



**SAMHSA-HRSA
Center for Integrated
Health Solutions**

Using Data to Promote Quality Improvement Activities

Community Support & Treatment Services in partnership with Washtenaw Community Health Organization

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About the Speakers

Trish Cortes, RN, MS is the Director of Community Support and Treatment Services, which is the Washtenaw County Community Mental Health Provider. Trish has been involved in the project since the beginning.

Brandie Hagaman, MPH is the Disease Management Supervisor. Brandie oversees the PBHCI staff and the everyday details of the Disease Management project.

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About the Speakers

Mike Harding is the Chief Information Officer for Community Support and Treatment Services. Mike was also the Principal Investigator on the SAMHSA HIT grant that was awarded to the WCHO in 2012.

Jessica Sahutoglu, MS is a Statistician with the Washtenaw Community Health Organization. Jessica provides the data and analysis for the PBHCI project.

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Agenda

- Who we are
- A little history
- Our PBHCI model
- How we use data
- Infrastructure keys to success

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Who are we?

- Community Mental Health Center
- Populations Served:
 - 2,630 Adults with Mental Illness
 - 860 Adults with Intellectual Disability
 - 566 Children with Severe Emotional Disturbance & Intellectual Disabilities

4,056 Total Served

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History

- Implementation of an Electronic Medical Record in 2001
- Vastly enhance our ability to extract data
- Introduced Personal Health Review
 - Self report of overall health
 - Vitals
 - Emergency Department utilization
 - Hospitalization utilization
 - Presence of chronic health condition

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PBHCI Model

- Reverse Co-Location (Primary Care in CMH Setting)
- Target Population:
 - At risk or presence of a chronic condition
 - Inadequate natural supports
- Strong Emphasis on Disease Management Approach
 - Wellness Education
 - Strong Partnerships with Safety Net Clinics

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Data Driven Recruitment

Key data elements used for stratification

- Consumer self rated health as "poor" or "fair"
- Presence of disease or clusters of conditions (diabetes, hypertension, cardiovascular disease, asthma/ COPD)
- Utilization of medical hospitalization and ER in last year
- Presence of certain ambulatory sensitive conditions (heart disease symptoms)
- Tobacco use

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Basic Clinical Workflow

```

graph TD
    TD[Tier Data] --> AN[Assigned a Nurse]
    R[Referral] --> AN
    AN --> TP{Target Population?}
    TP -- N --> CR[Refer to Community Resources]
    TP -- Y --> TXP[TX Plan Developed  
Individual Plan of Service  
Includes both Physical and Behavioral Goals  
Referrals]
    TXP --> MI[Minimum of 90 day intervals  
Visits  
Labs  
Overall Health Assessment of Goals  
Hospitalization  
Progress Towards Goals]
    MI --> M[6 Months]
    M --> NCMS[NCMS]
  
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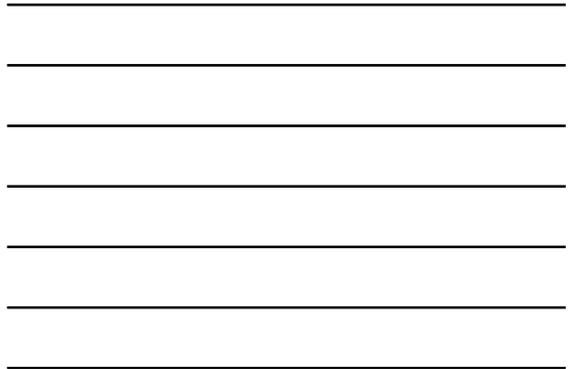
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Dashboard

- Dashboard is used to monitor the wellbeing of the consumer's health
- Fosters a culture which values integrated health
- Monitor and manage the overall implementation of the PBHCl grant
- Monitor and analyze clinical interventions

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Dashboard

SAMHSA enrollment and Disease Management (DM) contacts
double click cell counts for consumer detail

Row Labels	1. All DM contacts in 12 months	2. DM contacts in 12 months	3. DM contacts in 12 months	4. All DM contacts in 12 months	5. No DM services	Grand Total
1. SAMHSA ENROLLED (N=100)	100	21	5	22	1	114
Ohio, Cynthia	1	1	1	1	1	5
Ohio, Phyllis	1	1	1	1	1	5
Hack, John	1	1	1	1	1	5
Laguard, Anne (Sharon)	1	1	1	1	1	5
Vannoy, Maria	1	1	1	1	1	5
Morral, Lucine	1	1	1	1	1	5
Rama, Linda	1	1	1	1	1	5
Kantberger, Merton	1	1	1	1	1	5
Sumner	1	1	1	1	1	5
2. SAMHSA DISCHARGED (N=100)	1	1	1	1	1	5
Ohio, Cynthia	1	1	1	1	1	5
Ohio, Phyllis	1	1	1	1	1	5
Hack, John	1	1	1	1	1	5
Laguard, Anne (Sharon)	1	1	1	1	1	5
Vannoy, Maria	1	1	1	1	1	5
Morral, Lucine	1	1	1	1	1	5
Rama, Linda	1	1	1	1	1	5
Kantberger, Merton	1	1	1	1	1	5
Sumner	1	1	1	1	1	5
Grand Total	101	22	6	23	2	119

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VITALS: % Improving/maintaining outcomes among active SAMHSA consumers

double click cell counts for consumer detail

Consumer	Current	2+ DM contacts in 12 months	DM contacts in 12 months						
Ohio, Cynthia	20	20	100%	20	100%	20	100%	20	100%
Ohio, Phyllis	20	20	100%	20	100%	20	100%	20	100%
Hack, John	20	20	100%	20	100%	20	100%	20	100%
Laguard, Anne (Sharon)	20	20	100%	20	100%	20	100%	20	100%
Vannoy, Maria	20	20	100%	20	100%	20	100%	20	100%
Morral, Lucine	20	20	100%	20	100%	20	100%	20	100%
Rama, Linda	20	20	100%	20	100%	20	100%	20	100%
Kantberger, Merton	20	20	100%	20	100%	20	100%	20	100%
Sumner	20	20	100%	20	100%	20	100%	20	100%
Grand Total	100	100	100%	100	100%	100	100%	100	100%

VITALS: Percent improving/maintaining outcomes, disease management vs. CMH population

Legend: ● Behavior of health plus disease management, ● Best behavior of health

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Infrastructure

- NOMS dates
- Overall Health
- Handling Daily Life
- Control Life
- Symptoms
- Hopeless
- Depressed
- Everything Effort
- Tobacco Use
- Enrolled
- employment
- Recover
- Responsibility
- Side Effects
- Information Needed
- Consumer Run Programs
- Like Services
- Belong In Community
- Support From Family

- Smoking Status
- Vitals
- Hospitalizations
- Referrals
- Primary Care Physician
- Services Utilization
- Goals
- Overall Health
- Labs

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Basic Infrastructure Keys to Success

- Staffing Collaboration
 - Tech
 - Data
 - Clinical
 - Leadership
- EMR Must Match Clinical Workflow
 - Multitude of Meetings
 - "Shadowing"
 - Access Database to Start
 - Over 20 Different Design Iterations
- Tools (need at least one)
 - Excel
 - Access
 - Data Analytical Software (SPSS, SAS, etc.)

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Enhanced Infrastructure Keys to Success

- Mobile Technology
- Data/Dashboard
- Provide consumer access to Personal Health Record

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