

Screening, Brief Intervention & Referral to Treatment (SBIRT)

Strengthening Substance Use Prevention & Early Intervention

Screening, Brief Intervention and Referral to Treatment (SBIRT) is an evidence-based practice used to identify, reduce and prevent unhealthy substance use. Based on our comprehensive adolescent and adult SBIRT Change Packages, the National Council for Mental Wellbeing's consultants help implement the SBIRT framework to bolster your organization's capabilities to address co-occurring disorders and position you for integrated care and new business opportunities.

The National Council uses a three-phase consultation approach to facilitate clinical and operational change for SBIRT to be a sustainable integrated care service.



1. IMPLEMENTATION PLANNING:

Core Implementation Team members will receive consultation and guidance to build a successful rollout of SBIRT.

- ▶ Organizational Self-Assessment
- ▶ Work Planning including quality improvement goals, timelines and workflows
- ▶ SBIRT change concepts based on target population, training core competencies



2. TRAINING:

Clinical champions and operational leads will deep-dive into the implementation of SBIRT to address:

- ▶ Use of evidence-based screening tools to identify unhealthy levels of alcohol and drug use.
- ▶ How perceptions, stigma, culture and messaging can influence SBIRT success.
- ▶ Observing and practicing brief interventions to increase engagement, elicit behavior change and reduce counterproductive discussions.
- ▶ Referral and treatment best practices for managing and supporting people with substance use disorders.



3. IMPLEMENTATION COACHING:

True change doesn't happen overnight and we stay with you from training through implementation. Our coaching calls help you refine clinical workflows, establish a data collection plan and identify quality measures to track SBIRT processes and outcomes and support clinicians as they hone their brief intervention skills.

Related special topics can be added such as Medication Assisted Treatment (MAT), Establishing Community Partnerships, Common Substances 101, Motivational Interviewing

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For more information including tailored or customized needs, costs and scheduling, contact us at

[TheNationalCouncil.org/ConsultingRequest](https://www.thenationalcouncil.org/consultingrequest).