

Data Highlights

From the National Council's CCBHC Impact Report, May 2021

The Certified Community Behavioral Health Clinic (CCBHC) model alleviates decades-old challenges that have led to a crisis in providing access to mental health and substance use care across the nation. CCBHCs have dramatically increased access to mental health and substance use disorder treatment, expanded states' capacity to address the overdose crisis and established innovative partnerships with law enforcement, schools and hospitals to improve care, reduce recidivism and prevent hospital readmissions.

In January 2021, the National Council surveyed the nation's 224 active CCBHCs, including both Medicaid demonstration CCBHCs and CCBHC Expansion grantees. **Results demonstrate that CCBHCs are:**

WHAT IS A CCBHC?

A CCBHC is a specially-designated clinic that receives flexible funding to expand the scope of mental health and substance use services available in their community. CCBHCs provide care for people with unmet needs.

EXPANDING ACCESS TO CARE

CCBHCs are closing the treatment gap that leaves millions of Americans with unmet mental health and substance use needs, bringing thousands of new clients into care.

- **851,565 people** currently served across 128 responding clinics, with an estimated **1.5 million people** served nationwide by all 224 CCBHCs active as of January 2021.¹
- CCBHCs are, on average, serving **17% more people** than prior to CCBHC implementation.

DECREASING WAIT TIMES FOR CARE

CCBHCs have improved access to treatment by sharply reducing wait times for services, which reach an average of 48 days nationwide.²

- **50%** of responding CCBHCs provide **same-day access** to care.
- **84%** see clients for their first appointment **within one week**.
- **93%** see clients **within 10 days**.



INVESTING IN THE WORKFORCE

The CCBHC model is alleviating the impact of the community-based behavioral health workforce shortage by enabling clinics to increase hiring.

- Responding clinics hired **5,201 new staff positions** as a result of becoming a CCBHC, with an **estimated 9,000 new staff positions** added across all active CCBHCs as of January 2021.³
- On average, this resulted in **41 new jobs per clinic**.

EXPANDING ACCESS TO MEDICATION-ASSISTED TREATMENT

CCBHCs are addressing the nation's opioid crisis by dramatically expanding access to medication-assisted treatment (MAT), the “gold standard” in substance use care.⁴

- **89% of CCBHCs offer one or more forms of MAT**, compared to only 56% of substance use clinics⁵ nationwide.
- An estimated **37,000+ clients nationwide are engaged in MAT** across the CCBHCs that were active at the time of this survey.
- **60% of clinics added MAT services for the first time** as a result of becoming a CCBHC, and **31% were able to offer more forms of MAT** after CCBHC implementation than before.

MAKING CRISIS SERVICES AND SUPPORTS AVAILABLE TO ALL

All responding CCBHCs deliver crisis support services in their communities, helping to divert people in crisis from hospitals, emergency departments and jails.

- **91% of CCBHCs** are engaging in one or more innovative practices in crisis response in partnership with hospitals, first responders and others.
- **79% coordinate with hospitals and emergency departments** to prevent avoidable admissions when individuals are in crisis.

IMPROVING COLLABORATION WITH CRIMINAL JUSTICE AGENCIES

CCBHCs are required to work with law enforcement agencies and other criminal justice partners to reduce incarceration and improve crisis response.

- **95% of CCBHCs** are engaged in one or more innovative practices in collaboration with law enforcement and criminal justice agencies (e.g., police, jails and courts).



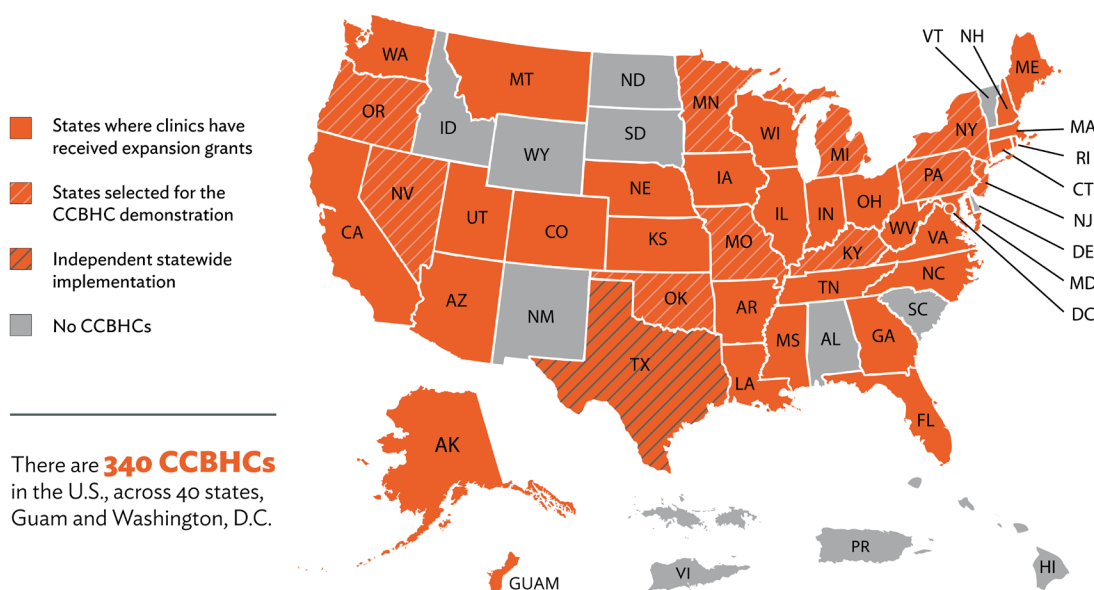
ADDRESSING HEALTH DISPARITIES

All responding clinics indicated that CCBHC status has helped them serve more people of color, improve access to care and reduce health disparities in their communities.

- **75% of CCBHCs** reported increasing screening for unmet social needs that affect health, like housing, income, insurance status, transportation and more.

Thanks to federal and state investment, CCBHCs have seen significant growth since their inception in 2017. As of May 10, 2021, **340 CCBHCs are operating in 40 states, Washington, D.C. and Guam.**

Status of Participation in the CCBHC Model



- 1 Estimate based on survey responses indicating 128 respondents served 851,565 clients as of the date of the survey.
- 2 Interview with Joy Fruth, Lead Process Change Consultant, MTM Services. (May, 2021). Data extracted from MTM Services analysis of 10,000 care access protocol flowcharts collected from 1,000 community mental health centers engaged in initiatives to measure and reduce wait times for care in 47 U.S. states.
- 3 The 128 survey respondents identified 5,210 new staff positions. Estimate is based on all 224 active CCBHCs at the time of the survey.
- 4 Medication-assisted Treatment of Opioid Use Disorder: Review of the Evidence and Future Directions. (March/April, 2015). Retrieved from https://journals.lww.com/hrjournal/Fulltext/2015/03000/Medication_Assisted_Treatment_of_Opioid_Use.2.aspx
- 5 Opioid & Health Indicators Database (2021). Retrieved from https://opioid.amfar.org/indicator/Med_AMAT_fac