

# Trauma-Informed Collaborative Documentation

# Objectives for This Training

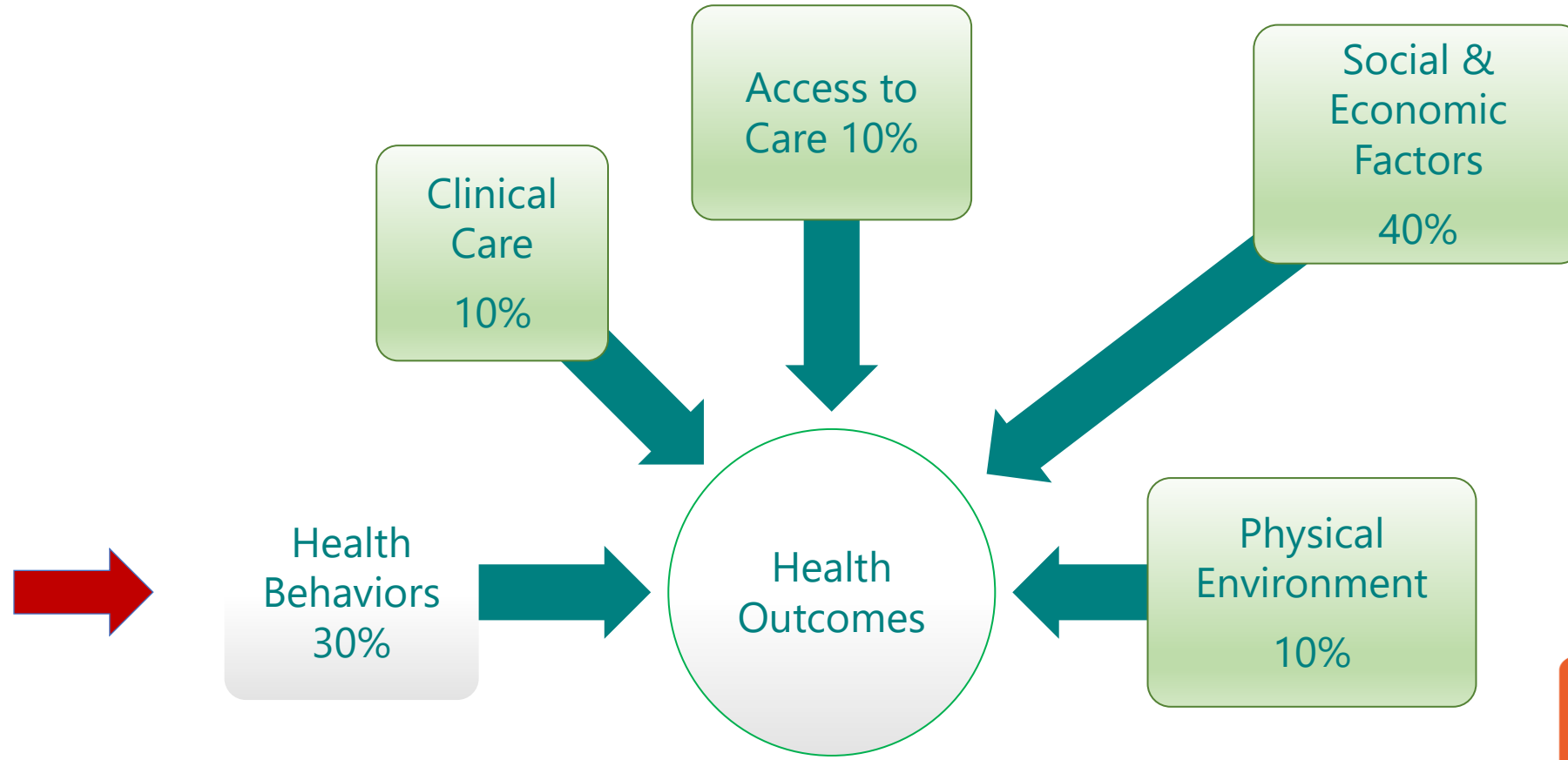


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- Establish a common language around what effective and strong progress notes looks like.
- Demonstrate how collaborative documentation is a patient-centered approach that results in better care, treatment, and notes.
- Explore the collaborative documentation model and discuss best practices for process and environment.

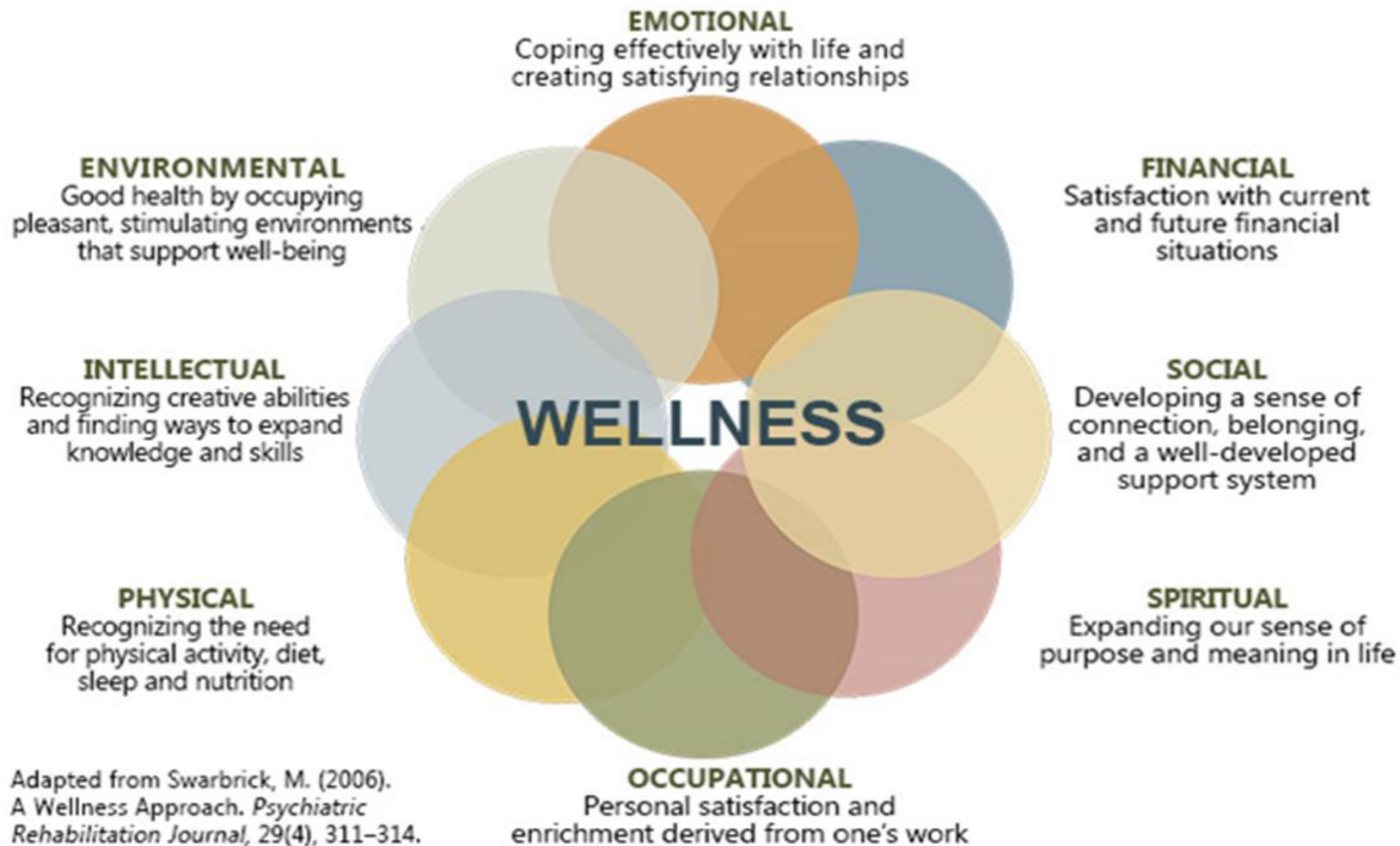
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# Determinants of Health



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# Eight Dimensions of Wellness



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Figure 2

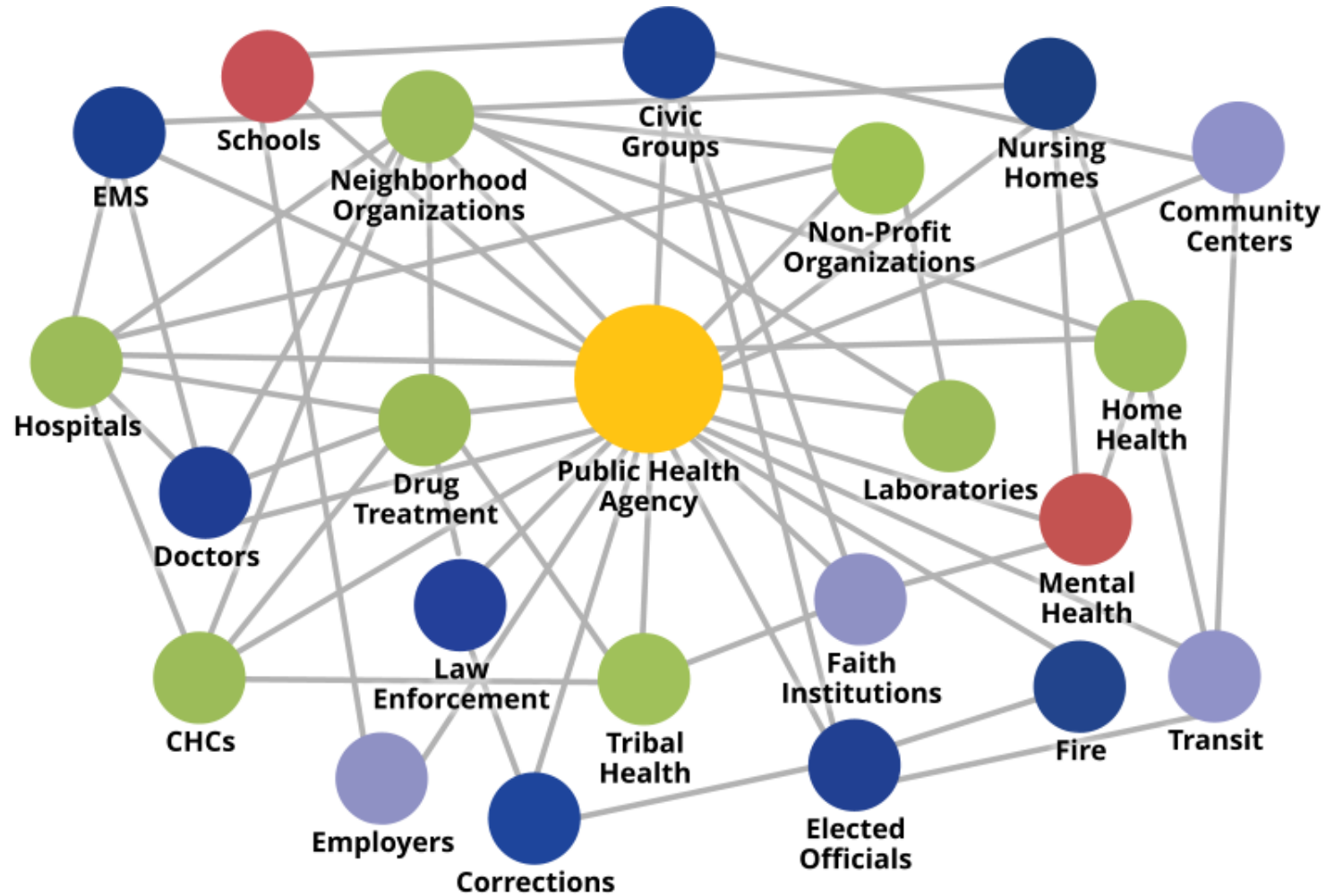
## Social Determinants of Health

Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
Employment	Housing	Literacy	Hunger	Social integration	Health coverage
Income	Transportation	Language	Access to healthy options	Support systems	Provider availability
Expenses	Safety	Early childhood education		Community engagement	Provider linguistic and cultural competency
Debt	Parks	Vocational training		Discrimination	Quality of care
Medical bills	Playgrounds	Higher education			
Support	Walkability				
<b>Health Outcomes</b> Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations					



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# Community-level interactions



Source: Centers for Disease Control and Prevention, 2018



# Why Does Documentation Matter?

If it is not documented, it did not happen!



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# An Effective Progress Note



**Readable – not too  
“clinical” or too  
much jargon**



**Objective neutral  
language**



**Useful to:**

Patient

Clinician

Others involved in  
patient’s care – team  
members, collaterals,  
others?



**Demonstrates  
service necessity**





# Language Matters: Be Attentive to All Language



“Non-compliant”

“Manipulative”

*“Naughty”*

“Lazy”

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**Jargon**

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# The Documentation Linkage

## Assessment

- Strengths/Challenges
- Assessed Needs/Personal Goals



## Treatment Plan

- Goals and Objectives
- Should link to assessed needs and goals from initial assessment



## Progress Notes

- Interventions
- Progress

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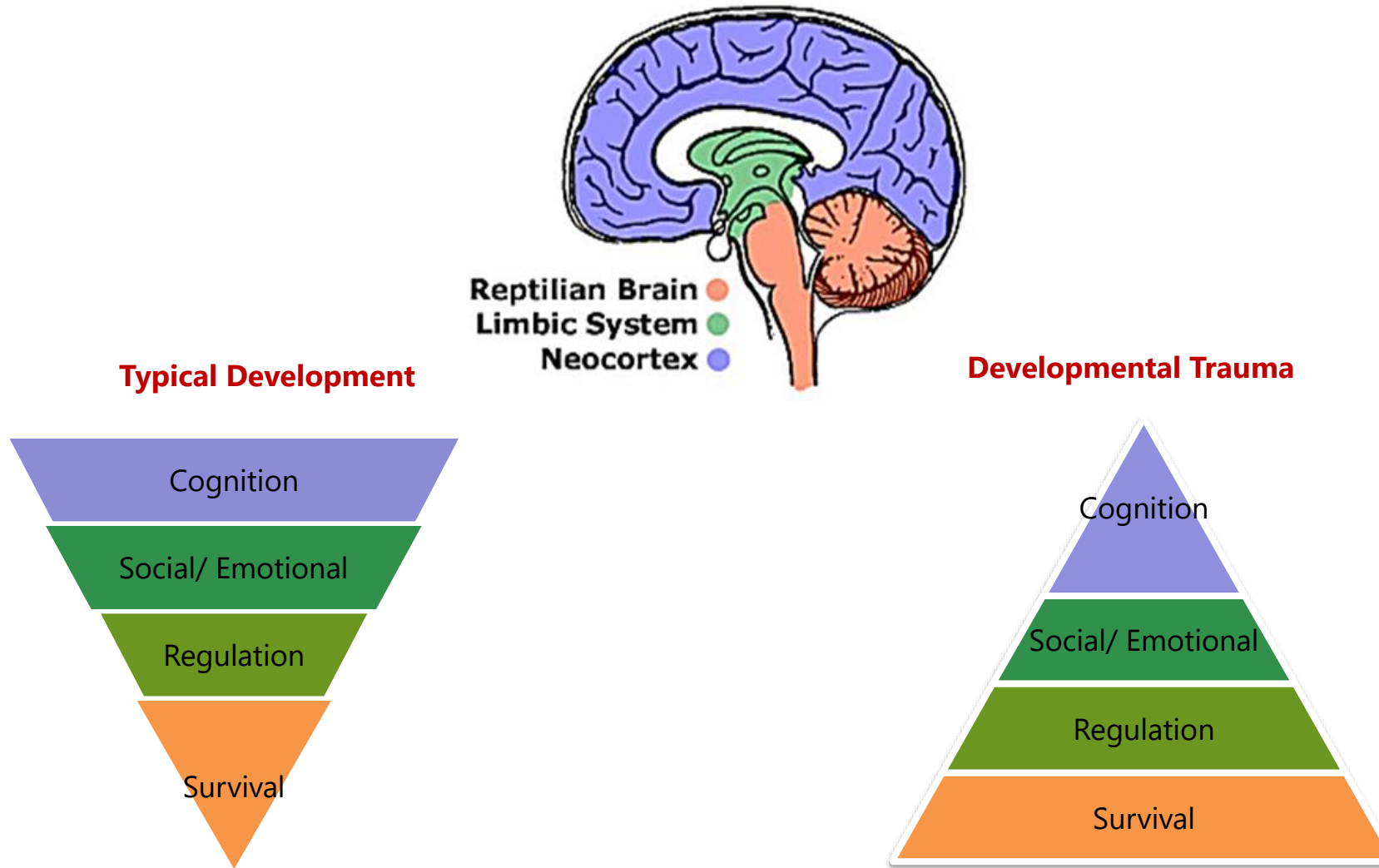
What's wrong with the way I am documenting now? Why should I care about collaborative documentation?



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# Trauma Impacts Brain Development



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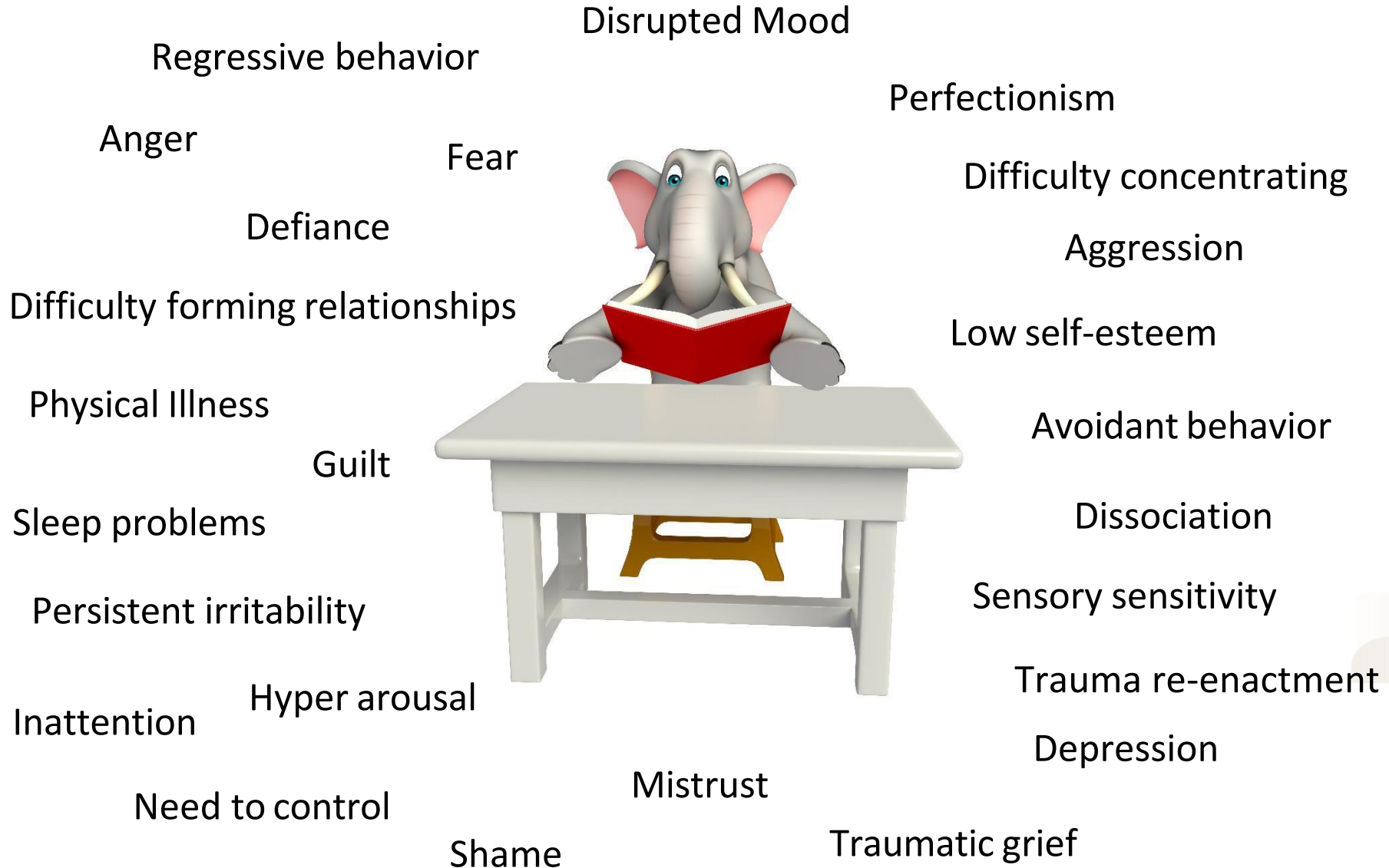
# Trauma Shapes Beliefs



- Worldview
- Spirituality
- Identity

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# What's Sitting in the Room from Trauma



# Principles of a Trauma-Informed Approach



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# Cultural Humility

## *Practicing Cultural Humility*

*A*sk questions in a humble, safe manner

*S*eek Self-Awareness

*S*uspend Judgment

*E*xpress kindness and compassion

*S*upport a safe and welcoming environment

*S*tart where the patient is at

- Lisa Boesen

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We need to have...



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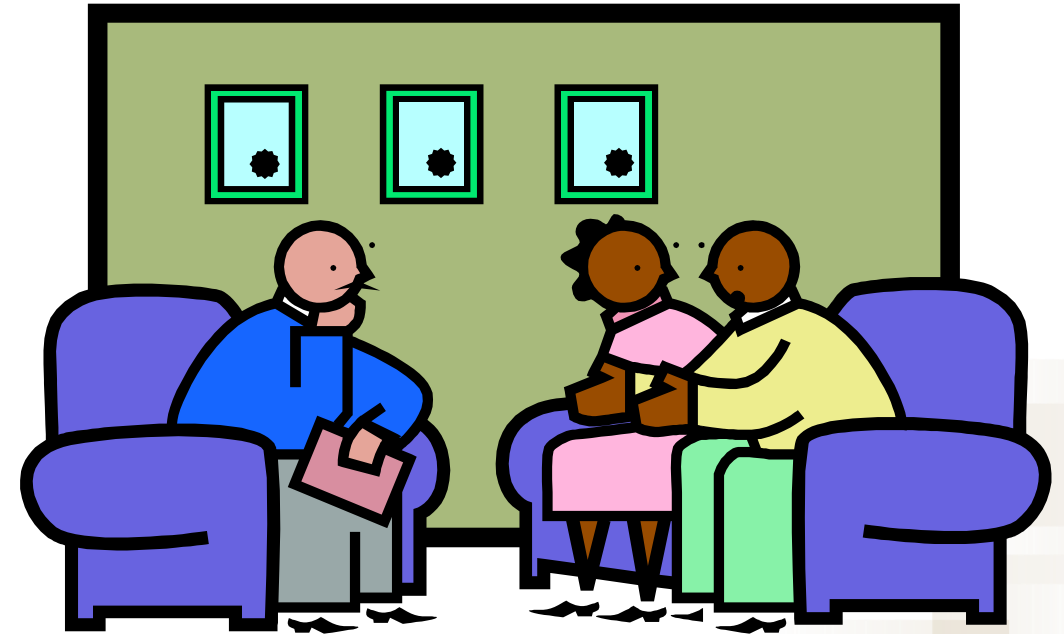


TheNationalCouncil.org

# What is Collaborative Documentation?

*Collaborative documentation* is a practice where the clinician and client document together, during the session.

- ▶ Concurrently for assessments/treatment plans
- ▶ Beginning and end for ongoing sessions...
  - ▶ “first five and last five”
- ▶ Not Concurrent Documentation



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# Tips for Collaborative Documentation

Use



Ask



Let



# Benefits of Collaborative Documentation



Improves

Quality of Life

Outputs

↳ ... create Outcomes

↳ ... which have Impact

Improves

Client Outcomes



Supports

Shared Decision-Making



Improves

Compliance



Improves

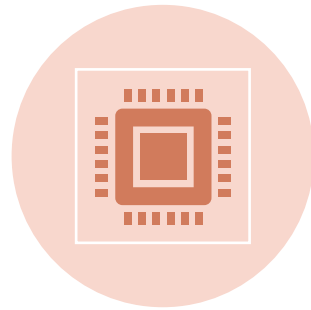
Capacity and Productivity



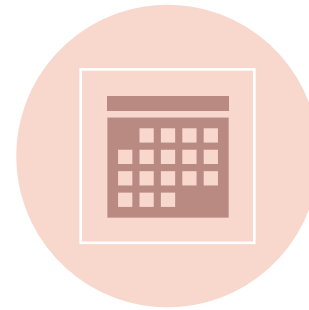
# Collaborative Documentation Setup



**SCRIPTS** – KNOW HOW  
YOU ARE GOING TO  
INTRODUCE TO CLIENT  
BEFORE THE SESSION



**TECHNOLOGY** – WHAT  
IS NEEDED/AVAILABLE?



**TIME/FLOW** – REAL  
TIME FOR  
ASSESSMENTS/TX  
PLANS, BEGINNING  
AND END FOR  
PROGRESS NOTES



**HIPAA** – BE CAREFUL  
OTHER INFORMATION  
ON THE COMPUTER IS  
NOT SEEN BY THE  
CLIENT



# Thank You!

