

NATIONAL COUNCIL  
FOR BEHAVIORAL HEALTH

# CoE Office Hours:

## Resilience-Oriented Strategies to Promote Healing around Historical and Contemporary —— Racial Inequities ——

Thursday, July 9, 2020

3:00-4:00pm ET



Center of Excellence for Integrated Health Solutions

Funded by Substance Abuse and Mental Health Services Administration

Operated by the National Council for Behavioral Health

# Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).

***SAMHSA***

Substance Abuse and Mental Health  
Services Administration

[www.samhsa.gov](http://www.samhsa.gov)



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# Other CoE Activities

**Looking for free trainings and credits?**

[Check out integrated health trainings from Relias here.](#)

## Upcoming Office Hours:

Stay tuned for messages about other upcoming session!

**Past Session Recordings:**

[Found on our website here](#)

**Register for NatCon at Home!** Free virtual learning event  
Wednesday, July 15<sup>th</sup> from 12-3pm ET.

[Register here](#)



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# Important Definitions and Differentiation

## *Discrimination*

- the unjust or prejudicial treatment of different categories of people or things, especially on the grounds of race, age, or sex

## *Prejudice*

- preconceived opinion that is not based on reason or actual experience

## *Oppression*

- unjust treatment or abuse carried out by leadership to maintain power

## *Racism*

- Racism involves one group having the power to carry out systematic discrimination through the institutional policies and practices of the society and by shaping the cultural beliefs and values that support those racist policies and practices.

## *Systemic Oppression (Trauma)*

- the practices, laws and customs embedded within society's institutions and upheld by police, government and society meant to keep certain social categories in power while unjustly restricting other groups based on difference

# Resources

- [CoE Office Hour and Webinar Recordings](#)
- [Webinar recording for: A Call to Action: Addressing Historical and Ending Contemporary Racial Inequities](#)
- [TI-ROC Climate of Equity Assessment](#)
- [Harvard University – Project Implicit: Implicit Bias Tests](#)
- [Scaffolding Anti-Racism Resources](#)
- [Equity, Diversity and Inclusion in Recruitment, Hiring and Retention](#)
- [County of Dane Equity Assessment of Current Recruitment/Hiring Practices](#)
- [Racial Equity Tools](#)

Questions? Email: [integration@thenationalcouncil.org](mailto:integration@thenationalcouncil.org)



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