CoE-IHS Office Hour: Health Equity in Perinatal Health

Thursday, May 26, 2022
2-3pm ET
Questions, Comments & Closed Captioning

Type in a question in the Q&A box

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Disclaimer

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Introductions

Moderator

• **Sarah Neil**, *Director*, Practice Improvement & Consulting, National Council for Mental Wellbeing

Panelists

• **Laura Line**, *Principal*, Bowling Business Strategies

• **KC Lomonaco**, *PsyD, RN*, Clinical Psychologist Denver Health

• **Elizabeth Beckman**, *MD*, Family Physician and Psychiatrist, Denver Health

• **Melissa Sampath**, *LPC, LCADC, ACS, PMH-C*, Vice President, Community Mental Health Service Care Plus NJ

• **LaDeana Artis**, *LCSW, PMH-C*, Clinical Director, Care Plus NJ
Pregnant and postpartum people in the U.S. are significantly and increasingly vulnerable to mental health and substance use challenges.

- Due to inequities, pregnant and postpartum people of color experience an even higher prevalence of maternal mental health conditions relative to the entire population.
- Integrated models of care offer a more comprehensive approach to providing individuals and families with the continuum of care they need, addressing the unique needs of those in the perinatal period.
Tools & Resources (1 of 2)

- **Center of Excellence for Integrated Health Solutions**
  - Perinatal Health Part 1: The Case for Integration & Considerations Across the Continuum of Care – slides & recording
  - Perinatal Health Part 2: Perinatal Behavioral Health Care in a Certified Behavioral Health Center (CCBHC) - slides & recording

- **National Council for Mental Wellbeing – Mental Health First Aid**

- **HHS – New Maternal Mental Health Hotline**

- **Care Plus NJ**

- **Denver Health**

- **Moms Do Care**

- **Centers for Medicare and Medicaid Services – Improving Maternal Health and Extending Postpartum Coverage in Medicaid and the Children’s Health Insurance Program (CHIP)**

- **Integrating Substance Use Disorder and OB/GYN Care Brief**

- **Maternal, Infant, and Child Health – Healthy People 2020**

- **Perinatal Mental Health Alliance for People of color**

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TheNationalCouncil.org/Interated-Health-CoE
Tools & Resources (2 of 2)

• HRSA Maternal & Child Health - Maternal and Child Health Bureau
• HRSA: Screening & Treatment for Maternal Depression & Related Behavioral Disorders Program (MDRDB)
• California Maternal Quality Care Collaborative (CMQCC) - Toolkits
• Fetal Alcohol Spectrum Disorders Research Briefs
• Alliance for Innovation on Maternal Health
• American Academy of Pediatrics
• American Hospital Association – Better Health for Mothers and Babies
• Women’s Health Journal Article: Improving Latinas’ Perinatal Mental Health During COVID-19 Crisis
• Perinatal Depression: Preventive Interventions
• WNY Postpartum Connection Inc: Directory of Mental Health and Support Services for Pregnant and Post Partum People of Color
### Upcoming CoE Events:

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<tr>
<td>CoE-IHS Webinar: Integrating Peer Recovery Supports within Medical and Community Treatment Settings</td>
<td><strong>Register for the Webinar</strong> on Thursday, June 16, 2-3pm ET</td>
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<tr>
<td>CoE-IHS Webinar: Perinatal Part 3: Integrating Services for Pregnant and Postpartum People in High Need Settings</td>
<td><strong>Register for the Webinar</strong> on Thursday, June 23, 2-3pm ET</td>
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<td>Interested in an individual consultation with the CoE experts on integrated care?</td>
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Questions?
Email integration@thenationalcouncil.org

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