

Trauma-Informed, Resilience-Oriented Care (TIROC) Training & Consulting

The Trauma-informed, Resilience-oriented Care (TIROC) Training and Consulting Practice area has helped organizations in primary care, behavioral health, schools, community services, managed care and government settings achieve the quadruple aim of enhancing the patient experience, improving population health, reducing costs and enhancing the work life of their staff.

Our expert team of thought leaders guides organizations as they implement multi-faceted initiatives focused on the foundation of TIROC to apply complex strategies that impact social needs and access to care. Through a lens of cultural humility, diversity, equity and inclusion, we help organizations build a data-informed work force, organizational and community resilience, trauma-informed supervision and leadership and eliminate gaps in implementation of organizational, systemic culture change.



FACE-TO-FACE TRAINING:

One- or two-day training

We strive to individualize each training to best meet your specific needs. Areas covered in one- or two-day training can include:

- ▶ Understanding trauma: What is it? Prevalence and impact.
- ▶ Historical and intergenerational trauma and cultural humility.
- ▶ Resiliency and healing from trauma.
- ▶ Discipline through a trauma-informed lens.
- ▶ Transforming compassion fatigue into compassion resilience in the workforce.
- ▶ TIROC approaches to organizational change.
- ▶ Trauma and addictions.
- ▶ National Council Seven Domains of TIROC.
- ▶ TIROC Supervision.
- ▶ TIROC Leadership.
- ▶ Trauma-sensitive schools.
- ▶ Building Resilience for Individuals through Trauma Education (BRITE) train-the-facilitator.
- ▶ Organizational Resilience.
- ▶ TIROC Crisis Management.



ONGOING CONSULTING:

Data-informed decision-making is incorporated into each step of our consulting process.

Virtual Training + Consultation

- ▶ TIROC supervision.
- ▶ TIROC leadership.
- ▶ TIROC approaches to organizational change (individual and learning community models).

Face-to-Face Training + Consultation

Customized technical assistance may include the following:

- ▶ Two-day kickoff training.
- ▶ Six-month follow up face-to-face focused on implementation progress and ongoing goal setting on training topic of choice.
- ▶ Consultation calls structured to provide guidance through the National Council's TIROC Organizational Self-Assessment© process and the implementation of tools, policies and procedures.
- ▶ Site-visits and assessments.
- ▶ Coaching calls (individual and group).
- ▶ Organizational Resilience
- ▶ TIROC Crisis Management



ANNUAL NATIONAL COUNCIL TIROC LEARNING COMMUNITY

Participants are selected through competitive RFA

Organizations that participate can assess, develop and implement trauma-informed practices, policies and procedures. Being a part of the learning community consists of:

- ▶ Kickoff webinar.
- ▶ Kickoff meeting and concluding summit meetings in conjunction with National Council conferences.
- ▶ Consultation structured to provide guidance through National Council's TIROC Organizational Self-Assessment© process and the implementation of tools, policies and procedures.
- ▶ Coaching calls (individual and group).
- ▶ Instructional group webinars presented by national experts in TIROC.
- ▶ Site-visits and assessments.