The experience of trauma has widespread impacts leading to or exacerbating mental illness, substance use and physical health conditions. Unfortunately, despite best efforts, the very services and systems designed to promote healing can be re-traumatizing. National Council experts can help entities, spanning community behavioral health organizations, government systems, schools, primary care clinics, social services, law enforcement, communities and others develop and operationalize plans for becoming trauma-informed.

**FACE-TO-FACE TRAINING:**

One- or two-day training

We strive to individualize each training to best meet your specific needs. Areas covered in one- or two-day training can include:

- Understanding trauma: What is it? Prevalence and impact.
- Paradigm shift.
- Historical and intergenerational trauma.
- Resiliency and healing from trauma.
- Discipline through a trauma-informed lens.
- Compassion fatigue and secondary traumatic stress in the workforce.
- Trauma-specific clinical interventions.
- Trauma-informed approaches for organizational change.
- Trauma and addictions.
- The National Council Seven Domains of Trauma-informed Care.
- Trauma-informed supervision.
- Trauma-informed leadership.
- Trauma-sensitive schools.
- Building Resilience for Individuals through Trauma Education (BRITE) train-the-facilitator.

**ONGOING CONSULTING:**

- Consultation calls structured to provide guidance through the National Council’s Trauma-informed Care Organizational Self-Assessment® process and the implementation of tools, policies and procedures.
- Access to the National Council Trauma-informed Webinar Series on each of the National Council Seven Domains.
- Access to the National Council Trauma-informed Listserv Community, consisting of over 1,100 National Council Trauma-informed Learning Community members who are currently engaged in this work.
- Access to the National Council Trauma-informed Website, with helpful resources, archived webinars and implementation tools.
- Site-visits and assessments.
- Coaching calls (individual and group).

**ANNUAL NATIONAL COUNCIL TRAUMA-INFORMED CARE LEARNING COMMUNITY**

Participants are selected through competitive RFA

Organizations that participate can assess, develop and implement trauma-informed practices, policies and procedures. Being a part of the learning community consists of:

- Kickoff webinar.
- Face-to-face kickoff and concluding summit meetings in conjunction with National Council conferences.
- Consultation structured to provide guidance through National Council’s Trauma-informed Care Organizational Self-Assessment® process and the implementation of tools, policies and procedures.
- Individual and group coaching calls with National Council faculty.
- Access to National Council Trauma-informed Website.
- Instructional group webinars presented by national experts in trauma-informed care.
- Subscription to an exclusive listserv with current and past National Council Trauma-informed Learning Community participants to exchange ideas and resources.

For more information including tailored or customized needs, costs and scheduling, contact us at TheNationalCouncil.org/ConsultingRequest.