

**NATIONAL COUNCIL**  
FOR BEHAVIORAL HEALTH

**COVID-19 Office Hours**  
**———— Telehealth Session 3 ————**  
**Engaging Children, Youth, and**  
**Families in Telehealth**

**Tuesday, May 12, 2020**  
3:00-4:00pm ET



**COE**

Center of Excellence for Integrated Health Solutions

Funded by Substance Abuse and Mental Health Services Administration  
Operated by the National Council for Behavioral Health

# Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).

***SAMHSA***

Substance Abuse and Mental Health  
Services Administration

[www.samhsa.gov](http://www.samhsa.gov)

# Centering Ourselves Today

**P** – Pause and list the unique challenges experienced with telehealth?

**A** – Ask, “Of these challenges which have we overcome?”

**U** – Underline the challenges that the team overcame!

**S** – Step back and identify any novel strategies and skills used to overcome the challenge

**E** – Embrace the learning by committing the new strategy or skill into current practice

# Links to Previous Telehealth Office Hours Recordings

**Telehealth Session 1 – Adapting to Audio: Best Practices in Delivering Telephonic Services**  
[Click here to watch the recording.](#)

**Telehealth Session 2 – Ask the Experts with innovaTel**  
[Click here to watch the recording.](#)

**Children, Youth, and Families Session 1** – [Click here to watch the recording.](#)

## Upcoming COVID-19 Office Hour Calls

Hold time on your calendars every **Tuesday and Thursday 3:00-4:00pm ET** for COVID-19 Office Hours sessions.

### **COVID-19 Office Hours: Promoting Staff Wellness and Retention**

Thursday, May 14, 3:00-4:00pm ET

[Register here](#)

### **How to Lead Through COVID-19 Crisis in a Resilience-oriented Trauma-informed Way,**

Monday, May 18, 2-3:30pm ET: [Register here](#)

### **Self-care and Promoting Post-traumatic Growth and Management During COVID-19**

Wednesday, May 27, 2-3:30 p.m. ET: [Register here](#)

**Recordings from previous sessions here:** <https://www.thenationalcouncil.org/integrated-health-coe/training-events/>

# Resources

- National Council's [COVID-19 Resource Page](#)
- SAMHSA's COVID-19 [Training and Technical Assistance List](#)
- [National Council's Guide for Telehealth Best Practices](#)
- [COVID Telehealth Toolkit](#) - National Consortium for Telehealth Resource Centers
- [Telehealth Coverage Policies](#) – Center for Connected Health Policy
- [COVID-19 Related State Actions in Telehealth](#) – Center for Connected Health Policy
- [New and Expanded Flexibilities for Rural Health Clinics \(RHCs\) and Federally Qualified Health Centers \(FQHCs\) During Covid-19](#) – CMS
- [Coronavirus-Related Funding FAQs](#) – HRSA
- [Promoting Telehealth for Low-Income Consumers; COVID-19 Telehealth Program](#) – FCC
- [How to Prepare for a Video Appointment with Your Mental Health Clinician](#) – APA's SMI Advisor
- [Telehealth: Transforming Children's Mental Health Care](#) – NAMI
- [Addressing Telebehavioral Health Services with Children](#) – California Primary Care Association
- [Interventions for Online Therapy with Children and Youth](#) – Guidance Teletherapy
- [State Medicaid & CHIP Telehealth Toolkit: Policy Considerations for States Expanding Use of Telehealth -- COVID-19 Version](#) – Medicaid.gov
- [Covid-19 Tips: Building Rapport with Youth via Telehealth](#)
- [SAMHSA's National Training and Technical Assistance Center for Child, Youth, and Family Mental Health \(NTTAC\)](#)
  - See also: <https://www.samhsa.gov/nttac>
- [Telehealth and Mobile Technology in Child, Youth, and Young Adult Behavioral Health](#) – SAMHSA
- [Learning from COVID-19: What are Youth & Families Saying?](#) – CBH Knowledge Center
- [How to Do Group Therapy Using Telehealth: Covid-19 Response](#) – American Psychological Association

## **NEW: HRSA Center of Excellence for Behavioral Health Technical Assistance**

*Integrated Care for Better Health*

<https://bhta.hrsa.gov/>