/Innovation Communities**

# Our format...



## Structure

Short comments from experts

Specifics from their point of view

## Polling You

Every 20-minutes

Finding the “temperature” of the group

## Asking Questions

Watching for your written questions

## Follow-up and Evaluation

Ask for what YOU want or expect

Ideas and examples added to the  
AOS Resource Center

# How to ask a question during the webinar



If you dialed in to this webinar on your phone please use the “raise your hand” button and we will open up your lines for you to ask your question to the group. **(left)**

If you are listening to this webinar from your computer speakers, please type your questions into the question box and we will address your questions. **(right)**



# Innovation Community Participants



Organization Name:	Contact Person	Email Address
Community Health & Dental Care, Inc.	Bridgettte McGivern, CEO	bmcgivern@ch-dc.org
Community of Hope	Victoria Roberts	vroberts@cohdc.org
Eskenazi Health Center	Nancy Buxser, COO	nancy.buxser@eskenazihealth.edu
Harbor Homes, Inc	Carol Furlong, VP Operations	c.furlong@harborhomes.org
High Country Community Health	Dr. Michael Streppa, Director of Integrated Care	drstreppahcch@gmail.com
Kenosha Community Health Center, Inc.	Kathy Bauernfeind, Grant Manager	kbauernfeind@kenoshachc.org
Kokua Kalihi Valley Health Center	Jui Feng Tatekawa-Chen	mchen@kkv.net
Lanai Community Health Center	Serenity Chambers	schambers@lanaicommunityhealthcenter.org
Lynn Community Health Center	Mark Alexakos	malexakos@lchcnet.org

# Innovation Community Participants



Organization Name:	Contact Person	Email Address
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Memphis Health Center, Inc.	Marilyn Burress	mburress@mphshc.org
Middletown Community Health Center, Inc.	Kim Youchah	kyouchah@middletownchc.org
Neighborhood Family Practice	Peggy Keating	pkeating@nfpmedcenter.org
Northeast Valley Health Corporation	Rena E. Shpegel, Director of Grants and Contracts	RenaShpegel@nevhc.org
Open Door Health Services	Amanda McKinley, LCSW	armckinley@opendoorhs.org
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# Listserv

Look for updates from:  
[bh\\_integration\\_ic@  
nationalcouncil  
communities.org](mailto:bh_integration_ic@nationalcouncilcommunities.org)



# Setting the Stage: Today's Facilitator



Nick Szubiak  
Integrated Health Consultant  
SAMHSA-HRSA Center for Integrated Health Solutions

# Overview of Today's Webinar

- What Have I Signed-up For?: Review of the Innovation Community Objectives
- Getting to Know Each Other: Who are your IC Colleagues?
- Calendar of Events
- Review the Organizational Self-Assessment Tool & Work Plan
- Wrap-up Questions

# What is an Innovation Community?

- Intensive nine month rapid improvement process
- Distance-learning infrastructure:
  - Webinars
  - Conference Calls
  - List Serve
  - Website
- Subject matter & peer-based learning approach

# IC Learning Objectives

This Innovation Community is designed to bolster your integrated model of care by increasing screening, interventions and work flows that will result in improved UDS measures.

Improve depression screening and follow-up measures to improve use of evidence-based practices for treating depression

Implement your plan for screening, brief intervention and referral to treatment (SBIRT) and other evidence-based practices

Use your EHR for effective data recording, analysis and communication of outcomes to your teams

# By the end of the Innovation Community

Your health center will have a plan and structure for sustaining these practices.

The Innovation Community offers another opportunity for you to examine your workflows and processes to ensure changes made with BHI funding become an ongoing part of your organizational culture and practice.

# Getting to Know Each Other!

State Represented:

Urban/Suburban/Rural/Frontier:

Services Provided:

Who are you Serving?:

Number of People Served:

Do you provide Depression Screening and SBIRT?:

What do you want to get out of our Innovation  
Community?

How did your organization get its name?

# Areas Served

12 Urban 60%

1 Suburban 5%

4 Rural 20%

2 Urban/Rural 10%

1 Rural/Urban/Suburban 5%

# Who are we serving?

46.15 % White

24.85 % African American

19.55% Hispanic/Latino

1.15% American Indian/Native Alaskan

8.5% Asian/Pacific Islander

62.45% Adults

29.85% Children

9.5% Older Adults

(Percentages represent all IC members combined)



# UDS – Uniform Data System



# Poll Question #1

Does your health center communicate and share UDS data?

Yes

No

## Do you know your UDS data?

It is “a core set of information appropriate for reviewing the operation and performance of health centers”. UDS data are collected at the grantee, state, and national levels.

# What does UDS track?

UDS tracks a variety of information, including patient demographics, services provided, staffing, clinical indicators, utilization rates, costs, and revenues.

## Its what health centers do.....

It is a reporting requirement of grantees in the HRSA primary care programs including, **Community Health Centers**, Migrant Health Centers, Health Care for the Homeless, Public Housing Primary Care

# Poll Question

Do you know your UDS scores for depression?

Yes

No

# Organizational Self-Assessment (OSA)

## Part One:

- Completing the organizational assessment

## **Part 2. Linking Your Org Self Assessment Scores to your IC Work Plan**

The OSA was designed to provide new perspectives on the work you need to do to improve screening, interventions, and producing meaningful data.

Unpacking your scores can lead to a clear steps your organization needs to take to develop and execute a work plan.



# Work Plan Development

Every IC member must develop a work plan targeting 1-3 goals that are achievable by August of 2016.

Using a SMART approach to setting goals is a useful approach.



# Common Work Plan Components

1. Charge from Leadership
2. Goals/Objectives/Tasks
3. Responsible Lead Staff
4. Supporting Staff
5. Measurable Target Outcome(s)
6. Timeline & Due Date/Completion Date
7. Resources Required

# Sample Work Plan Elements

1. **Goal:** Increase percentage of pts 12+ for depression
2. **Objective1:** Determine availability of data
3. **Tasks:** Sally R & Fred J to meet with billing specialist and “UDS Data Guru” to identify and collect data
4. **Responsible Lead Staff:** Fred J.
5. **Supporting Staff:** Sally R., Jim J., Erika P.
6. **Outcome(s):** Aggregation of UDS data into report  
**Date/Completion Date:** March 1st
7. **Resources Required:** 3 hrs of IC team staff time; 15 hrs of finance dept. staff time

# UDS Depression Screening and Follow-Up Measure

**PERFORMANCE MEASURE:** The performance measure is percentage of *patients* aged 12 years and older *screened* for clinical depression using an *age appropriate standardized tool* AND *follow-up plan* documented.

Health Center 2014 National Average = 38.8%

# Key SBIRT Guidelines and Protocols

Clinical guideline or SBIRT implementation

Referral to treatment

Documentation through EHR

Quality improvement

On boarding of new staff

Competency-based evaluation

# Clinical Guideline for SBIRT Implementation

Define the clinical pathway or protocol for SBIRT practice

Identify policy for SBIRT:

- Target population for screening and intervention
- Screening frequency
- Purpose of intervention

Defines screening instruments

Defines positive and negative screening result interpretation

Identifies roles and responsibilities of staff for all components of the SBIRT process

Establishes decision pathway for various patient presentations to guide staff interventions

# Webinar Schedule

Webinar Number	Date	Time
January #1	Jan. 20	10 - 11am
February #2	Feb. 24	3 - 4pm
March #3	Mar. 23	3 - 4pm
April #4	Apr. 20	3 - 4pm
May #5	May 25	3 - 4pm
June #6	Jun. 22	3 - 4pm
July #7	Jul. 20	3 - 4pm
August #8	Aug. 24	3 - 4pm

# Homework

- Complete Organizational Self-Assessment (OSA)
- Choose/Convene Core Implementation Team
- Begin Developing Work Plan



# Questions/Discussion

