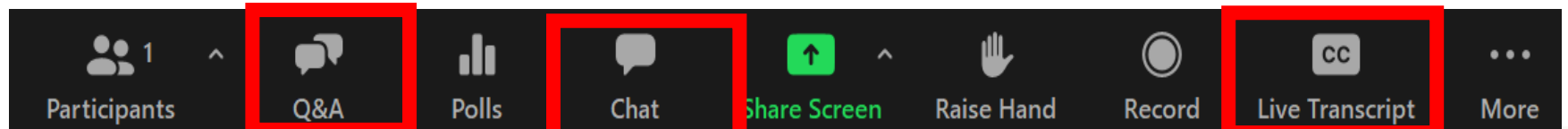


Culturally Responsive Approaches for
Integrated Care within Asian American, Native
Hawaiian, & Pacific Islander (AANHPI)
Communities

Tuesday, May 23rd, 2023
2-3pm ET

Questions, Comments & Closed Captioning



The image shows a horizontal control bar for a video player. From left to right, the buttons are: 'Participants' (with a '1' and an upward arrow), 'Q&A' (with a speech bubble icon), 'Polls' (with a bar chart icon), 'Chat' (with a speech bubble icon), 'Share Screen' (with a green square and upward arrow), 'Raise Hand' (with a hand icon), 'Record' (with a circle icon), 'Live Transcript' (with a 'CC' icon), and 'More' (with three dots). Three red boxes highlight the 'Q&A', 'Chat', and 'Live Transcript' buttons. Three black arrows point to these buttons with the following text: 'Type in a question in the Q&A box' points to 'Q&A', 'Type in a comment in the chat box' points to 'Chat', and 'Click Live Transcript and then select "Show Subtitle"' points to 'Live Transcript'.

Type in a question in the Q&A box

Type in a comment in the chat box

Click Live Transcript and then select "Show Subtitle"

Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).

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Poll #1: Do you provide culturally responsive, integrated care services to AANHPI communities? (including specific models, programs or targeted strategy)

- Yes
- No, but we're considering ways to improve
- Somewhat/ Unsure

Poll #2: Would you be willing to briefly meet with our CoE team to discuss further?

- Yes
- No

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Poll #3: If not, would you be willing to complete a brief survey to learn more about your work prioritizing AANHPI communities?

- Yes
- No

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Poll #4: If you are working to improve your services to the AANHPI community, please share some of these ideas and strategies in the chat.

- Sure, will do! (share your ideas and programs with us in the chat box!)
- Nothing at the moment.

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Introductions



Moderator:

Youlim Song, *Project Manager*, Practice Improvement & Consulting, National Council for Mental Wellbeing

Panelists:



Annalisa Enrile, MSW, PhD, Teaching Professor, USC Suzanne Dworak-Peck School of Social Work



Hai-Duong (Hais) Lindeman, LMFT, Principal Consultant, Integrated Treatment Consulting



Jaime Yan Faurot, Volunteer BIPOC Peer and Community Advocate - BHRM Marin County

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Cultural responsiveness involves developing a curious and expansive way of thinking about others and is critical to providing person-centered integrated care.

By adopting a culturally responsive and trauma-informed approach to health care within AAPI communities, health care providers can honor the many cultural heritages of the Asian diaspora, support navigating challenges, promote healing, improve health outcomes and reduce disparities within these populations.

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The Diversity of an AANHPI Communities

East Asian

China, Hong Kong,
Japan, Macau, Mongolia,
North Korea, South
Korea, Taiwan

Southeast Asian

Cambodia,
Indonesia, Laos,
Malaysia, Myanmar
(Burma),
the Philippines,
Singapore,
Thailand, Vietnam

South Central Asian

Afghanistan,
Bangladesh, Bhutan,
India, Iran, Kazakhstan,
Kyrgyzstan, the
Maldives,
Nepal, Pakistan, Sri
Lanka, Tajikistan,
Turkmenistan, and
Uzbekistan

Western Asian

Armenia,
Azerbaijan, Bahrain,
Cyprus, Georgia, Iraq,
Israel, Jordan, Kuwait,
Lebanon, Oman, Qatar,
Saudi Arabia, Syria,
Turkey, the
United Arab Emirates,
and Yemen

Native Hawaiian

Hawaii

Pacific Islands

Northern Mariana Islands,
Federate States of Micronesia, Fiji, French
Polynesia, Kiribati,
Marshall Islands, Nauru
New Caledonia, New Zealand, Palau,
Samoa,
Solomon Islands, Tonga, Tuvalu, Vanuatu,
Wallis and Futuna

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Tools and Resources

National Council for Mental Wellbeing

- [Access for Everyone: A Toolkit for Addressing Health Equity & Racial Justice within Integrated Care Settings](#)
 - Health Equity Toolkit, Module 5: [Cultural and Linguistic Literacy](#)
 - Health Equity Toolkit, Module 4: [Health Literacy](#)
- [Guide to Providing Mental Health Services to Immigrants Impacted by Changes to Deferred Action for Childhood Arrivals \(DACA\) and the COVID—19 Pandemic](#)
- [Mental Health First Aid](#)
- [Diversity, Equity & Inclusion Framework](#)
- [Racial Equity Toolkit](#)

Blog Posts

- [AAPI Heritage Month: We Aren't Doing Enough to Help AAPI Youth](#)
- [Destigmatizing Mental Health in Asian American and Pacific Islander Communities](#)

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Tools and Resources (cont'd)

- [Providing Culturally Responsive Care for AA and NHPI Communities](#)
- [AANHPI 'OHANA CENTER of EXCELLENCE](#)
- [AANHPI Thought Leaders Advancing Diversity-Informed Practice](#)
- PolicyLink Report - [Understanding the Culture of Health for Asian American, Native Hawaiian and Pacific Islanders \(AANHPIs\): What do population-based health surveys across the nation tell us about the state of data disaggregation for AANHPIs?](#)
- [SAMHSA – A Snapshot of Behavioral Health Issues for Asian American/Native Hawaiian/Pacific Islander Boys and Men: Jumpstarting an Overdue Conversation](#)

SAMHSA Resources

- [SAMHSA AANHPI webpage](#)
- [NNED Hawai'i and Pacific Islands Diversity Inclusion Project Showcase](#)
- [NNEDLearn: Achieving Whole Health](#)
- [Blog Post: One size does not fit all: Appreciating the diversity of Asian Americans, Native Hawaiians, and Pacific Islanders \(AANHPIs\) and the Implications for Mental Health](#)
- [NNED Virtual Roundtable – Communities Respond to COVID-19: Implications for Asian Pacific Islanders](#)

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Upcoming CoE Events:

CoE-IHS Webinar: Quality Outcomes and Behavioral Health Treatment:
Improving Adoption of Measurement-informed Care

[Register for the webinar](#) on Tuesday, May 30th from 1-2pm ET

CoE-IHS Office Hour: Leveraging Data to Transform & Retain the Integrated Care
Workforce

[Register for the office hour](#) on Wednesday, May 31st from 2-3pm ET

Interested in an individual consultation with the CoE experts on integrated care?

[Contact us through this form here!](#)

Looking for free trainings and credits?

[Check out integrated health trainings from Relias here](#)

Subscribe for Center of Excellence Updates

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Thank You

Questions?

Email integration@thenationalcouncil.org

SAMHSA's Mission is to reduce the impact of substance abuse and mental illness on America's communities.

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1-877-SAMHSA-7 (1-877-726-4727) 1-800-487-4889 (TDD)

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Speaker Bios (cont'd)

Jaime Yan Faurot

As a BIPOC and Mental Health Advocate that wears many hats, Jaime Yan Faurot has made significant contributions to the Marin community through her volunteer work and leadership roles in various programs and county initiatives such as the MHSA Advisory Committee, Peer Outreach Committee and Recovery Change Team. Her warm personality and creative approach have enabled her to build bridges of connection wherever she goes. Her contributions have set a high standard for developing and promoting effective mental health programs and services that meet the diverse needs of the community. The core of her work is promoting cultural humility and meeting people where they are. She strongly believes that to Promote Change, she has to be the Difference she wishes to see in the world; thus being the Catalyst changemaker herself.

Jaime has a Masters in Hospitality Management and has since dedicated her passion to Advocating for the mental health needs of the marginalized Underserved and Unserved communities of Marin County. In 2021, she received a Commendation from the Board of Supervisors, Marin County, for her volunteer role for 5.5 years as a BIPOC Peer and Community Advocate. She also was awarded in the Celebrating the Uncelebrated Ceremony for her service from the Behavioral Health and Recovery Services (BHRS) Team, Marin County in 2019.

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Speaker Bios

Annalisa Enrile

Annalisa Enrile is a Teaching Professor at the USC Suzanne Dworak-Peck School of Social Work, turning classrooms into brave spaces to train the next generation of change makers. She traces her roots back to the Philippines, where she became a human rights defender and anti-trafficking warrior. She continues to work on both sides of the Pacific and across other oceans fighting to end modern day slavery. Annalisa believes in the transformative power of stories, the strength of community and the promise of innovation and design. Annalisa is the author of, "Ending Human Trafficking and Modern-Day Slavery: Freedom's Journey" and "Women's Journey to Empowerment in the 21st Century." She develops, leads and teaches courses in Design Justice, Community Organizing and Human Rights. Dr. Enrile co-leads Design Labs with Dr. Smith-Maddox and the initiated the launching of Keepingit100.Solutions, a web-based transformative platform. Dr. Enrile is also a social scientist with New Playbook (<https://www.newplaybook.org/about>) and just launched Project Gridlock- an AI software solution targeted to disrupt demand in sex trafficking. She consults with private companies, nonprofits and grassroots community organizations in diversity, equity, inclusion, labor and human rights, ESGs and business, gender violence. Dr. Enrile is currently working with She the People, elevating the political voice and leadership of women of color. In 2022, she hosted the first season of, Goodniks, a podcast of people who are doing or thinking about doing good work in the world.

Hai-Duong (Hais) Lindeman

Hai-Duong (Hais) Lindeman is a Licensed Marriage and Family Therapist and Founder of Integrated Treatment Consulting. Her specializations include individuals, families, and relationships with co-occurring and complex mental health, substance use, pathological gambling, and personality disorders. As a bilingual, Vietnamese-English, clinician, she has a special interest in the intersection of culture and clinical treatment for co-occurring conditions. Since 2004, Hais has provided treatment and consultation throughout California. Prior to forming her private practice in 2016, she served as the Program Manager and Clinical Supervisor for the University of California, San Diego Department of Psychiatry. Concurrently, she provided clinical supervision and consultation to different San Diego County behavioral health community programs and given guest lectures to public and private undergraduate and graduate programs in California. She was an adjunct lecturer for the California State University, San Diego Child & Family Development Graduate Program. Hais is trained in Dialectical Behavioral Therapy, Mentalization Based Therapy, and Eye Movement Desensitization & Reprocessing. She recently completed a 3-year intensive training in Dynamic Psychotherapy and is engaging in Advanced Dynamic Psychotherapy training with the Washington School of Psychiatry.

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