NATIONAL COUNCIL for Mental Wellbeing

CCBHC-E National Training and Technical Assistance Center Organizational Change Management Series:

CQI as an Engine of CCBHC Transformation

March 23, 2022

CCBHC-E National Training and Technical Assistance Center

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

Zoom Logistics

- Call in on your telephone, or use your computer audio option
- If you are on the phone, remember to enter your Audio PIN so your audio and computer logins are linked



How to Ask a Question



Share questions throughout today's session using the Chat Feature on your Zoom toolbar. We'll answer as many questions as we can throughout today's session.

Acknowledgements and Disclaimer

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Today's Presenters



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Agenda

- Discussion: Using CQI as an Engine of CCBHC Transformation Through Empowering All Staff as Change Agents
- Cascading Breakout Group Sessions
 - Round 1:
 - What aspects of CQI does your organization do well?
 - What aspects of CQI does your organization struggle to do well?
 - What resources/technical assistance could help address these struggles?
 - Round 2:
 - Given the findings from your small group, what are the 3 next steps you need to take to use CQI to realize your transformation/vision?
- Wrap-up & Next Steps

The Learning & Action Sessions

- 3-part session on organizational change management
- Each session is designed to expand and advance on the previous event
- Each session will explore and showcase:
 - Factors for effective change management
 - Successful applications for developing and maintaining transformative organizational changes

The Learning & Action Sessions

Leading Transformative Change as a CCBHC February 23, 2022	 Learning Objectives: How to integrate the CCBHC grant into your organization's strategic plan/mission/vision How to turn the grant implementation into an agency-wide change initiative How to create productive urgency through an effective communication plan for internal/external stakeholders
CQI as an Engine of CCBHC Transformation March 23, 2022	 Learning Objectives: Differentiate between workplan and CQI plan How to integrate a CQI approach to all aspects of your staff's work Understand the importance of interdisplinary team-based approach to CQI and care provision
Understanding & Operationalizing Team-Based Care April 20, 2022 <u>Register Here</u>	 Learning Objectives: Define team-based care Recognize research supported core elements of effective teams/teamwork How to conduct a team-based care org. self-assessment and implement a team-based care approach

Quick Review of Our Last Session

In the last Learning & Action session we discussed steps 1-6, today we will move into discussing how to develop the change management structures that drive continuous quality improvement.



How is CQI an "engine for change"?

CQI is NOT Quality Assurance or Compliance Monitoring...

CQI is...

- a formal best practice technology for managing complex change
- focused on improving processes to create 100% excellence for ALL customers
- data driven with an organized team structure and step by step methodology

CQI can empower an interdisciplinary change team, where every program and every person is a partner in change

CQI uses approaches such as multiple Plan-Do-Study-Act (PDSA) cycles to make progress

CQI & CCBHC Transformation

Achieving your vision of success (and documenting progress in your <u>attestation</u>)

Every CCBHC has strength-based starting places Every CCBHC will have areas where there needs to be transformative change

Based on your priorities from session 1, these targets are best achieved with CQI Doing **top-down change** or assigning a small project team to "change everyone else" is doomed to be frustrating CQI creates a measurable process for empowering everyone in your organization to join you in change

CQI Fundamentals

Identify the priority for change & a plan for communication

Connect to the values of transformation – **customer & community**

Create a change structure (see visual)

Identify change agents representing all voices

Empower change agents as a team at all levels: empowerment is a gift

Horizontal and vertical partnerships are the key

Everyone has QI assignments

The QI staff support QI, help with data; they don't DO all of the change

Serenity Prayer of Change – every person/team has a job



Cross-program teams for each CQI process

Working Example: Same Day Access

<u>Customer Oriented Vision</u>: Better for client experience, referent experience, and staff has more fun.

<u>We Are All Partners</u>: Executive team, program managers, front line clinicians, reception, billing, data, HR, etc.

Program & Process Teams Include Many Perspectives: Every program involved, not just the front door. Follow the path of the client through the agency.

Use a CQI approach: FOCUS-PDCA:

- Find a process to improve: Access to services
- Organize teams: See structure above: Each program and process needs a team
- Clarify the baseline: Measure the current access with data
- Understand the process: Ishikawa (fishbone) analysis
- Select processes to improve: Every team and program has a target

PDCA cycles happen across the whole agency

Change teams and change agents meet regularly to share and recommend.

As a SAMHSA Grantee "Why do I need CQI process?"

- It's required! Criteria 5.b
- Strong project management is just one piece of the puzzle.
 - It's important for ensuring you are planning for and remaining on track and target for key deliverables.
- CQI focuses on how to make the work most meaningful and impactful.
 - How do we know it's working?
 - How do we do it better (more efficiently/effectively)?
- Don't get caught in traps of...
 - Already have an assessment or workplan, so don't need a CQI plan
 - Just checking things off the list "I've done that!"

Continuous Quality Improvement is Richer & More Comprehensive

CQI is more than your QI/Compliance Officer or Department

Includes a broader group of team members – clinical and non-clinical

Focus on "continuous" and "improvement", not just check-off items

Creates greater, more sustainable improvement than checklist approach CQI and Plan, Do, Study, Act (PDSA) cycle will set you up for better SAMHSA grant and overall success

How do we define "Grant Success?"

Involves... meeting grant goals and reporting requirements, using grant funds appropriately, hitting service targets, meeting community needs

CQI will escalate your grant success to a higher level TRANSFORMATION

Transformation through CQI results in:

- Broader staff buy-in
- Comprehensively meet community/consumer needs
- Greater org change while meeting grant goals
- Position the org for the next growth or impact opportunity
- Should support/complement the transformation vision

CQI Example – Crisis Response

- **Overall Goal/Vision** Prevention of self-harm
- Create Crisis CQI Team Clinicians, screeners, exec/managers, data, compliance, billing, etc.
- How We Will Accomplish Goal: Enhance screening for suicide and ensure regular check-in/follow-up for high-risk clients
- Create process to improve crisis response:
 - May be specific to your Mobile Crisis, Urgent Care, CSU, other crisis response service set forth in your grant (e.g., focus area)
 - Utilize PDSA and determine baseline measures and what we can or should we measure
 - Consider use of analytics tool or dashboard
 - Select items for improvement, e.g., response time (phone or in person), screening w/suicide rating scale, check-in for those w/high risk

Overall Outcome – Grant Goals and Transformative Vision



Breakout 1

Format

• 2-3 attendees in each group

Discussion Questions;

Knowing the CCBHC-E grant can transform your organization

- What aspects of CQI does your organization do well?
- What aspects of CQI does your organization struggle to do well?
- What resources/technical assistance could help address these struggles?

Please return ready to report out via chat or opening your microphone!

Welcome Back!





Please share in the chat a few words to describing what the CCBHC-E grant means to your organization.

If you'd rather speak to this raise your hand and we'll open your microphone.

Breakout 2

Format

Cohorts assigned with a Convener:

- CEO/Executive Director Group
- CCBHC Grant Project Leaders Group
- Other Admin/Clinical Staff Members Group

Discussion Questions

 Given the findings from your small group, what are the 3 next steps you need to take to use CQI to realize your transformation/vision?

Convener will report-out for the group!

Welcome Back!



Please share something you learned in the chat.



If you'd rather speak to this raise your hand and we'll open your microphone.

Key Steps...Moving Forward!

1. Define your vision as a leader, with your leadership team

2. Communicate and socialize the vision to everyone

3. Identify important targets that resonate with values

4. Create an empowered change structure that involves everyone

5. Align the grant funded program elements within the change structure

6. Identify change agents that represent a horizontal and vertical partnership

7. Utilize Continuous Quality Improvement to organize your transformation

Wrap-up: Preparing for Our Next Session

Now that you have taken the time to consider how your organization will be leveraging Continuous Quality Improvement technology...in the next session we will focus on how to work with Teams to leverage this technology

Tips

- Take inventory of how your organization does CQI well and where improvement is needed!
- Before our next session read-up on how <u>Team-based Care</u> can improve the adoption of CQI

Questions or Looking for Support?

Visit our website and complete the **Request Technical Assistance** form

https://www.thenationalcou ncil.org/ccbhc-e-nttac/



Receive assistance from our team of experts!

The CCBHC-E National Training and Technical Assistance Center provides consultation and technical assistance on CCBHC implementation to expansion grantees. Fill out this form to request assistance today.

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Thank You

Please take a moment to share your feedback in the **post-webinar survey**.

It will pop up once the webinar is closed.