

Middle Management Academy

Preparing Behavioral Health's Future Leaders

The Middle Management Academy helps thousands of behavioral health's best and brightest reach their maximum leadership potential through hands-on, in-person learning. This popular and proven program is the only of its kind — meaning you can't find a management course tailored for mental health and addiction professionals anywhere else.

Organizations that have sent their managers to the Middle Management Academy have realized the return in improved workforce competency and productivity, healthier culture for empowerment and accountability and focus on achieving results.

After attending, managers will have the skills they need to manage work and people, but also a connection to the bigger vision of their organizations. They become stronger links in the management chain and can help improve productivity by motivating staff, communicating effectively and fulfilling their role as influential front-line leaders.



WHO SHOULD ATTEND?

- ▶ Star employees with great potential for leadership.
- ▶ Seasoned managers with a desire to learn new leadership skills.
- ▶ Employees you want to give a leg up on their career goals.
- ▶ New supervisors and managers eager to jumpstart their management competence and confidence.



WHAT WILL GRADUATES OF MIDDLE MANAGEMENT ACADEMY BE ABLE TO DO?

- ▶ Learn how to use their unique strengths and personality traits to become stronger leaders within your behavioral health organization.
- ▶ Understand behavioral health leadership and management styles and strengths of self and others.
- ▶ Learn and practice enhanced management skills related to behavioral health care finance, change management, organizational and staff performance and healthy staff engagement.
- ▶ Feel reenergized and confident about their contribution to organizational success.
- ▶ Demonstrate best-practice strategies for healthy communication and conflict, performance coaching and management, effective teamwork and accountability.

- ▶ Learn research-based strategies to contribute to supervisor and management success of behavioral health care organizations.



WHAT IS COVERED:

- ▶ Leveraging unique talents and strengths.
- ▶ Improving priority and time management.
- ▶ Inspiring workforce engagement and powerful teams
- ▶ Leading successful change.
- ▶ Supervising for performance excellence.
- ▶ Supporting emotional intelligence, true diversity and healthy debate.
- ▶ Strengthening financial and data literacy.



HOW CAN MANAGERS ATTEND:

Middle Management Academy training is offered in conjunction with NatCon, the National Council Conference, and in key locations across the country throughout the year. For a list of upcoming public trainings visit: TheNationalCouncil.org/Sv4qJ. We also offer onsite training that gives you the opportunity to train groups or key staff members and save on costs.

NATIONAL COUNCIL
for Mental Wellbeing

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To discuss training costs for your organization, get more detailed information or to schedule a training, contact us at TheNationalCouncil.org/ConsultingRequest.