



SAMHSA-HRSA Center for Integrated Health Solutions

Integrating Behavioral Health in a Primary Care Setting Innovation Community

Webinar #4
March 20, 2015

Today's Agenda



- Implementation Planning
- Hear from colleagues
- CIHS Resources

In February



Maureen Neal & David Pullen, The Daily Planet



- Integration lessons learned
- Clinical, structural, financial changes
- Being resourceful is critical

Implementation Plans



Implementation Objective #1:

Action Steps	Champion	Timeline	Learnings, challenges & opportunities
3/1/15			
5/1/15			
7/1/15			

You Said...



Staffing

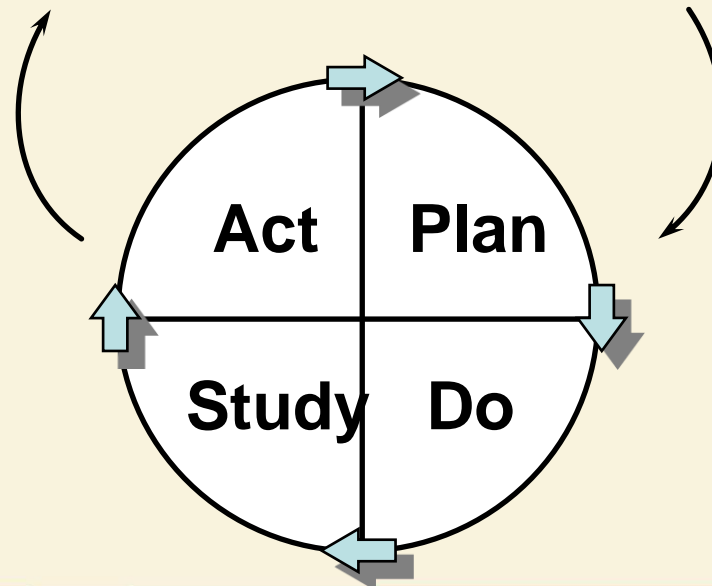
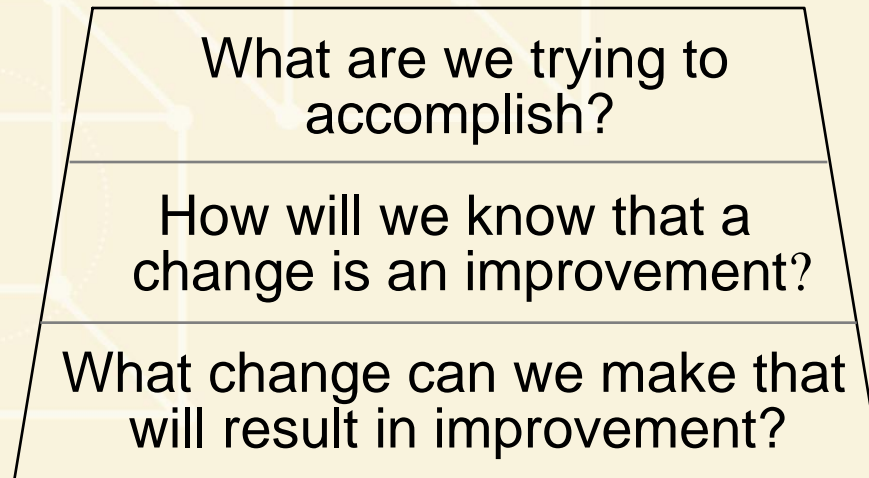
- New team members
- Training
- Communication

Protocols & Workflows

- Clinical decision making
- Follow-up
- Usual care vs integrated care

Financing

- Billable services
- Sustaining BH services in primary care



Hearing from Colleagues

Stan Sorensen & Nicole Martin

Bartz—Altadonna Community Health Center
Lancaster, CA

Michelle Holmberg

Screening for Mental Health, Inc.
Wellesley Hills, MA

ABOVE AND BEYOND



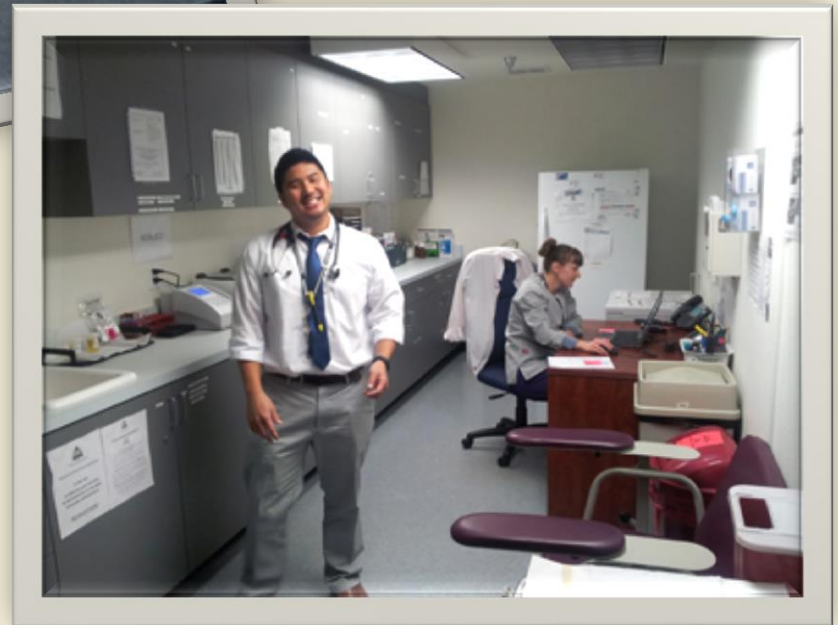
With one FTE

Bartz-Altadonna Community Health Center



BARTZ-ALTADONNA
Community Health Center

SAMHSA-HRSA *Center for Integrated Health Solutions*



FOR BEHAVIORAL HEALTH
MENTAL HEALTH FIRST AID
Healthy Minds. Strong Communities.

SAMHSA
www.samhsa.gov 1-877-SAMHSA-7 (1-877-726-4727)

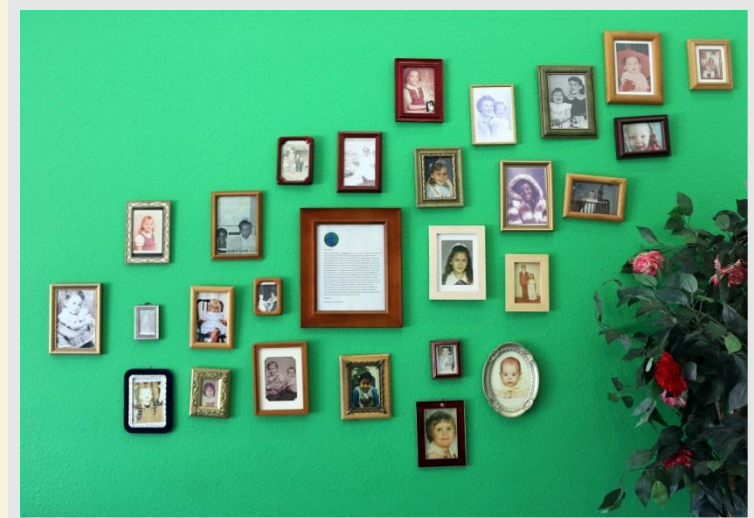
www.integration.samhsa.gov

Our Services

- Primary Care
- HIV Care
- Hepatitis C Care
- Women's Health
- Reproductive Health and Family Planning
- Mental Health Care

History

- HIV & Medical Clinic
- Healing Center, 2009
- FQHC, 2012
- Intern Model



Collaboration with outside agencies



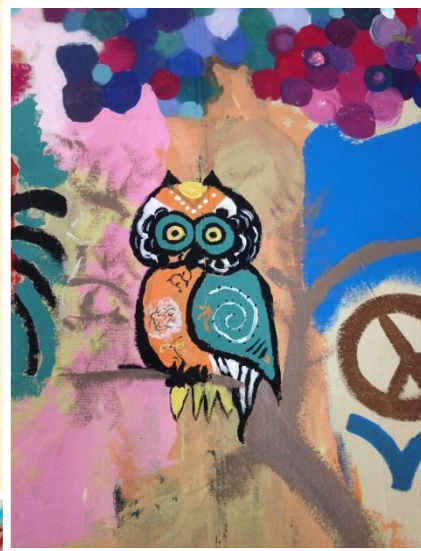
Health Fairs

Hosting Groups – Project Return the Next Step

Group Activities

Art Therapy
Mindfulness
Phototherapy
Equine Therapy
Grief and Loss Group
Co-Dependency
Drug and Alcohol Dependency
Creative Quilting
DBT Skills Groups
Brunch Club
Movement Therapy
Healing Workshops

Art Therapy



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Quilting

Creating stories with cloth
Deconstruction/Reconstruction



Brunch Club



Phototherapy

“Photographs are footprints of our minds, mirrors of our lives, reflections from our hearts, frozen memories that we can hold in silent stillness in our hands-- forever if we wish. They document not only where we have been, but also point the way to where we might perhaps be heading...”

— Judy Weiser, R.Psych. A.T.R, Founder/Director of the
PhotoTherapy Centre

Projective Techniques

Could include: family photos, photos taken by the client, metaphorical or abstract projects

Mindfulness

- Stress Reduction
- Relaxation
- Healing

Mindful Field Trip to Lake Shrine Temple



DBT Team Approach- Building a Life Worth Living

Geared toward challenging populations

Individual & co-therapy

Team support for therapists

Skills groups

Equine Growth & Learning Workshops

- EAGALA Model
- Bimonthly, 2011



Healing Workshops

- Growth & Transition
- Grief & Loss
- Drum Circle
- Visualization of future



Phototherapy: Family Sculpting Example





BARTZ-ALTADONNA
Community Health Center

Thank you.

For more information visit

www.bartz-altadonna-chc.org/ or call 661.874.4239

Stan Sorensen, MFT

Nicole Martin MFT Trainee

MindKare®

Mental Health Screening Kiosks

Presented by:

Michelle D. Holmberg, MA

Director of Programs

Screening for Mental Health, Inc.

Who We Are

Screening for Mental Health, Inc. (SMH)

- Pioneered the concept of large-scale mental health screenings to the public with National Depression Screening Day® in 1991.
- We provide innovative mental health and substance use resources, linking those in need with quality treatment options.
- We envision a world where mental health is viewed and treated with the same gravity as physical health.

Design Challenge

The Scattergood Foundation's 2014 Design Challenge

- Problem statement: The 2013-2014 Design Challenge is exploring the most effective avenue to integrate mental health care into retail clinics. An American Heart Association (AHA) report stated to improve the quality of mental health care in the United States actions must be taken, which includes:
 1. Improving public awareness of effective treatment
 2. Making it easier to find the care needed and access to it
 3. Reducing the financial barriers to treatment

Pilot Site: QCare

Brief, mental health
assessments

MHFA Trainings

Located near:

- Retail clinic
- Blood pressure cuff
- Pharmacy



Challenges of Pilot Site

Daily maintenance of kiosk

Hardware issues

Communication

Technology issues

Transitioned to new screening platform

Successes of Pilot Site

Fostered new partnerships

Launched the first ever mental health screening kiosk
in US

Promotion and marketing support

Identified local resources for community members

Troubleshooting support

Offering trainings to new audiences

Initial Lessons Learned

Understanding “Readiness”

- Creating processes for determining readiness
- Advancing the technology



Readiness Processes

What we are asking from sites:

- Letter of commitment
- Readiness checklist
- Agreement

Readiness Checklist

- Utilization: foot traffic
- Logistics: WiFi vs. hard routed
- Staffing: daily maintenance
- Launch: plan for getting word out

Technology

- Remote access for ease with troubleshooting
- Ability to lock in program/website
- Computer embedded within physical kiosk
- Printer built into kiosk

Next Steps

Survey existing healthcare-related clients

- How are you currently using screening platform?
- Additional instruments?
- What does success look like, re: integration?

Host webinar(s)

- Continue Kiosk Learning Collaborative

Contact Info

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Director of Programs

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Featured CIHS Resources



State Billing Worksheets

<http://www.integration.samhsa.gov/financing/billing-tools>

Screening Tools

<http://www.integration.samhsa.gov/clinical-practice/screening-tools>

Workforce Recruitment and Retention

<http://www.integration.samhsa.gov/workforce/recruitment-retention>

Next Steps

- **Late March – Early April: Small group calls**
Max: 7 attendees each
- **April 15 3-4pm EST: Webinar #5**
Hearing from colleagues



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**Slides for today's webinar are
available on the CIHS website at:**

www.Integration.samhsa.gov

under About Us/Innovation Communities



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Thank you for joining us today.

**Please take a moment to provide your
feedback by completing the survey at the
end of today's webinar.**