



2021 Cities Thrive Mental Health Coalition Monthly Call Series

Tuesday, May 25th

2:15-3:15pm/Eastern Time

Mental Health, Race, and Discrimination

In Recognition of Asian Pacific American Heritage Month & Mental Health Awareness Month

LOGISTICS INFORMATION

Zoom– Meeting ID: 967 2198 3867 | Passcode: 445123

AGENDA

- **2:15PM:** Welcome and Introductions
- **2:17PM:** Opening Remarks by Cities Thrive Coalition
- **2:20PM:** Special Pre-recorded Remarks by **Congressmember Judy Chu (CA-27)**, Chair of the Congressional Asian Pacific American Caucus
- **2:25PM:** Presentation and Q&A by **Jeanie Chang**, President and Board Chair, Asian Mental Health Collective
- **2:50PM:** Remarks by **The Mayor's Office of Community Mental Health**
- **2:53PM:** Presentation and Q&A by **Manisha Shah**, Senior Director for the Crime Victim Assistance Program (CVAP), Safe Horizon
- **3:13PM:** Closing Remarks

PROGRAMMING

- **Special Guest:** Congressmember Judy Chu (CA-27), Chair of the Congressional Asian Pacific American Caucus
- **Special Guest:** The Mayor's Office of Community Mental Health
- **Building Cultural Resilience in the Face of Anti-Asian Racism**
 - **Presenter:** Jeanie Chang, President and Board Chair, Asian Mental Health Collective
 - **Description:** Understanding the meaning behind resilience, specifically cultural resilience, as an AAPI in the face of anti-Asian racism. Realizing the impact of holding a solution-focused perspective. This is the diligent practice of reframing our outlook on what we can change in the present for a future we want to see. The purpose is to focus on what is already going well or what we have accomplished in this fight against racism.
- **City of New York – Crime Victim Assistance Program (CVAP)**
 - **Presenter:** Manisha Shah, Senior Director for the Crime Victim Assistance Program (CVAP), Safe Horizon
 - **Description:** Victims of any kind of crime can be served by the Crime Victim Assistance Program, which operates in precincts and Housing Police Service



Areas citywide. The program has dedicated victim advocates for survivors of domestic violence and additional advocates for victims of every other category of crime. The program provides supportive counseling, connections to individual or group therapy, and help navigating the legal and financial challenges that can emerge after a crime has occurred. This groundbreaking initiative, developed by the NYPD through a partnership with the Mayor's Office of Community Mental Health (formerly ThriveNYC), is implemented by Safe Horizon, the nation's largest and most comprehensive victim services provider.