

**CoE Office Hour:**  
**Strategies for Building Compassion Resilience  
in Integrated Care Settings**

**Thursday, October 28, 2021**  
1pm-2pm ET

**CENTER OF EXCELLENCE** for Integrated Health Solutions

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

# Questions, Comments & Closed Captioning



The image shows a horizontal toolbar with several icons and labels. From left to right, the items are: 'Participants' (with a person icon and '1'), 'O&A' (with a speech bubble icon), 'Polls' (with a bar chart icon), 'Chat' (with a speech bubble icon), 'Share Screen' (with a green up arrow icon), 'Raise Hand' (with a hand icon), 'Record' (with a circle icon), 'Live Transcript' (with a 'CC' icon), and 'More' (with a three-dot icon). Three red boxes highlight the 'O&A', 'Chat', and 'Live Transcript' icons. Three black arrows point from text annotations to these icons: one from 'Type in a question in the Q&A box' to 'O&A', one from 'Type in a comment in the chat box' to 'Chat', and one from 'Click Live Transcript and then select "Show Subtitle"' to 'Live Transcript'.

Type in a **comment** in the **chat box**

Type in a **question** in the **Q&A box**

Click **Live Transcript** and then select **"Show Subtitle"**

# Disclaimer

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# Introductions

## Moderator

- **Amelia Roeschlein**, *Consultant, Trauma-Informed Services*, National Council for Mental Wellbeing

## Panelists

- **Jennifer Loughran**, *Director, Diversity, Equity, Inclusion & Belonging*, Horizon Health
- **Robyn Wiktorski-Reynolds**, *Clinical Operations Officer*, Crisis Services
- **Natalie Kozlowski**, *Advanced Practice Care Coordinator*, Horizon Health
- **Lindsay Stuart**, *Coordinator of Professional Development*, Horizon Health
- **Christina Pearl**, *Director of Corporate Communication & Marketing*, Horizon Health

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# What's Next for You?

## Learning More & Understanding your organizational needs

- [Trauma-Informed Care in Primary Care: A Literature Review](#)
- [Trauma-Informed Care in Behavioral Health a Treatment Improvement Protocol](#)
- [Trauma-Informed Care Agency Self-Assessment](#)
- [Fostering Resilience & Recovery: A Change Package](#)
- [Climate of Equity Assessment](#)

## Developing solutions

- [The Business Case for a Trauma-Informed Approach](#)
- [Creating a Safe and High-Quality Health Care Environment](#)

## Implementing & testing solutions

- [Key Ingredients for Successful Trauma-Informed Care Implementation](#)
- [National Council for Mental Wellbeing – Additional Resources for Implementation](#)

## Sustaining the momentum and expanding services

- [Trauma-Informed Care Sustainability Guide](#)

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# Upcoming CoE Events:

Driving Integrated Health at Your Organization: Quality Improvement & Foundational Factors that Lead to Success

[Register here for the webinar](#) on Friday, October 29 from 2-3:30pm ET

CoE Webinar: Building Capacity in the Integrated Health Workforce: A focus on Substance Use Education

[Register for the webinar](#) on Tuesday, November 2, 3-4pm ET

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# Thank You

## Questions?

Email [integration@thenationalcouncil.org](mailto:integration@thenationalcouncil.org)

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1-877-SAMHSA-7 (1-877-726-4727) 1-800-487-4889 (TDD)

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