

## Advancing Health Equity through Integrated Care ECHO

### Frequently Asked Questions (F.A.Q.)



National Council for Mental Wellbeing ECHO Hub

Center of Excellence (CoE) for Integrated Health Solutions

## Participant Frequently Asked Questions

### What will you gain by participating?

The goal of this ECHO is to provide a safe space for peer-to-peer learning and open discussions with a group of health provider organizations who are committed to advancing equity for both clients and staff within their organizations to ultimately improve the access to and quality of health services provided to historically marginalized communities, through advancing integrated health and strengthening clinical and organizational practices.

### Participant learning objectives:

By participating in this ECHO, participating organizations will be able to...

- Understand the importance of integrating general health, mental health, and substance use treatment services to improve whole-person care in a culturally and linguistically responsive manner.
- Understand specific integrated care models and approaches that can be used to address health inequities.
- Identify specific resilience-oriented strategies for reducing bias, racism and trauma within organizational practices and policies to best support organizational staff and providers.
- Identify specific resilience-oriented strategies for reducing bias, racism, and trauma within organizational clinical practices to improve and advance equity among clients.

- Understand and describe opportunities to provide culturally and linguistically appropriate services, including the organizational practices and policies needed to implement National Standards for Culturally and Linguistically Appropriate Services (CLAS) in health care.
- Understand how to describe and recognize moral injury and compassion fatigue within an organization's workforce and implement organizational strategies for shifting to a culture of compassion resilience and trauma-informed care.

## Are there requirements for participating?

There are no costs associated with participating in this ECHO series.

- **Correspondence & Attendance** - We ask that one staff member act as "team lead" and be responsible for correspondence with ECHO staff. We also ask that at least one member of the team attend and participate in all six 90-minute sessions occurring monthly from February to July.
- **Session Participation** - Participants will also be asked to actively engage and participate in each session. Participants will also be asked to maintain an open mind and willingness to uphold the safe space practices established by faculty and facilitators during sessions.
- **Case Presentation** - All participating organizations will be asked to submit one case presentation form describing their organization's experiences, challenges, and opportunities related to addressing or advancing health equity. This will allow participants to gather insightful feedback and guidance from other organizations and experts for how teams can advance equity efforts within their organizations. Organizations will be selected to present their case during a session to allow for dialogue, feedback and guidance from other participants and experts on how their organization can advance health equity in the specific case scenario presented.
- **Surveys** - Participants will be asked to complete surveys before the ECHO series, during, and after the series ends, to assist the planning team in regularly improving and updating learning and engagement methods during this ECHO and for future ECHOs.

## How will I receive the materials to prepare for each session?

1-2 days before each session, participants will receive the presentation slide deck along with any additional materials needed before each session. Participants will also receive the recording and survey after each session, along with any other resources reviewed and discussed.

## Will I have a chance to provide feedback and share thoughts after each session?

Yes! Your feedback directly guides our direction and content shared on each session. All participants will be directed to complete a post-session survey after each ECHO session to share your feedback with us.

# CENTER OF EXCELLENCE for Integrated Health Solutions

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

NATIONAL  
COUNCIL  
for Mental  
Wellbeing

## When do sessions occur?

Session 1	Importance of Integrated Care in Addressing Health Equity	<b>Friday, 2/25/22</b> 12pm-1:30pm ET/9am-10:30am PT
Session 2	Integrated Care Models and Approaches to Address Health Equity	<b>Thursday, 3/17/22</b> 11:30am-1pm ET/8:30am-10am PT
Session 3	Internal Practices and Policies to Decrease Bias, Racism & Trauma within Organizations	<b>Thursday, 4/21/22</b> 11:30am-1pm ET/8:30am-10am PT
Session 4	How to Decrease Bias, Racism & Trauma in Clinical Services	<b>Thursday, 5/19/22</b> 11:30am-1pm ET/8:30am-10am PT
Session 5	Providing Culturally and Linguistically Responsive Services	<b>Thursday, 6/16/22</b> 11:30am-1pm ET/8:30am-10am PT
Session 6	Engaging Your Team to Prevent, Identify, and Support Moral Injury and Compassion Fatigue	<b>Thursday, 7/21/22</b> 11:30am-1pm ET/8:30am-10am PT

## Is there a cap on the number of participants?

Yes, there is a cap of 30 participating organizations for this ECHO opportunity. Applications will be reviewed once the registration closes on February 4<sup>th</sup>, 2022 and all applicants will be notified if they are accepted into the opportunity in mid-February.

If you have any questions, please contact [integration@thenationalcouncil.org](mailto:integration@thenationalcouncil.org)

