

COVID-19 Mental Health Town Hall

July 23, 2020

National Council for Behavioral Health
National Conference of State Legislatures

Housekeeping

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- This webinar is being recorded and will be archived for future viewing on the National Council’s website.

National Council Speakers



Chuck Ingoglia, MSW
President and CEO



Tramaine El-Amin, MA
Assistant Vice President,
Strategic Partnerships



Reyna Taylor
Vice President of Public
Policy and Advocacy

Member Survey: Economic Impact of COVID-19 on Behavioral Health Organizations

- **Programs and Patients**

- Organizations have cancelled, rescheduled, or turned away 31% of patients
- 92% have reduced operations

- **Employment**

- 46% have laid off/furloughed employees

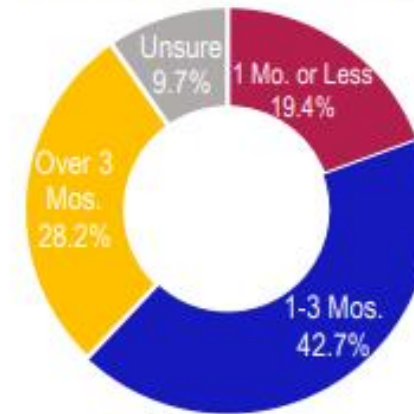
- **Personal Protective Equipment (PPE)**

- 83% don't have enough PPE for 2 months

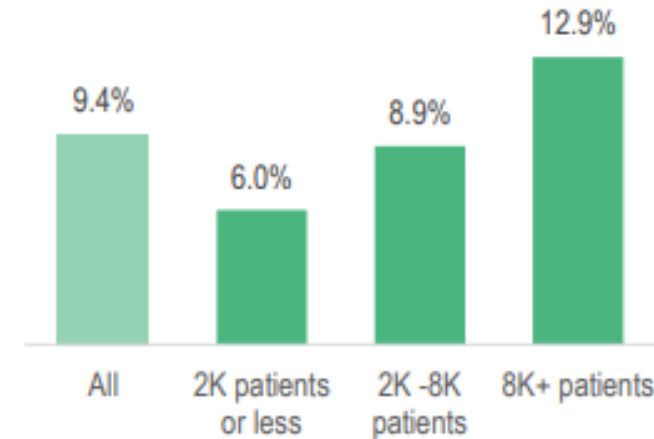
- **Resilience**

- 62% believe they can only survive financially for 3 months or less under current COVID-19 conditions

Number of months organizations believe they could survive financially under the current conditions



Percentage of organizations that indicated they could survive a year or more under the current conditions, by size



Federal Update from Washington

Reyna Taylor

Vice President, Public Policy

National Council for Behavioral Health



Congressional Response Since Shutdown

- **CARES Act (COVID 3.0)**

- Became law on March 27, 2020
- \$2.2 trillion in spending
- Established \$50 billion relief fund for providers who billed Medicare in 2018. Funds are also available to Medicaid providers who did not bill Medicare in 2018-2019.
- Created Paycheck Protection Program (PPP), Public Health and Social Services Emergency Relief Fund
- Aligned 42 CFR Part 2 closer to HIPAA
- Allocated \$425 million to SAMHSA
- Extended and expanded CCBHCs (2 new states)

- **Paycheck Protection Program and Health Care Enhancement Act (COVID 3.5)**

- Became law on April 24, 2020
- \$484 billion in spending
- Replenished the PPP and PHSSEF
- No relief for PPP loans to nonprofits 500+
- No additional money to SAMHSA

- **HEROES Act (House-passed COVID 4.0)**

- Passed the House on May 15, 2020
- \$3 trillion in spending
- Further funds PHSSEF, PPP loans (extends PPP and allows recipients more time, flexibility in using loan)
- \$3 billion to SAMHSA funding: block grant increases and other programs
- 14% FMAP increase, Medicaid Reentry Act
- No money specifically to BH providers

- ***Senate Draft Package Yet to be Released***

- Negotiations are ongoing about a forthcoming package to potentially include:
 - Additional funds to Provider Relief Fund, PPP program, state and local governments
 - Liability protections for employers
 - Unemployment benefit extension or reform
 - Additional funding for testing & schools
 - Payroll tax relief

Mental Health First Aid

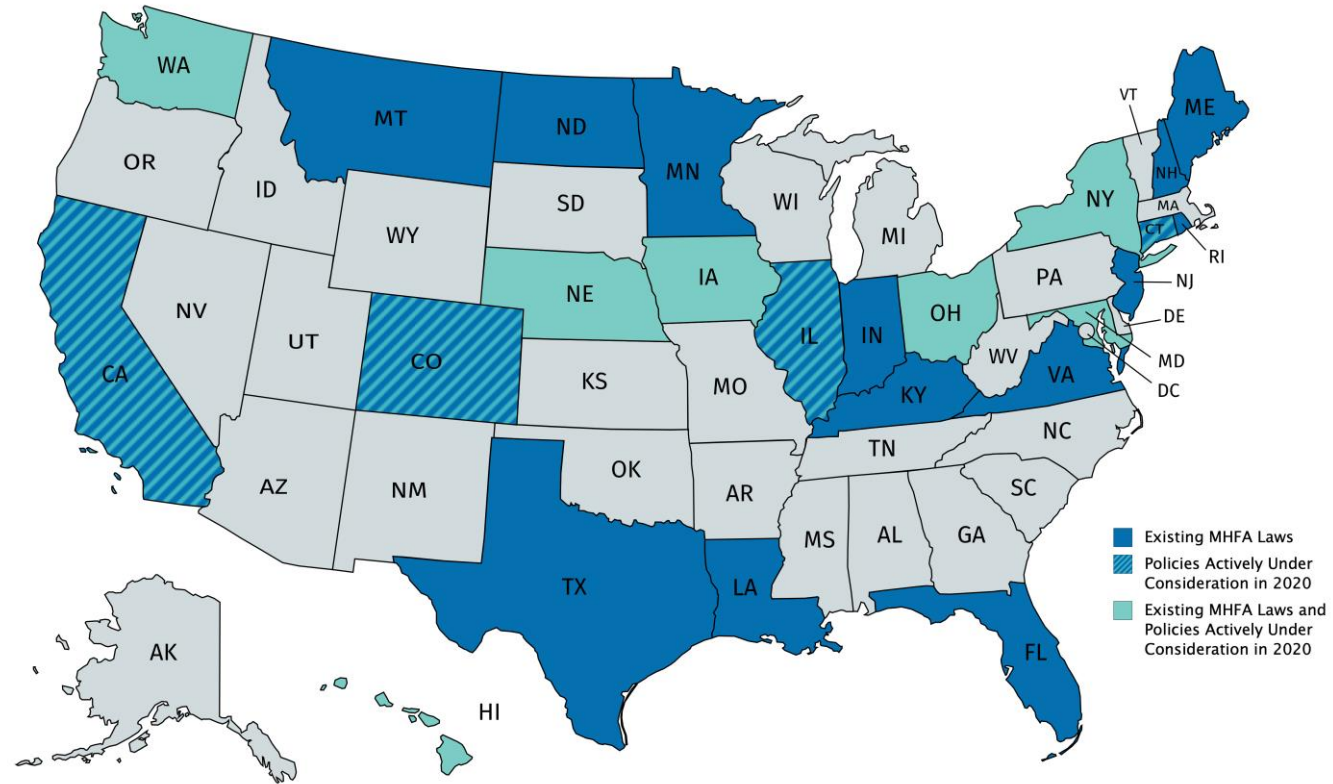
Tramaine El-Amin

Assistant Vice President, Strategic
Partnerships

National Council for Behavioral Health



Mental Health First Aid Legislation



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Mental Health First Aid Legislation

- 54 MHFA laws have been enacted in 17 states since 2015.
 - 22 related to YMHFA and MHFA in schools.
 - 13 appropriated funding.
 - 12 related to training law enforcement and emergency services personnel.
- 31 MHFA bills have been introduced in 17 states so far in 2020.
 - 8 of the bills appropriate funding.
 - 9 of the bills are related to YMHFA and MHFA in schools.
 - 5 of the bills relate to training of law enforcement and emergency services personnel.
 - To date: 7 bills passed, including 2 appropriations bills.

Mental Health First Aid Content

DELIVERY PATHWAYS

- **In-Person** 6.5-8 Hours
- **Blended** 2 Hours self-paced + 4 Hours video conference
- **Virtual** 2 Hours self-paced + 4 Hours in-person

CURRICULA

- **Adult Mental Health First Aid** Summer 2020
 - Higher Education*
 - Older Adults *
 - Veterans, Military and Families *
 - Public Safety *
 - Fire and EMS *
- **Youth Mental Health First Aid** Summer 2020
- **Teen Mental Health First Aid** Fall 2020

**Curriculum Supplement Updates Winter 2020-Spring 2022*

Policy Considerations

- Establish clear and comprehensive training objectives.
- Target the training needs of specific populations.
- Provide funding for training that is sustained and right-size for the stated goals and target populations.
- Encourage or require training for public sector employees who engage directly with vulnerable populations, including youth.
- Ensure Mental Health First Aid is included as an option to satisfy professional development credits.

Policy Examples

- **Colorado | Educator Training:**

- Colorado passed legislation this year requiring teachers to undergo 10 hours of behavioral health training in order to renew their educator license. Colorado also appropriated \$15.2M from the general fund to go towards the Department of Human Services, Public Health and Environment, Higher Education and Law for behavioral health programs and services in light of the COVID-19 pandemic. \$250,000 of that total is allocated specifically for MHFA trainings for educators.

- **Florida | Training Mandates:**

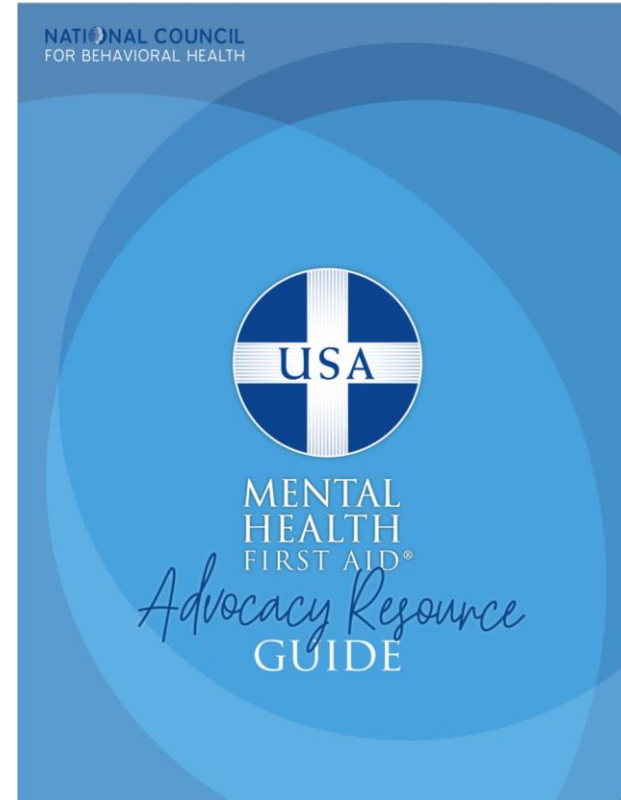
- Florida requires all school personnel to be trained in youth mental health awareness and assistance. Youth Mental Health First Aid was the first program selected to meet the requirements of funding and is available now through the Department of Education (Marjory Stoneman Douglas Act).

- **New Jersey | Teen Mental Health First Aid:**

- Governor Phil Murphy announced last month that \$6m in funding will annually go towards a state MHFA training program for school personnel of elementary, secondary and post-secondary schools.



<https://www.thenationalcouncil.org/eEu00>



<https://www.thenationalcouncil.org/Nnnyl>

STATE ACTIONS: COVID-19 AND BEHAVIORAL HEALTH

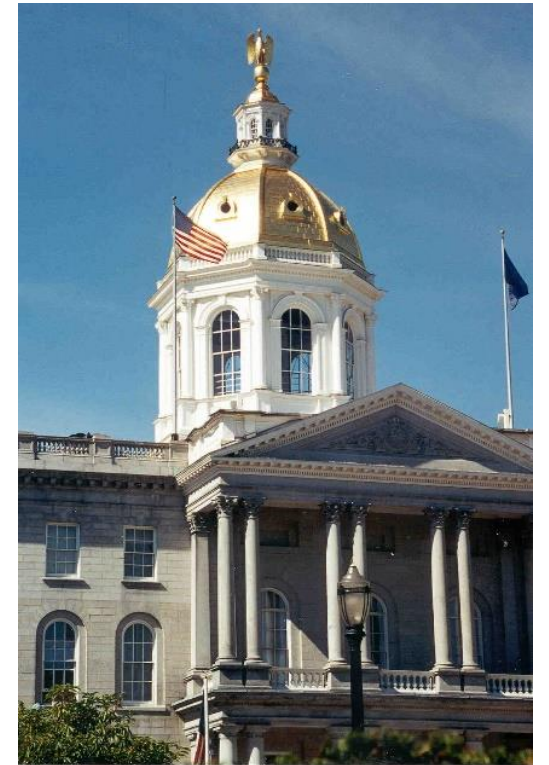
COVID-19 MENTAL HEALTH TOWN HALL

KATE BLACKMAN & KARMEN HANSON



NATIONAL CONFERENCE OF STATE LEGISLATURES

- **Bipartisan membership organization**
 - All 50 states and the territories
 - 7,383 state legislators
 - All state legislative staff (30,000+)
- **Mission:**
 - To improve the quality and effectiveness of state legislatures
 - To promote policy innovation and communication among state legislatures
 - To ensure states a strong, cohesive voice in the federal system



WHAT WE DO

SUPPORT

- In-depth policy analysis and research requests
- In-state technical assistance and testimony
- Dedicated state contact
- 50 state comparisons
- A-Z issues and contacts

IDEAS

- Searchable bill databases and tracking
- Policy reports and newsletters
- State Legislatures magazine
- Our American States podcast

CONNECTIONS

- NCSL Legislative Summit
- Invitational and collaborative meetings
- Webinars and online training
- Professional staff associations
- Professional development training

STRONG VOICE IN WASHINGTON, D.C.

- Standing Committees and Task Forces
- Letters to Congress and the administration
- Capitol to Capitol newsletter
- NCSL Capitol Forum



NCSL COVID-19 Response



500+
Research Requests



22
Webinars



16
Podcasts



40+
Blogs

NCSL COVID-19 RESPONSE

COVID-19 Legislation

No. of Bills
2,476
in 50 states/territories

Filter by Topic > Subtopic

- Select All
- COVID-19 (General)
- Criminal Justice
- Education
- Elections and Redistricting
- Employment, Labor and Retirement
- Fiscal
- Health
- Human Services
- Legislative
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Search

Filter by Region > State

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- Southeast

Filter by Status > Location

- Select All
- Pending
- Adopted / Enacted
- Failed
- Vetoed

Filter by Date

Date Introduced

Date of Last Status

Select to Expand Cards

Alabama House Bill 186 ❌ Adopted / Enacted • March 12, 2020 Supplemental Appropriations Provision	Alabama House Bill 190 ❌ Adopted / Enacted • May 18, 2020 Education Trust Fund Advancement and Technology Fund	Alabama House Bill 419 ❌ Failed • March 10, 2020 Elections Emergency Act
Alabama House Bill 447 ❌ Failed • March 12, 2020	Alabama House Bill 448 ❌ Failed • March 12, 2020	Alabama House Bill 464 ❌ Failed • May 4, 2020

Last updated on Wed Jul 08 2020 10:06:00 GMT-0600 (Mountain Daylight Time).

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- COVID-19 Database: <https://www.ncsl.org/research/health/state-action-on-coronavirus-covid-19.aspx>
- COVID-19 Resources for States: <https://www.ncsl.org/research/health/ncsl-coronavirus-covid-19-resources.aspx>



HAVE FOLLOW UP QUESTIONS?

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COVID-19 & BEHAVIORAL HEALTH: STATE LEGISLATOR PANEL



Assemblyman Herb Conaway, MD- New Jersey
Chair of the Health and Senior Services Committee



Representative Katie Dempsey- Georgia
Chair of the Appropriations Human Resources Sub-
Committee



Thank You!

For more information on the National Council's behavioral health policy work, please contact:

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