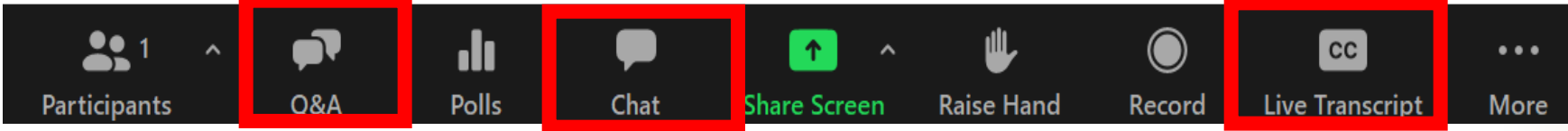


**CoE Office Hour:  
Introducing New Tools to Advance Your  
Integrated Care; UIC's Solutions Suite for  
Health & Recovery**

**Thursday, August 19, 2021**  
2pm-3pm ET

# Questions, Comments & Closed Captioning



The image shows a horizontal toolbar with several icons and labels. From left to right, the items are: 'Participants' with a person icon and '1', 'O&A' with a speech bubble icon, 'Polls' with a bar chart icon, 'Chat' with a speech bubble icon, 'Share Screen' with a green square and an upward arrow, 'Raise Hand' with a hand icon, 'Record' with a circular icon, 'Live Transcript' with a 'CC' icon, and 'More' with three dots. Three red boxes highlight the 'O&A', 'Chat', and 'Live Transcript' icons. Three black arrows point from text annotations to these icons: one from the bottom left to 'O&A', one from the top center to 'Chat', and one from the bottom right to 'Live Transcript'.

Type in a **comment** in the **chat box**

Type in a **question** in the **Q&A box**

Click **Live Transcript** and then select **“Show Subtitle”**

# Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).

***SAMHSA***

Substance Abuse and Mental Health  
Services Administration

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# Tools & Resources

- [Center for Integrated Healthcare & Self-Directed Recovery](#)
- [UIC Solutions Suite for Health and Recovery](#)
- [Nutrition & Exercise for Wellness and Recovery](#)
- [Wellness Activities Manual](#)
- [Online Diabetes Education Toolkit](#)
- [Wellness in 8 Dimensions & The Wellness Daily Plan](#)
- [Promoting Wellness for People in Mental Health Recovery](#)
- [Physical Wellness for Work](#)
- [Health Passport/Portable Record](#)
- [Journaling – A Wellness Tool](#)

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# Tools & Resources (cont'd)

- [Keeping Healthy After the Hospital](#)
- [Whole Health Action](#)
- [Building Financial Wellness](#)
- [This is Your Life: Creating a Self-Directed Life Plan](#)
- [Express Yourself: Assessing Self-Determination in Your Life](#)
- [Raising Difficult Issues with Your Service Provider](#)
- [Action Planning for Prevention & Recovery](#)
- [Seeking Supported Employment](#)
- [Guidebook on Assessing Cultural Competency](#)
- [Self-Directed Care Implementation Manual](#)

# Upcoming CoE Events:

**CoE Webinar Recording: Introducing New Tools to Advance Your Integrated Care; UIC's Solutions Suite for Health & Recovery**

[Access the webinar recording from Tuesday's session!](#)

**CoE Office Hour: Returning to the Office? Equitable Considerations & Implications**

[Register here for Office Hour](#) on August 25<sup>th</sup>, 2-3pm ET

**CoE Webinar: Exploring the Integrated Care Benefits & Considerations for Becoming a Federally Qualified Health Center (FQHC)**

[Register here for Webinar](#) on September 2nd, 3-4pm ET

**Interested in an individual consultation with the CoE experts on integrated care?**

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# Thank You

## Questions?

Email [integration@thenationalcouncil.org](mailto:integration@thenationalcouncil.org)

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