

# Peer Support Services and Community Supervision Examples

Here are a few of the many community supervision programs that partner with or integrate peer recovery support services.

| <b>Program</b>  | <b>State</b> | <b>Description</b>  |
|---|--------------|---|
| <a href="#">Peer Support Program and Thinking for a Change – Peer Support</a><br>(Virginia Department of Corrections) | Virginia     | The Virginia Department of Corrections’ Peer Support Program allows individuals under probation to assist others in working through issues of incarceration, planning for release and adjustment to supervision. The Thinking for a Change – Peer Support program provides individuals under probation and parole with peer-led open discussions that allow participants to use problem solving and cognitive skills to address previous thought patterns and negative behaviors. |
| <a href="#">PHASE (Probation and Parole Accountability and Stabilization Enhancement)</a>                             | Colorado     | PHASE is a stabilization program that helps individuals develop the self-management strategies and skills necessary to successfully engage in behavioral health services and complete the requirements of their probation or parole. Individuals under supervision can participate in group treatment sessions with peers on topics that include relapse prevention, emotional regulation, and cognitive behavioral therapy (CBT) techniques.                                     |
| <a href="#">Parole Support and Treatment Program (PSTP)</a><br>(Project Renewal)                                      | New York     | PSTP from Project Renewal helps individuals under parole with daily challenges, including coping with the symptoms of mental illness, reestablishing fractured relationships, and securing stable housing. PSTP staff work with former inmates from the moment they are released from prison, helping them with counseling, mental health and substance abuse services, life skills training, peer support, crisis intervention and housing placement.                            |
| <a href="#">Offender Alumni Association (OAA)</a>   | Alabama      | OAA is a support network that provides community-based peer support for people leaving incarceration. Weekly support forums offer peer-to-peer support, emotional encouragement, and connections to housing, transportation and jobs.   |
| <a href="#">The Achievement Center</a><br>(Wilmington HOPE Commission)  | Delaware     | The Achievement Center is the home for the Wilmington HOPE Commission’s evidence-based reentry program. The program provides direct case management and rehabilitative services such as risk and needs assessments, behavioral health services, vocational readiness training, peer support and family reunification programs.  |

|  |   |   |
|--|---|---|
| <p><a href="#">Transitions Clinic Network</a></p>  | <p>Alabama, Arkansas, California, Connecticut, Louisiana, Massachusetts, Minnesota, New York, North Carolina, Rhode Island, Puerto Rico, Texas, Washington, Wisconsin</p> | <p>The Transitions Clinic Network (<a href="#">locations in 13 states and Puerto Rico</a>) supports a group of patient-centered medical homes for people with chronic illness who are returning to their communities from incarceration. The clinics are staffed by community health workers who have a history of incarceration.</p>   |
| <p><a href="#">Forensic Assertive Community Treatment (FACT)</a><br/>(Community Bridges)</p> | <p>Arizona</p>  | <p>Community Bridges' FACT teams work closely with individuals to plan for reentry into the community and reduce interactions with the criminal justice system. The teams work with treatment providers and criminal justice partners to provide services to people with serious mental illness and co-occurring disorders. Team members include peer support specialists and the adult probation department.</p> |



*This work is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$250,000 with 100% funding by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, CDC/HHS or the U.S. government.*