


What's New at SAMHSA FY 2015-2016

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SAMHSA Regional Administrator
Region I (New England)

PBHCI Region I Meeting
JFK Federal Building, Boston, MA 02203
January 25 – 26, 2016



Implementation of Agency Priorities

Prevention

- Underage drinking Report to Congress on State Underage Drinking Prevention Activities: scientific research on adolescent alcohol use.

Integration

- Health Care & Health Systems Integration Payment systems work in progress Value-Based Purchasing (VBP) & Merit-Based Incentive Payment Systems (MIPS) to align SAMHSA's priorities in coordinated care with CMS CMMI's development of rules authorized by MACRA legislation. Goal to coordinate BH services with future provider payment systems.

Trauma and Justice

- ACA Enrollment Available on CMS website: SAMHSA Criminal Justice Enrollment Toolkit for special population enrollment

Recovery Support

- Homelessness Administration's commitment to providing permanent supportive housing and support community integration for people with long-term services & support needs through cost-effective, evidence-based solutions. With new programs aimed at strengthening state-level collaboration between health & housing agencies



Implementation of Agency Priorities (cont.)

- Million Heart Campaign CDC's Million Hearts Campaign focused on cardiovascular diseases among individuals w/ BH disorders. Campaign centered on smoking cessation

Health Information Technology

- 42 CFR Part 2 Interested in area patient confidentiality and restrictions on disclosure in the regulation apply to third party payers with regard to records disclosed to them by federally assisted programs (2.12(d)(2))

Emerging Issues & Opportunities

- GAO Report on SAMHSA's MH Grants Management (including CDP) Handbook is completed and staff training is ongoing
- Clozapine guidelines & REMS new guidelines addressing safety concerns, neutropenia, and REMS to reduce the administrative burden
- Workforce Development



NCTSN Learning Center's New Product

Trauma & IDD Toolkit:

“The Road to Recovery Supporting Children with Intellectual Developmental Disabilities Who Have Experienced Trauma”



Conversion Therapy Report

SAMHSA report shows conversion therapy not appropriate for minors, offers methods to support LGBTQ and gender non-conforming children

Thursday, October 15, 2015

The Substance Abuse and Mental Health Services Administration (SAMHSA) is releasing "Ending Conversion Therapy: Supporting and Affirming LGBTQ Youth," a comprehensive report that provides an in-depth review of research and clinical expertise related to conversion therapy. This important new resource makes it clear that conversion therapy is not an appropriate therapeutic approach based on the evidence, and explores alternative ways to discuss sexual orientation, gender identity, and gender expression with young people.

The report includes the first publication of consensus statements developed by an expert panel held by the American Psychological Association in July 2015. The expert panel included researchers and practitioners in child and adolescent mental health with a strong background in gender development, gender identity, and sexual orientation in children and adolescents. Experts with a background in family therapy, ethics, and the psychology of religion also participated.

Through a collaborative process, this panel found that variations in sexual orientation and gender identity are normal, and that conversion therapies or other efforts to change sexual orientation or gender identity are not effective, are harmful, and are not appropriate therapeutic practices. The report provides an overview of existing efforts to eliminate the practice of conversion therapy.

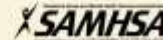
"When dealing with a sensitive topic such as gender identity or sexual orientation in young people, it is essential that families, educators, caregivers, and providers seek the best available information and advice," said SAMHSA Acting Administrator Krista Enomets. "SAMHSA's report provides this information, as well as resources young people, families and others can use to promote healthy development for all youth."

The information and resources contained within the report include a review of the research in this area, detailed information on supportive therapeutic approaches, areas of opportunity for future research, existing strategies to end the practice of conversion therapy, and targeted guidance for various audiences.

These materials help providers, families, and caregivers support their LGBTQ and gender non-conforming children and adolescents. They also illustrate practices that may contribute to the health disparities facing LGBTQ youth, which should be avoided.

Ending Conversion Therapy: Supporting and Affirming LGBTQ Youth is available at: <http://www.samhsa.gov/2k15/ending-conversion-therapy>

For further information about SAMHSA please visit: www.samhsa.gov



5

Download New Resource Apps

Mobile Resources To Support Behavioral Health

6

Download Free Apps From SAMHSA



This New Year, resolve to promote positive behavioral health in your community. SAMHSA has resources that can help address some of the toughest mental health and substance use challenges, including suicide prevention, bullying prevention, behavioral health following a disaster, and underage drinking prevention.

- **Suicide Safe** helps health care providers integrate suicide prevention strategies into their practice and address suicide risk among their patients.
- **KnowBullying** provides information and guidance on ways to prevent bullying and build resilience in children. A great tool for parents and educators, KnowBullying is meant for kids ages 3 to 18.
- **SAMHSA Disaster App** provides responders with access to critical resources—like Psychological First Aid and Responder Self-Care—and SAMHSA's Behavioral Health Treatment Services Locator to help responders provide support to survivors after a disaster.
- **Talk, They Hear You** is an interactive game that can help parents and caregivers prepare for one of the more important conversations they may ever have with children—underage drinking.



IE CMHC & Senior Center Toolkit



Federal Agencies Join To Help Young Children Thrive

SAMHSA is pleased to announce the [launch](#) of an exciting new initiative to help children succeed at home, in child care, and in school. SAMHSA, the Health Resources and Services Administration, and the Administration for Children and Families announced the week that they have joined together to establish a new National Center of Excellence for Infant and Early Childhood Mental Health Consultation (IECMHC).

IECMHC is a critical component in addressing the President's goal of access to high-quality early care and education for all young children, and ensuring that more children enter kindergarten with the skills and tools they need to succeed. Currently, preschool suspension and expulsion rates are more than three times higher than in kindergarten through 12th grade (disproportionately involving young boys of color).

[Find Out More](#)

Questions? Contact:

Jennifer Oppenheim, Senior Advisor on Early Childhood, at jennifer.oppenheim@samhsa.hrsa.gov or Kim Nester, Center of Excellence Project Director, at kimnester@ic.org



Promoting Emotional Health and Preventing Suicide A Toolkit for Senior Centers



A new publication titled, [Promoting Emotional Health and Preventing Suicide: A Toolkit for Senior Centers](#) is now available to download in the SAMHSA Store.

A companion to [Promoting Emotional Health and Preventing Suicide: A Toolkit for Senior Living Communities](#), this resource is for

senior center staff and volunteers to connect older adults to a range of critical services and programs.

The toolkit offers a section on each of the three key strategies that senior centers can use to promote emotional well-being and prevent suicide among older adults. Each section describes recommended steps for carrying out the strategy and includes new relevant tools and resources, including three fact sheets that can be shared with older adults and their families as part of an educational session or other event.

[Download your copy today!](#)



Suicide Prevention FY 2015 - 2016



Just Released: Handbook for Recovery After a Suicide Attempt



A [new, revised, and expanded handbook for recovery after a suicide attempt](#) is now for review and download from the SAMHSA Store. This new booklet is designed to help people who have attempted suicide take their first steps toward healing and recovery. Tools and stories in the booklet come from the lived experiences of individuals who have survived a suicide attempt and their supporters. It is the hope of the authors that their personal

knowledge about the challenges of suicide attempts and the steps to successfully recover will help readers learn they are not alone, how to restore hope, and most importantly, how to stay safe in challenging times.

Allowing the reader to move at his or her own pace, the booklet speaks to questions such as, "How did I get to this point?" and "Am I the only one who feels this way?" The booklet also includes evidence-based information on:

- Taking the first steps: Talking with others about your attempt, re-evaluating connections, planning to stay safe, and finding a counselor
- Moving toward a hopeful future: Finding and maintaining hope, staying in control by being organized, taking medication, and maintaining a healthy lifestyle
- Using practical, personalized tools, such as a Safety Plan
- Finding online resources for more information

[Get Your Copy Today!](#)



TA Training & More...

Skills Safety: The Violence Prevention App for Health Care Providers

Available from SAMHSA

Key Features:

- Features and provides educational materials
- Treatment locator
- Domestic violence
- Community resources

For information on all SAMHSA mobile apps and other resources, please contact SAMHSA's Digital Health and Innovation Center at 1-800-458-5231. For more information, visit www.samhsa.gov/digital-health. SAMHSA is a U.S. Department of Health and Human Services agency.

Skills Safety: The Violence Prevention App for Health Care Providers is available on the App Store and Google Play. Download the app today!

Available from SAMHSA

Download on the App Store. Get it on Google Play.



Get Down Bullying: The New App from SAMHSA that can prevent bullying.

Research shows that parents and caregivers who spend at least 15 minutes a day talking with their child can reduce the likelihood of a child experiencing or being involved in bullying.

The idea you spend with kids that you discuss their attitudes and build effective strategies for not being bullied—whether children are being bullied, engaging in bullying, or witnessing bullying.

Take a few minutes and "talk to" the reality about school, after school, and any challenges they face. Reinforcing two simple conversation strategies through a discussion with your child.

App Features:

- **Conversation Starters:** Start easy, meaningful conversations with your children.
- **Tags:** Learn 20 simple to prevent bullying for ages 0-4, 4-10, and teens.
- **Warning Signs:** Recognize if your child is engaging in bullying, being bullied, or witnessing bullying.
- **Roleplay:** Talk with your child using the four basic steps: a quiet moment on the way to school or a game, being alone, or relaxing at home.
- **Send Bully:** Learn powerful strategies and useful advice via Facebook, Twitter, email, and text messages.
- **Send to Educators:** Forward bullying to the classroom and support children who are being bullied.

Put the power to prevent bullying in your hand.





Data & Health Information...



Regional Behavioral Health Barometers Now Available!



SAMHSA is pleased to announce the availability of a new series of behavioral health barometers. These barometers divide existing SAMHSA data into separate reports for each of the 10 HHS regions of the United States. Each report uses data from the National Survey on Drug Use and Health (NSDUH), collected annually. Topics addressed in the reports include youth substance use, youth mental health and treatment, adult mental health and treatment, substance use, and substance use and treatment.

[See the Regional Behavioral Health Barometers](#)



FASD Prevention Materials Focus on Healthy Pregnancy

The SAMHSA Fetal Alcohol Spectrum Disorders (FASD) Center for Excellence has released an updated version of its *How To Have a Healthy Baby* booklet series. This series provides useful guidance to encourage women to remain alcohol-free during pregnancy. The series provides tips for men and women who want to support a healthy pregnancy, and for providers who work with pregnant women.

Each booklet has been revised with expanded content and graphics, updated citations, and a simplified layout for easier readability. Booklets can be downloaded for free and disseminated to friends, family members, or your personal provider. They can also be printed and used as education/training handouts or in rack displays in providers' offices.

Originally released in 2004, the series consists of three booklets in English and Spanish.



Treatments & Recovery...

11



Take Action Against Hepatitis C



May is Hepatitis Awareness Month. SAMHSA's *Take Action Against Hepatitis C: For People in Recovery From Mental Illness or Addiction* is a consumer booklet that provides guidance about hepatitis C for people in recovery from mental illness or substance use disorders.

Topics include screening, vaccination, treatment, liver transplant, behaviors for avoiding viral hepatitis infection, and living with hepatitis C disease. Treatment providers can share individual pages with clients to support their hepatitis-related educational needs.

- [Download Take Action Against Hepatitis C](#)
- [Download Other SAMHSA Hepatitis Publications](#)



Coverage of Early Intervention Services for First-Episode Psychosis

Today the Centers for Medicare & Medicaid Services (CMS) released an informational bulletin intended to assist states in designing a benefit package to guide early treatment intervention options that will meet the needs of youth and young adults experiencing first-episode psychosis.

The bulletin reflects a joint effort with the National Institute of Mental Health, CMS's Center for Medicaid and Children's Health Insurance Program services, and SAMHSA.

[Read the Informational Bulletin](#) (PDF — 472 KB)



Crisis Response & New Programs...

12

Clinical Use of Extended-Release Injectable Naltrexone in the Treatment of Opioid Use Disorder: A Brief Guide



What We Do

Working

Policy Information

Legal Information

Conduct

Emergency Identifier

Additional Resources

Strategic Initiatives

Subject

Site and Inventory

Key Words

Related to

Revisions

Demonstration Program to Improve Community Mental Health Services (Section 223 of the Protecting Access to Medicare Act of 2014)

Learn about the United States' National Health Care (NHCC) Demonstration Program, an initiative authorized by the Medicare Access, CHIP Reauthorization Act (MACRA) of 2015.

Demonstration Program

On May 20, 2015, the Substance Abuse and Mental Health Services Administration (SAMHSA) announced the request for application (RFA) for National Community Care Demonstration Program (NCCDP). The RFA invites the states and territories to participate in the demonstration program. These states are to be selected to participate in the demonstration program in January 2016. Community Mental Health Services is currently reviewing applications for the RFA.

RFA

The RFA is available for limited electronic distribution. It is available on the SAMHSA website under the "Publications" tab. It is also available on SAMHSA's website. The RFA is available in English and Spanish. It is available in Spanish on SAMHSA's website. The RFA is available in Spanish on SAMHSA's website. The RFA is available in Spanish on SAMHSA's website.

Associated Links

- [RFA: NCCDP Demonstration Program to Improve Community Mental Health Services \(2015\)](#)
- [RFA: NCCDP Demonstration Program to Improve Community Mental Health Services \(2015\)](#)
- [RFA: NCCDP Demonstration Program to Improve Community Mental Health Services \(2015\)](#)

Background

In March 2015, Congress passed the Protecting Access to Medicare Act (PAMA) of 2014. The act was signed into law by President Obama on March 11, 2015. The act was signed into law by President Obama on March 11, 2015. The act was signed into law by President Obama on March 11, 2015.



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13

QUESTIONS?

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Behavioral Health is Essential to Health
Prevention Works
Treatment is Effective
People Recover

