



National Recovery Month – Sample Social Media Messaging

Join us in recognizing National Recovery Month throughout September! Use the sample social media messaging below to bring awareness to this important observance.

SAMPLE TWITTER POSTS

- September is National #RecoveryMonth. Join us in supporting the millions of individuals in recovery across the country!
- Recovery is within reach. This National #RecoveryMonth, let's celebrate the 22 million people who are in recovery from substance use issues. How you can support someone's journey to recovery from @mhfirstaidusa: <https://bit.ly/3pUbEPv>
- "Boosting prevention, treatment and recovery would go a long way toward reducing the rising number of overdose deaths." Read more from the @NationalCouncil CEO and president @ChuckIngoglia: <https://bit.ly/3CLnvqK> #RecoveryMonth

SAMPLE FACEBOOK POSTS

- This National Recovery Month, join us in celebrating the 22 million people across the U.S. who are currently in recovery. Recovery is possible!
- Hope and help are available. This National Recovery Month, learn how you can help loved ones on their path to recovery from Mental Health First Aid: <https://bit.ly/3pUbEPv>
- Join me in celebrating National Recovery Month! Recovery is possible. Learn more about National Recovery Month: <https://bit.ly/3gL2EaX>

