

# Screening, Brief Intervention & Referral to Treatment (SBIRT)

## Strengthening Substance Use Prevention & Early Intervention

**Screening, Brief Intervention and Referral to Treatment (SBIRT)** is an evidence-based practice used to identify, reduce and prevent unhealthy substance use. Based on our comprehensive adolescent and adult SBIRT Change Packages, the National Council for Behavioral Health's consultants help implement the SBIRT framework to bolster your organization's capabilities to address co-occurring disorders and position you for integrated care and new business opportunities.



### SBIRT 101:

Administrators, clinical managers, executives and clinicians will get an overview of SBIRT to provide a solid understanding of:

- ▶ How and why SBIRT is an essential part of integration.
- ▶ How to operationalize SBIRT through enhanced workflows and best practices.
- ▶ How to build organizational buy-in.
- ▶ Financial and operational benefits of SBIRT.

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“This training has truly helped energize and transform the way we screen and approach substance use issues.”

– 2018 SBIRT  
Training Participant

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### SBIRT TRAINING:

Clinical champions and operational leads will deep-dive into the implementation of SBIRT to address:

- ▶ Use of evidence-based screening tools to identify unhealthy levels of alcohol and drug use.
- ▶ How perceptions, stigma, culture and messaging can influence SBIRT success.
- ▶ Observing and practicing brief interventions to increase engagement, elicit behavior change and reduce counterproductive discussions.
- ▶ Referral and treatment best practices for managing and supporting people with substance use disorders.



### SBIRT IMPLEMENTATION COACHING:

True change doesn't happen overnight and we stay with you from training through implementation. Our coaching calls help you refine clinical workflows, establish a data collection plan and identify quality measures to track SBIRT processes and outcomes and support clinicians as they hone their brief intervention skills.