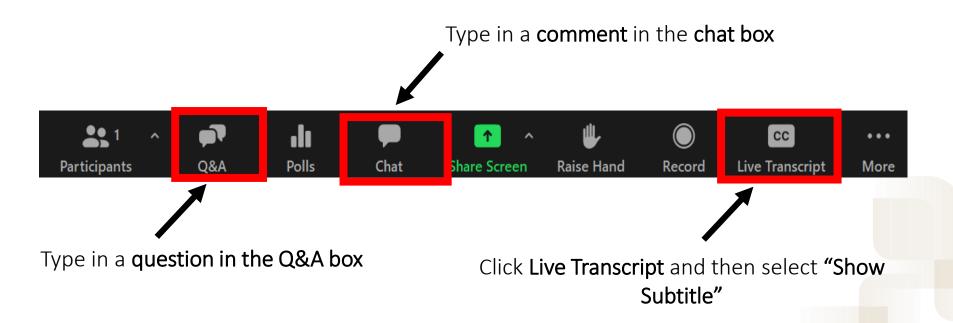
council for Mental Wellbeing

Integrated Care & Addressing the Needs of Black & African American LGBTQI+ Youth

Tuesday, June 20th, 2023 2-3pm ET

Questions, Comments & Closed Captioning



NATIONAL COUNCIL for Mental Wellbeing

Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).



Substance Abuse and Mental Health Services Administration

www.samhsa.gov

NATIONAL COUNCIL for Mental Wellbeing



Introductions



Moderator:

Pierluigi Mancini, PhD
Integrated Health & Health Equity Consultant, National Council for Mental Wellbeing

Panelists:



Skyler Jackson, PhD
Assistant Professor
Department of Social and
Behavioral Sciences
Yale School of Public Health



Esette Negussie, LGPC, NCC Youth Psychotherapist Whitman Walker Health



Kathleen Sarmiento, DSW,
LMFT
CEO, Transformational
Family Counseling

for Mental
Wellbeing



Discrimination and stigma can make it challenging for Black and African American LGBTQ+ youth to access whole person care that supports positive physical and mental health outcomes. Integrated care, which takes a holistic approach to health care, is critical and requires collaborative effort between individuals, their loved ones, health care providers, community leaders and policymakers.

Addressing needs of Black and African American LGBTQ+ youth in integrated care is essential to ensure that all individuals have access to high-quality health care that meets their unique needs.

By providing safe, inclusive and culturally responsive care that is sensitive to the whole person needs of Black and African American LGBTQ+ youth, health care providers can address systemic inequities that negatively impact the health and wellbeing of these communities.

national council for Mental Wellbeing



Tools & Resources (1/3)

National Council for Mental Wellbeing

- Access for Everyone: A Toolkit for Addressing Health Equity & Racial Justice within Integrated Care Settings
- Suicide Prevention and Management
- Mental Health First Aid
- Diversity, Equity & Inclusion Framework
- Racial Equity Toolkit
- Suicide Prevention Awareness Month

Blog Posts

- Furthering the Wellbeing of Black, Indigenous & People of Color through Integrated Care
- <u>During Black History Month, Let's Commit Ourselves to Improving the Mental Health of Black</u>
 Americans
- Moving Forward this Black History Month Setting Youth Up for Success

Black-led Mental Wellness Advocacy Organizations to Support

Black Emotional and Mental Health Collective



A 1001kit for Addressing Health Equity and acial Justice within Integrated Care Settings



Tools & Resources (2 of 3)

Black History Month Resources for Allyship:

- Addressing Health Equity and Racial Justice
- Black Students are Still Experiencing Pandemic Trauma

LGBTQI+ Center of Excellence:

- Emerging from the Margins: Identifying the Behavioral Health Needs of LGBTQ+ Midlife and Older Adults
- Center of Excellence LGBTQ+ Behavioral Health Equity E-Learning Modules
- Supporting Trans Youth
- Animated Short on Providing Equitable and Affirming Care to LGBTQ+ Older Adults (6 minutes, 37 seconds)
- Webinars on foundational and advanced topics
- More Resources from the Center of Excellence

Resource from Skyler Jackson- https://lgbtqequity.org/wp-content/uploads/2022/04/Black-LGBTQ-Mental-Health-Infographic.pdf

Health Equity and Racial Justice Webpage

National Council for Mental Wellbeing
See our page for more information on Webinars and Upcoming Events, Resources
and Tools, and Training and Technical Assistance focused on Health Equity and Racial
Justice





Tools and Resources (3/3)

SAMSHA Resources

- A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals
- A Practitioner's Resource Guide: Helping Families to Support Their LGBT Children
- Helping Families Support Their Lesbian, Gay, Bisexual, and Transgender (LGBT) Children (PDF | 897 KB)
- <u>LGBTQI+ Family Support</u> grant program.



Upcoming CoE Events

CoE-IHS Webinar: Part 3- Rural Telehealth & M-Health for Immigrants & Migrants

Register for the webinar on Thursday, June 22nd from 2-3pm ET

CoE-IHS Webinar: Meadowlark: Building a Team-based Approach to Perinatal Care

Register for the webinar on Wednesday, June 28th from 2-3pm ET

Interested in an individual consultation with the CoE experts on integrated care? Contact us through this form here!

Looking for free trainings and credits?

Check out integrated health trainings from Relias here

Subscribe for Center of Excellence Updates
Subscribe here



Thank You

Questions?

Email integration@thenationalcouncil.org

SAMHSA's Mission is to reduce the impact of substance abuse and mental illness on America's communities.

www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) 1-800-487-4889 (TDD)



