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CCBHC and FQHC Webinar Series: Session 1 – Back to the Basics

June 27, 2023

CCBHC-E National Training and Technical Assistance Center

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing



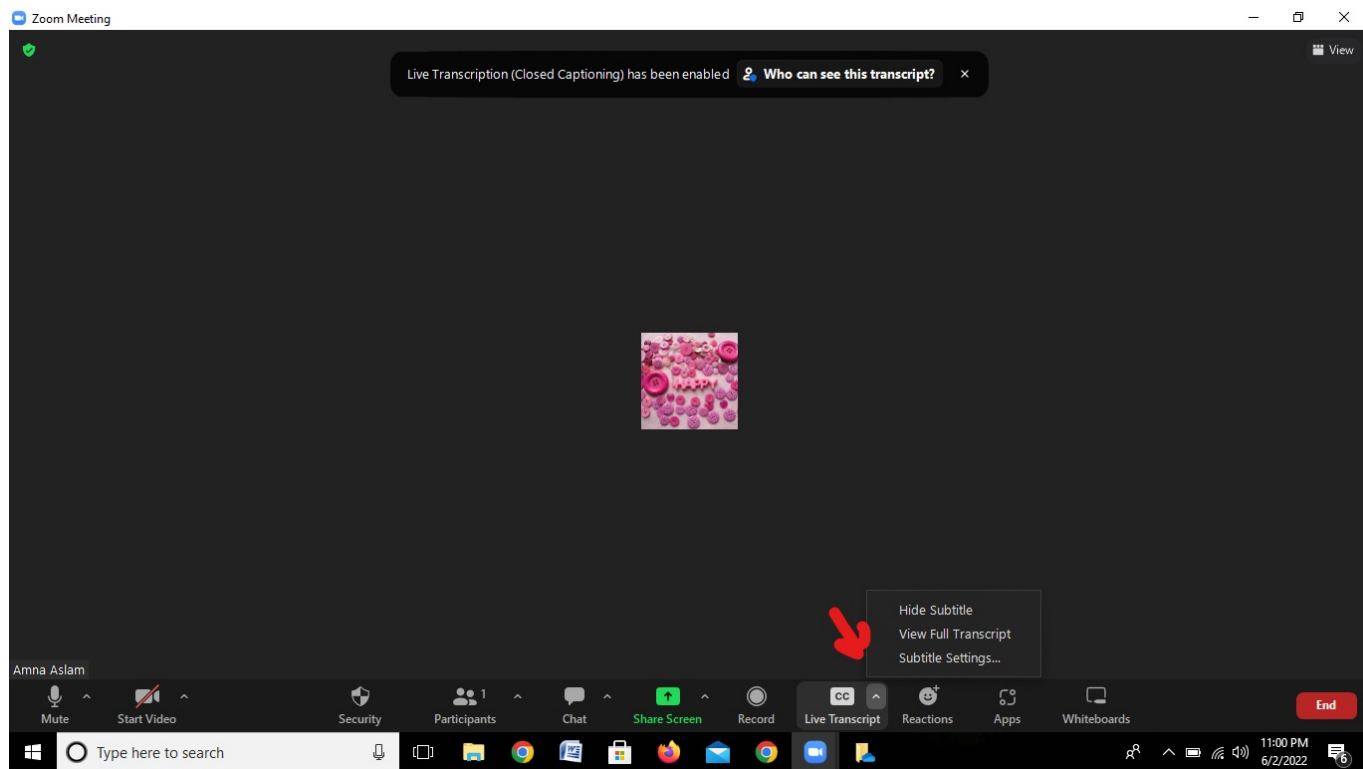
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Acknowledgements and Disclaimer

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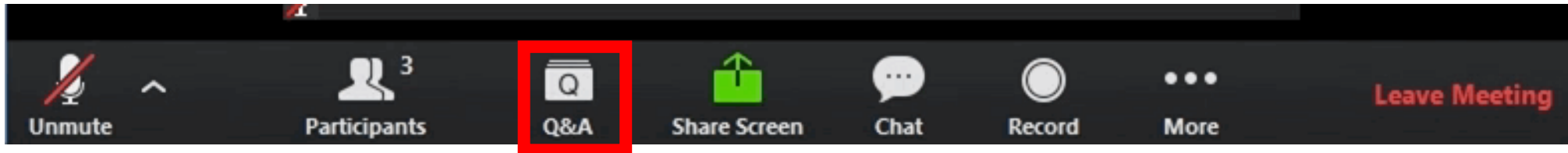


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How to Ask a Question



Please share questions throughout today's session using the **Q&A Feature** on your Zoom toolbar. **We'll answer as many questions as we can throughout today's session.**

Series Overview

- Session 1: Back to the Basics – CCBHC/FQHC Overview
- Session 2: Understanding CCBHC/FQHC Partnerships/Requirements
- Session 3: Putting it into Practice: Successful CCBHC/FQHC Partnership
- Session 4: Pathways and Sustainability

Learning Objectives

- Review key elements of Certified Community Behavioral Health Clinic (CCBHC) and Health Center models – including eligibility, key services, and funding mechanisms
- Identify where models are similar and how they are distinct from one another.

Today's Agenda



- Program Purposes and History
- Eligibility
- Oversight and Designation
- Funding
- Program and Service Requirements
- Partnerships
- Governance and Lived/Living Experience
- Q&A



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Today's Presenters



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Purpose

Certified Community Behavioral Health Clinic (CCBHC)

- The CCBHC model is designed to ensure access to coordinated comprehensive behavioral health care.
- CCBHCs are required to serve anyone who requests care for mental health or substance use, regardless of their ability to pay, place of residence, or age - including developmentally appropriate care for children and youth.
- CCBHCs are required to provide a comprehensive array of behavioral health services so that people who need care can access it quickly and don't have to piece together the behavioral health support they need across multiple providers. CCBHCs must provide care coordination to help people navigate behavioral health care, physical health care, social services, and the other systems they are involved in.

Health Center Program

- Intended to improve the health of the nation's underserved communities and vulnerable populations by assuring access to comprehensive, culturally competent, quality primary care services.
- Community health centers are safety-net providers that deliver comprehensive primary health care, dental care, vision care as well as supportive and enabling services to all individuals regardless of their ability to pay.
- Federally Qualified Health Center (FQHC) is a term indicating eligibility for reimbursement using specific payment methodologies.
- Health Center Program award recipients may be Community Health Centers, Migrant Health Centers, Health Care for the Homeless, and Health Centers for Residents of Public Housing.



History: CCBHC

2014	Authorized through Protecting Access to Medicare Act
2015	Released original Certification Criteria, 24 state planning grants awarded
2016	8 States selected for the Section 223 CCBHC Demonstration (MN, MO, NY, NJ, NV, OK, OR, and PA)
2018	First 52 CCBHC-expansion grants awarded
2020-21	2 additional states added to the Section 223 CCBHC Demonstration (KY and MI)
2022	BSCA authorizes addition of up to 10 states to the Demonstration every two years
2023	Up to 15 planning grants awarded and updated Certification Criteria released
2024	Up to 10 States additional demonstration states added
2026+	Additional demonstration states added every two years



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History: Health Center Program

- 1960s civil rights activists fought to improve the health and lives of Americans in extreme poverty.
- In 1965, the first” neighborhood health centers” opened as part of President Lyndon B Johnson’s War on Poverty.
- In 1971, The National Association of Community Health Centers (NACHC) was established.
- In 1996, Section 330 of the Public Health Services Act was established a permanent Community Health Center program.
- In 2021, provide care to more than 30 million patients.



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Eligibility

CCBHC

- Section 223 of the Protecting Access to Medicare Act (PAMA) (PL 113-93) requires that a CCBHC be one of the following entities:
 - A nonprofit organization
 - Part of a local government behavioral health authority
 - An entity operated under authority of the IHS, an Indian tribe, or tribal organization pursuant to a contract, grant, cooperative agreement, or compact with the IHS pursuant to the Indian Self-Determination Act.
 - An entity that is an urban Indian organization pursuant to a grant or contract with the IHS under Title V of the Indian Health Care Improvement Act (PL 94-437).
- States that certify CCBHCs may determine additional eligibility requirements.

Health Center

- Organizations applying for funding as health centers or designation as look-alikes must be private non-profit entities or public agencies.
- Must meet a stringent set of requirements, including:
 - Serving a medically underserved population within their target population.
 - Providing care on a sliding fee scale based on ability to pay.
 - Operating under a governing board that includes patients.



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Oversight and Designation

CCBHC

- Currently three pathways to CCBHC adoption*
 1. CCBHC Demonstration Program
 2. Independent State Adoption
 3. SAMHSA CCBHC Grant Program
- Administration: CCBHC Demonstration Program/Independent State Adoption programs are administered by state Medicaid and Behavioral Health authorities and guided by CCBHC criteria. CCBHC grant program is administered by SAMHSA.
- Certification: CCBHCs participating in state programs (demonstration, independent state adoption) are certified by their states. SAMHSA does not formally certify CCBHC Grantees but requires them to submit an attestation to meeting CCBHC certification criteria requirements.
- Accreditation
 - CCBHCs must be enrolled as a Medicaid provider and licensed, certified, or accredited provider of both mental health and substance use disorder services and adhere to any applicable state accreditation, certification, and/or licensing requirements.**
 - CCBHCs are encouraged to receive accreditation by an appropriate independent accrediting body.

Health Center

- Administration: The Health Center Program is overseen by Health Resources & Services Administration, Bureau of Primary Health Care.
- CMS oversees the Medicare and Medicaid programs that provides specific reimbursement to FQHCs.
- Award/Designated: A health center that receives grant funding from the HRSA is an award recipient and a look-alike is a designation by HRSA.
- Accreditation: HRSA/BPHC encourages health centers to undergo comprehensive accreditation processes to support the achievement of national benchmarks and demonstrates the highest standards of health care quality.



Funding

CCBHC

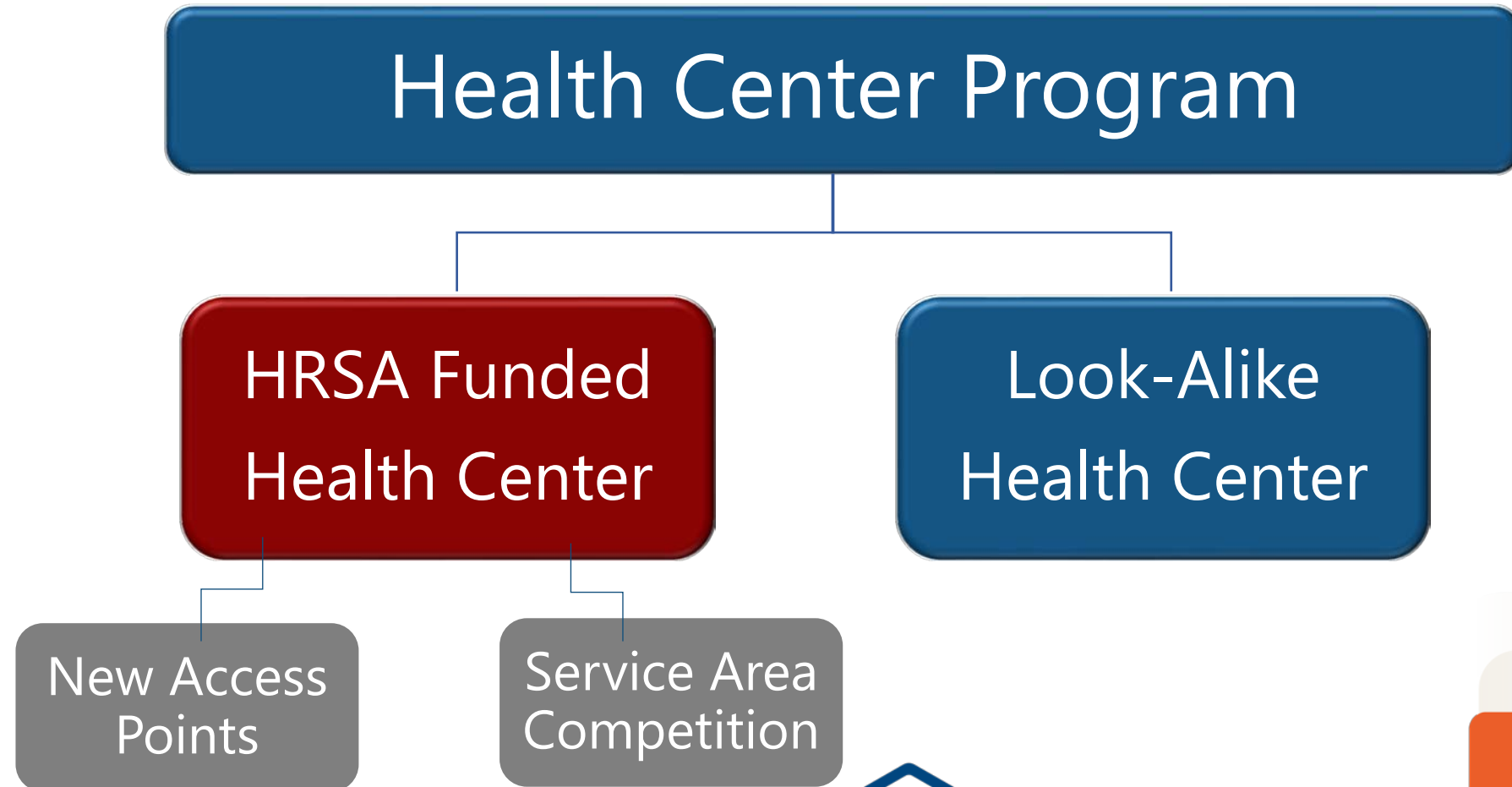
- Funding mechanisms for CCBHC implementation:
 - Grant funding from SAMHSA (available to any eligible provider)
 - Medicaid Prospective Payment System (PPS) for state certified clinics (participation determined by state)
- State-certified CCBHCs receive a Medicaid PPS. The PPS methodology is used demonstration-wide by CCBHC sites to set CCBHC site-specific encounter rates. There is not a PPS methodology for CCBHCs in Medicare.
- State planning grants to add to Medicaid demonstration.

Health Center

- Funding
 - Health Center Program Award (330 Funding Award)
 - Prospective Payment System (PPS)
 - Health Centers receive a bundled rate for each qualifying (Medicaid) patient visit that covers the costs of all services & supplies provided.
 - Medicare payment is made based on a national rate which is adjusted based on the location of where the services are furnished.
- MUAs and MUPs identify geographic areas and populations with a lack of access to primary care services.



Funding and Certification

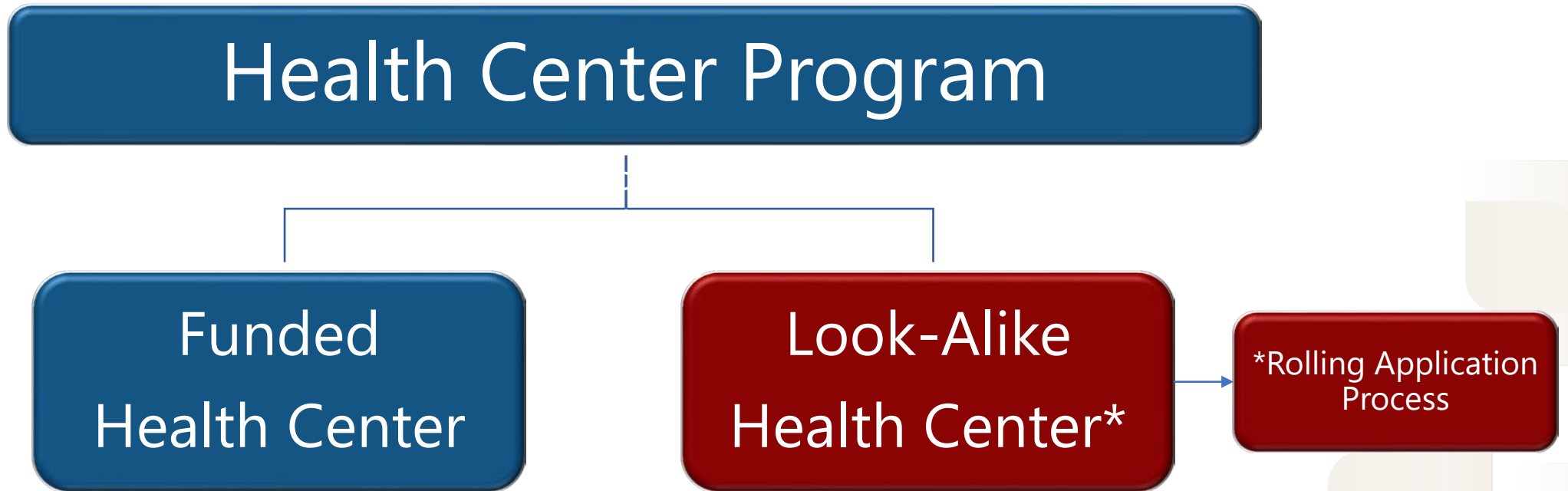


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Funding and Certification- Look A Like



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Program Requirements: CCBHC Criteria

The CCBHC program requirements are outlined in detail through the CCBHC Criteria, organized into six criteria areas.

1: Staffing

- Staffing standards informed by local needs

2: Availability and Accessibility of Services

- Standards for timely and meaningful access to services, outreach and engagement, 24/7 access to crisis services, treatment planning, and acceptance of all patients regardless of ability to pay or place of residence

3: Care Coordination

- Care coordination requirements across services and providers and health information technology infrastructure

4: Scope of Services

- Nine required services

5: Quality and Other Reporting

- Quality measures and quality improvement plan

6: Organizational Authority, Governance and Accreditation

- Consumer representation in governance, appropriate state accreditation

Full CCBHC Certification Criteria available [here](#).



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HRSA Program Requirements: Health Centers

- Key Management Staff
- Contracts and Subawards
- Conflict of Interest
- Collaborative Relationships
- Financial Management and Accounting Systems
- Program Monitoring and Data Reporting
- Billing and Collections
- Budget
- Board Authority
- Board Composition
- Needs Assessment
- Required and Additional Health Services
- Clinical Staffing
- Accessible Locations and Hours of Operation
- Coverage for Medical Emergencies During and After hours
- Continuity of Care and Hospital Admitting
- Sliding Fee Discount Program
- Quality Improvement/Assurance



CCBHC and Health Center Services

- **CCBHC criteria** require a comprehensive scope of outpatient mental health and substance use services, with an emphasis on specialty services and supports for people with serious and complex conditions, including 24/7 crisis support
 - Primary care requirements are limited to screening and monitoring; comprehensive primary care is not a SAMHSA requirement nor allowable in the CCBHC PPS
 - Non-clinic-based services are a core feature and expectation of the model
 - May be located anywhere; have a defined “geographic service area”
- **Health Center criteria** require a comprehensive scope of primary care services.
 - Behavioral health services are optional; many FQHCs have incorporated behavioral health into their service array to varying degrees.
 - Model is primarily clinic-based (with some exceptions)
 - Must be located in underserved areas; have a defined “catchment area”

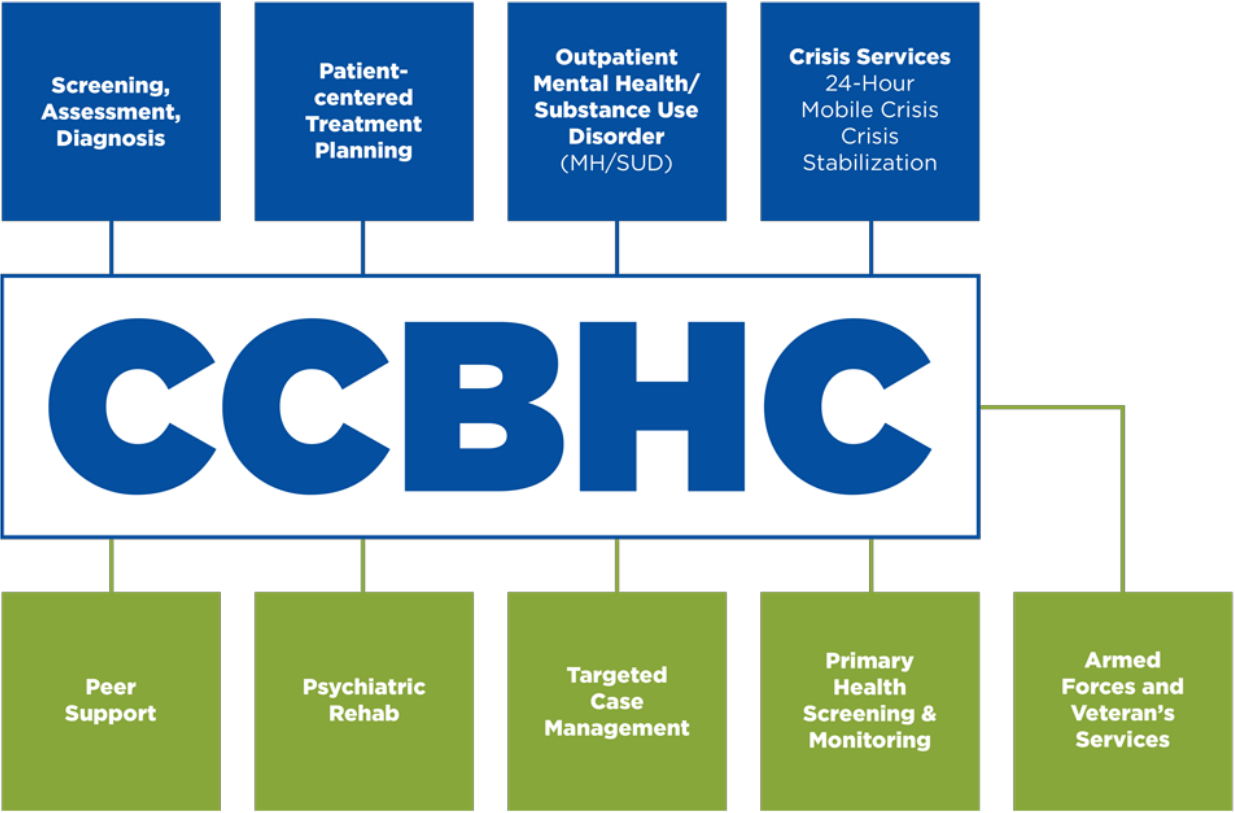


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Scope of Services: CCBHC



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Scope of Project: Health Center

A health center's scope of project is formally defined in applications for funding or Look-Alike designation.

A scope of project may evolve over time, as a health center grows and its patient population's needs change.



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Scope of Services: Health Centers

Health Centers must provide access to ALL required services through one or more of three different service delivery methods: directly through employees of your organization, by contracted individuals or organizations, or by formal referral relationships. General primary care services must be provided directly or by contract

Required

- ✓ General primary medical care
- ✓ Diagnostic laboratory and radiology
- ✓ Screenings
- ✓ Coverage for emergencies after hours
- ✓ Voluntary family planning
- ✓ Immunizations
- ✓ Well child care
- ✓ Gynecology and obstetrical care
- ✓ Preventive dental
- ✓ Pharmaceutical services

Additional

- Additional dental services
- Mental health services
- Substance use disorder services
- Optometry
- Recuperative care
- Environmental health
- Occupational therapy
- Physical therapy
- Speech-language pathology
- Nutrition
- Complementary and alternative medicine



Partnerships

CCBHC

- Two key partnership types:
 - **Care coordination:** Required to coordinate and manage care and services furnished to each person across a spectrum of providers. *Required to coordinate care with FQHCs.*
 - **Designated Collaborating Organizations (DCOs):** Directly deliver CCBHC required service on behalf of CCBHC, seamless integration with CCBHC and more intensive than care coordination. *CCBHCs can contract with FQHCs to deliver CCBHC required services, such as primary care screening and monitoring.*
- Leverage HIT for data sharing where possible

Health Center

- Make every reasonable effort to establish and maintain collaborative relationships, including with other health care providers within the service area, to provide access to services not available through the health center and to reduce the non-urgent use of hospital emergency departments.
- This connects back to the Scope of Project.
- Health Centers are required to conduct a needs assessment to identify the unmet need of service in the catchment area.



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Representation of Consumers and Persons with Lived/Living Experience

CCBHC

- CCBHC governance is informed by representatives of the individuals being served
- The CCBHC incorporates meaningful participation from individuals with lived experience
 - 51% consumer board of directors
 - Advisory boards
- Advisory board provides input in areas of community needs and goals, service development, quality improvement, fiscal/budgetary, and governance

Health Center

- 51% patient-majority board of directors
- Patient members, as a group, represent the individuals served by the health center in terms of demographic factors, such as race, ethnicity, and gender
- Must consist of at least 9 and no more than 25 members

Questions?



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Session Resources

Resource	Resource Link
CCBHC and FQHC Partnership Webinar Series Webpage	https://www.thenationalcouncil.org/program/ccbhc-e-national-training-and-technical-assistance-center/training-events/ccbhc-and-fqhc-series/
CCBHC and FQHC Crosswalk	https://www.nachc.org/wp-content/uploads/2023/06/NACHC-FQHC-and-CCBHC-Program-Crosswalk.pdf
CCBHC-E National Training and Technical Assistance Center	https://www.thenationalcouncil.org/program/ccbhc-e-national-training-and-technical-assistance-center/
HRSA Health Center Program Compliance Manual	https://bphc.hrsa.gov/compliance/compliance-manual
SAMHSA CCBHC Certification Criteria (December 2022)	https://www.samhsa.gov/sites/default/files/revised-ccbhc-criteria-dec-2022.pdf
CCBHC Contracting and Partnerships Toolkit	https://www.thenationalcouncil.org/resources/ccbhc-contracting-and-partnerships-toolkit-for-ccbhc-expansion-grantees/

Upcoming Events

Event Type	Title	Date + Time	Registration Link
Webinar	CCBHC and FQHC Partnership Series Session 2: Understanding CCBHC and FQHC Partnership Requirements and Opportunities	July 18, 11:00am ET	Register
Webinar	CCBHC and FQHC Partnership Series Session 3: Putting it into Practice: Successful CCBHC and FQHC Partnerships	August 3, 2:00pm ET	Register
Webinar	CCBHC and FQHC Partnership Series Session 4: Pathways and Sustainability	August 15, 3:30pm ET	Register

CCBHC-E TTA Center Website



Access our ever-growing resource library, upcoming trainings and events, and request for individualized support.

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Thank You!

Thank you for attending today's event.

Slides and the session recording link will be available on the CCBHC-E NTTAC website under "Training and Events" > "Past Events" within 2 business days.

Calendar of Events

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