CCBHC-E National Training and Technical Assistance Center

CCBHC Foundations Data Learning Series

Session 1: Orientation

November 15, 2022
Acknowledgements and Disclaimer

This session was made possible by Grant Number 1H79SM085856 from the Substance Abuse and Mental Health Services Administration (SAMHSA). Its contents are solely the responsibility of the authors and do not necessarily represent the official views, opinions, or policies of SAMHSA, or the U.S. Department of Health and Human Services (HHS).
Logistics

• Please rename yourself so your name includes your organization.
  • For example:
    • Blaire Thomas, National Council
  • To rename yourself:
    • Click on the Participants icon at the bottom of the screen
    • Find your name and hover your mouse over it
    • Click Rename

• If you are having any issues, please send a Zoom chat message to Kathryn Catamura, National Council
How to Enable Closed Captions (Live Transcript)

Next to “Live Transcript,” click the arrow button for options on closed captioning and live transcript.
Today’s Session: Slides and Recording

Slides and the session recording link will be available on the CCBHC-E NTTAC website under “Training and Events” > “Past Events” within 2 business days.
Today’s Agenda

• Welcome and brief orientation to CCBHC-E NTTAC
• CCBHC Foundations Data Learning Series overview and expectations
• Brief introduction to elements of data foundations
• Sharing and preparing for next session
Orientation to the CCBHC-E National TTA Center (CCBHC-E NTTAC)
Purpose: Provide training and technical assistance to SAMHSA CCBHC-Expansion grantees for:

- Implementation and adherence to the CCBHC model
- Utilization and integration of evidence-based practices
- Sustainability and alignment of CCBHC model and state adoption
How Does the Center Support Grantees?

Learning Communities and ECHO Series

Webinars, Office Hours and Learning and Action Sessions

On-demand Resource Library
Access online website.

Direct Consultation
Request individual support through completing the technical assistance request form.

Collaboration with Other Grantees

All supports provided by the NTTAC are free to grantees.
CCBHC-E TTA Center Website

Direct Consultations

The CCBHC-E National Training and Technical Assistance Center provides free consultation and technical assistance on CCBHC implementation to expansion grantees.

To request individualized support and consultation:

1. Visit the CCBHC-E NTTAC Request Training / Assistance page
2. Complete the CCBHC-E NTTAC Request Form to be connected with a consultant

You can expect to hear back within 48 hours to schedule an initial consultation.

The CCBHC-E NTTAC provides CCBHC-Es access to on-demand resources that support understanding of and adherence to the CCBHC model, adoption of EBPs, and state certification requirements and processes.

Accessible online and will continue to be developed and expanded.

Some examples include the following:

- CCBHC Criteria On-Demand Lessons (Key resource for THIS learning community!)
- Relias Online Courses (Free training modules)
- ASAM Online Modules and Lessons

https://www.thenationalcouncil.org/ccbhc-e-nttac/resource-library/
Orientation to the CCBHC Foundations Data Learning Series
Today’s Learning Objectives

Identify the structure and curriculum of the learning series.

Review expectations of learning series participants.

Foster connection and relationship building with participants.
Your Learning Series Team

Jeff Capobianco, PhD
Consultant and Subject Matter Expert

Clement Nsiah, PhD, MS
Director

Blaire Thomas, MA
Project Manager

Kathryn Catamura, MHS
Project Coordinator
Today’s Presenters

Jesse Sieger-Walls, MSW, LCSW, PhD
Principal and Director of Population Health

Leigh Fischer, MPH
Principal
Data Learning Series By the Numbers

76 Clinics, 33 states & Puerto Rico, 120 Registrants

41% urban, 23% suburban, 36% rural

Confidence level measures

- Extremely confident
- Confident
- Neutral
- Somewhat confident
- Not at all confident

CCBHC Knowledge

- Limited knowledge
- Moderate knowledge
- Strong knowledge

Participants Job Title

- Project Director: 41%
- Executive (VP, COO): 18%
- Project Manager: 16%
- Evaluator: 18%
- Quality Improvement/Accreditation: 16%
- Data Analysis: 8%

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Learning Series Purpose

**Purpose**: Provide a mechanism of structured support for PDI grantees over their first year of grant implementation focused on grant requirements related to data deliverables. The learning series curriculum will build participant knowledge and understanding of the foundational elements of data collection, analysis and reporting related to grant measures such as the NOMs, Community Needs Assessment, Disparity Impact Statement and others.

**Learning Objectives**

- Increase knowledge and understanding of the foundational and introductory elements of data collection, analysis, and reporting
- Explore opportunities for building data infrastructure for the CCBHC-E grant data collection and reporting requirements
- Identify approaches for analyzing clinic and agency-level data to address population health needs, and disparities and inform continuous quality improvement practices
Learning Series Structures

- Monthly, 90-minute learning sessions
  - Sessions will follow a curriculum of topics
  - Expect approximately 60 minutes of content and 30 minutes of breakouts or peer engagement
- Resources
  - Welcome packet serves as a reference for expectations, accessing sessions and resources
  - Resources such as reference guides or other materials complimenting content will be shared
  - We will be maintaining a “Question Log” to align content to questions and needs, and develop Q&As where relevant, so please put questions in chat as we go for during each session
Participant Expectations

• CCBHC implementation requires organization buy-in and team collaboration – we welcome organizations to bring extended teams to these sessions
• All content is intended to build upon past sessions, so we ask for participant commitment in all sessions
• Life happens! If you can’t attend some sessions, please make efforts to have others on your team join to represent you

• Meeting and engaging with your peers can be one of the most rewarding parts of this experience – we ask for you to have your video on, to share experiences so we can all benefit
• Speak up and ask – there are NO dumb questions, everyone is new to this – drop questions in the chat as they come to you
• If you have multiple teammates joining a call, consider joining from separate laptops to be able to fully engage in breakout discussions
<table>
<thead>
<tr>
<th>Month</th>
<th>Topic</th>
<th>Details</th>
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<tbody>
<tr>
<td>Nov 2022</td>
<td>Orientation and Attestation</td>
<td>Explore techniques and strategies to build organizational infrastructure for mapping grant data requirements.</td>
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<td>Building Infrastructure for Data Collection, Analysis, Reporting and Continuous Quality Improvement</td>
<td>Introduce strategies and tools to design processes and workflows for data collection, analysis, and reporting.</td>
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<td>Showcase and explore how data can be used to guide agency-wide continuous quality improvement.</td>
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<tr>
<td>Dec 2022</td>
<td>Building Infrastructure for Data Collection, Analysis, Reporting and Continuous Quality Improvement</td>
<td>Identify approaches to design an effective community needs assessment.</td>
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<td>Designing an Effective Community Needs Assessment</td>
<td>Perform a case study example to showcase how community needs assessment data can be analyzed to identify community and population health needs.</td>
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<td>Jan 2023</td>
<td>Building Infrastructure and Practices for NOMs Data Collection, Analysis, and Reporting</td>
<td>Demonstrate strategies CCBHCs can explore to build an effective infrastructure processes for NOMs data collection, analysis, and reporting.</td>
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<td>Designing an Effective Community Needs Assessment</td>
<td>Perform a case example to demonstrate how CCBHCs can analyze NOMs data to assess and improve performance.</td>
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<td>Feb 2023</td>
<td>Building Infrastructure for Population Health Management and Risk Stratification</td>
<td>Explore and showcase effective strategies to build infrastructure for population health management and risk stratification approaches.</td>
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<td>Building Infrastructure for Population Health Management and Risk Stratification</td>
<td>Perform a case example to demonstrate how CCBHCs can utilize clinical level data to identify trends in disparities and gaps.</td>
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<td>Mar 2023</td>
<td>Wrap-Up and Closeout</td>
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Principles Data Collection and Analysis

- Respect individuals’ rights, dignity, privacy, and autonomy
- Use culturally responsive practices
- Ensure data collected are reliable and valid
- Minimize undue burden
- Collect, use, and disclose data for meaningful purposes
- Store and transmit data through secure methods
Principles of Data Collection and Analysis

**Reliability**
- Do your data collection methods produce consistent results?

**Validity**
- Are the results accurate?
- Can you use results in a meaningful way?

**Analysis**
- How do findings compare to your expectations?
- What are the big takeaways/trends that characterize your agency and its services?
- What findings inform actionable steps and/or inform new evaluation questions?
Data-Driven Project Roadmap
Elements of Data Collection and Analysis

- Evaluation questions
- Quantitative and qualitative methods (e.g., surveys, assessments, interviews, focus groups)
- Data collection protocols and workflows
- Reporting of results
- Process improvement
Developing Evaluation Questions

Process
- Client Access (6 A’s)
- Quality of services

Outcomes
- Improved quality of life
- Change in severity of behavioral health concerns
6 A’s of Access

Accessibility
**Location:** Service is in reasonable proximity (time and distance)

Acceptability
**Perception:** Responds to service and social or cultural concerns

Accommodation
**Organization:** Service is organized to accept clients (hours, appointments, physical structures)

Availability
**Supply/Demand:** Sufficient services to meet consumer volume and need

Affordability
**Costs:** Services examine direct costs for the provider and the consumer

Realized Access
**Information:** The degree to which clients actually receive needed services in accordance with the standards.
# Examples of Evaluation Questions

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<th>Domain</th>
<th>Question</th>
<th>Data Source</th>
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| **Access** | • What are the barriers (*structural, financial, personal*) to accessing CCBHC services?  
• To what extent has the population of focus initiated and engaged in the recommended services? | Attendance/administrative data  
Surveys/interviews of providers and program participants |
| **Quality** | • What is the program’s impact on the quality of behavioral health care?  
• To what degree are evidence-based practices implemented as intended?  
• What are barriers and facilitators to implementing the CCBHC required services? | Surveys/interviews of providers and program participants  
Fidelity checklists |
| **Outcomes** | • To what extent has the client’s quality of life improved as a result of the program?  
• Was there a reduction in severity of mental health concerns? | Client self-reported qualitative data  
Standardized scales |
CCBHC Evaluation-Related Activities

- Inform disparity impact statement
- Conduct CCBHC needs assessment
- Measure client-level access and outcomes
  - Quality care measures
  - Client satisfaction
  - Clinical outcomes
- Monitor organizational implementation progress
  - Grant-required measures (IPPs, NOMs)
  - Project goals and objectives
  - CCBHC model criteria adherence
CCBHC Data Types and Sources

- Clinical records
- National Outcome Measures (NOMs) Services Tool
- Infrastructure development, prevention, and mental health promotion (IPP) indicators
  - Training records
  - MOU/MOA/BAA
  - Rosters or surveys of CCBHC governing entities
  - Claims/EHR data
- Quality measures
  - Administrative records
- Stakeholder interviews and surveys
- Public health data
How To Use CCBHC Data

• Clinical practice
  • Determine client and population needs
  • Adjust treatment plans to improve outcomes
• Support of clinical and administrative/business staff decision workflow
• Identify other funding opportunities
• Inform state and local policy change
• Make decisions related to staffing and resources
• Communicate with community partners
• Promote programs and services
• Celebration!

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Breakouts: Getting to Know Your Peers

In each room, have each participant share:

• Who you are: Name, role in CCBHC implementation
• Where you’re from: Clinic name, location, setting (Ex: rural, urban)
• What do you see as your niche or special sauce (Ex: What is your clinic known for in terms of who you serve, innovative or quality practices?)
• What questions do you have coming into the learning series?
• What do you most need from the learning series?

Be prepared to share some themes from your group!
Closing: Sharing and Preparing

• **Brave Volunteers:** What did you hear from others in terms of questions and needs?

• **QUESTION LOG:** Take 2-3 minutes to send any questions you have aligned with the learning series curriculum in the chat.

• **Next Session: December 13, 2022, 3pm – 4:30pm EST**
  • Topic: Developing Data Infrastructure and Workflow
  • Prep work: Review the goals and objectives from your proposal; draft evaluation questions; consider clinical workflows for collecting client assessment data; prepare an example of how your organization has used data to improve performance and outcomes.
Other Upcoming Events

- **CCBHC Sustainability Learning and Action Series (November 2022 – January 2023)**. This Learning Series is designed for CCBHC grantees interested in learning and understanding the different pathways to building and maintaining a sustainable plan for the CCBHC model. The curriculum for this Learning Series will review approaches to collaborating with states and other stakeholders to build the value case for statewide CCBHC implementation, transitioning from a grant program to state certification, and effective strategies to optimize future billing opportunities.
  - **Session 1: Building the Value Case for Statewide CCBHC Implementation** – Monday, November 14, 2-3pm ET
    This session will identify how CCBHC-E grantees align and organize alongside other grantees, state associations and other stakeholders to educate and communicate the value of CCBHCs and explore pathways for statewide implementation. Register here.
  - **Session 2: Transitioning from Grant Programs to State Certification** – Monday, December 5, 2-3pm ET
    This session will identify strategies for using your CCBHC grant program to prepare your organization for certification, where available, and how to leverage attestation as practice for certification. Register here.
  - **Session 3: Financing for Sustainability – Understanding Your Costs and Preparing for New Payment Models** – Monday, January 9th, 2-3pm ET; Understanding and optimizing your costs as a CCBHC is critical for sustainability of services. This session will identify processes CCBHC-E grantees can establish to capture their costs and optimize billing as a CCBHC, as well as considerations for alternative payment models. Register here.
Collaboration with Other Grantees

• Peer cohort calls as a regular standing space for engaging with others going through the same things as you:
  • CCBHC-E executives meet the last Friday of each month from 12-1 p.m. ET. Register here.
  • CCBHC-E program directors meet the first Wednesday of each month from 12-1 p.m. ET. Register here.
  • CCBHC-E evaluators or CQI leads meet the first Tuesday of each month from 3:30-4:30 p.m. ET. Register here.
  • CCBHC-E medical directors meet the first Monday of each month from 12-1:00 p.m. ET. Register here.

• Additional Support: We welcome you all to join our virtual community where you can communicate with your peers, post questions, comments and share resources amongst the cohort! JOIN HERE!
Thank you for attending today’s event.

Slides and the session recording link will be available on the CCBHC-E NTTAC website under “Training and Events” > “Past Events” within 2 business days.

Your feedback is important to us!

Please complete the brief event survey that will open in a new browser window at the end of this meeting. Your input helps us improve our support offerings and meet our SAMHSA data metrics.