

Culture of Wellness Organizational Self-Assessment Scoring Guide

The outline below is used to calculate your scores for each domain of the COW-OSA. Each person completing the COW-OSA transfers their scores onto this guide and calculates their average score for each domain in the box area. After each box is filled, the score is transferred to the graph on the following page by placing a dot (circle) by the corresponding number.

DOMAIN 1: Organization-Wide Wellness Team

Standard A _____ Standard B _____ Standard C _____ Standard D _____
 ADD all 4 scores (TOTAL SCORE) = _____ Divide TOTAL SCORE by 4 =

DOMAIN 2: Person-Centered Wellness Programs

Standard A _____ Standard B _____ Standard C _____ Standard D _____
 Standard E _____ Standard F _____ Standard G _____ Standard H _____
 ADD all 8 scores (TOTAL SCORE) = _____ Divide TOTAL SCORE by 8 =

DOMAIN 3: System-Wide Focus of Leadership

Standard A _____ Standard B _____ Standard C _____ Standard D _____
 Standard E _____ ADD all 5 scores (TOTAL SCORE) = _____ Divide TOTAL SCORE by 4 =

DOMAIN 4: Integration of Health, Wellness with Behavioral Health

Standard A _____ Standard B _____ Standard C _____
 ADD all 3 scores (TOTAL SCORE) = _____ Divide TOTAL SCORE by 3 =

DOMAIN 5: Workforce Development

Standard A _____ Standard B _____ Standard C _____ Standard D _____

ADD all 4 scores (TOTAL SCORE) = _____ Divide TOTAL SCORE by 4 =

DOMAIN 6: Community Connections and Resources

Standard A _____ Standard B _____ Standard C _____
ADD all 3 scores (TOTAL SCORE) = _____ Divide TOTAL SCORE by 3 =

DOMAIN 7: Language and Messaging

Standard A _____ Standard B _____ Standard C _____
Standard D _____ Standard E _____
Add all 5 scores (TOTAL SCORE) = _____ Divide TOTAL SCORE by 5 =

DOMAIN 8: Workforce Wellness

Standard A _____ Standard B _____ Standard C _____
ADD all 3 scores (TOTAL SCORE) = _____ Divide TOTAL SCORE by 3 =

DOMAIN 9: Organizational Policies

Standard A _____ Standard B _____ Standard C _____
ADD all 3 scores (TOTAL SCORE) = _____ Divide TOTAL SCORE by 3 =

DOMAIN 10: Performance Evaluation and Data

Standard A _____ Standard B _____ Standard C _____
ADD all 3 scores (TOTAL SCORE) = _____ Divide TOTAL SCORE by 3 =

This resource was developed by the SAMHSA-HRSA Center for Integrated Health Solutions to disseminate to SAMHSA-funded Primary and Behavioral Health Care Integration grantees.