

CCBHC-E National Training and
Technical Assistance Center
CCBHC New Grantee Learning Community
Session 1: Orientation

November 8, 2022

CCBHC-E National Training and Technical Assistance Center

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

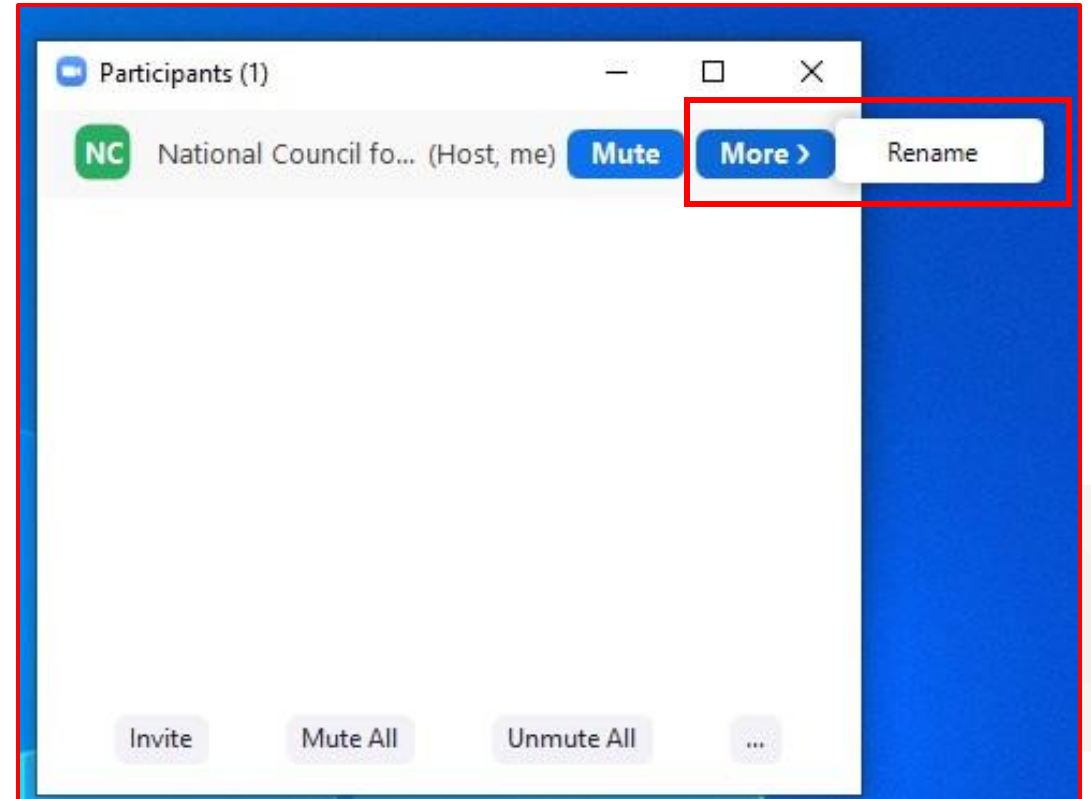
Acknowledgements and Disclaimer

This session was made possible by Grant Number 1H79SM085856 from the Substance Abuse and Mental Health Services Administration (SAMHSA). Its contents are solely the responsibility of the authors and do not necessarily represent the official views, opinions, or policies of SAMHSA, or the U.S. Department of Health and Human Services (HHS).



Logistics

- Please rename yourself so your name includes your organization.
 - *For example:*
 - **Alexandra Meade, National Council**
 - *To rename yourself:*
 - Click on the **Participants** icon at the bottom of the screen
 - Find your name and hover your mouse over it
 - Click **Rename**
- If you are having any issues, please send a Zoom chat message to **D'ara Lemon, National Council**



NATIONAL
COUNCIL
for Mental
Wellbeing

Today's Agenda



- Welcome and Brief Orientation to CCBHC-E NTTAC
- New Grantee Learning Community Overview and Expectations
- Brief CCBHC 101 and Preparing for Attestation
- Experiences from the Field: Lessons Learned in CCBHC Implementation
- Peer Engagement Breakouts
- Sharing and Preparing for Next Session



Today's Learning Objectives



Identify the structure and curriculum of the learning community.



Review expectations of learning community participants.



Foster connection and relationship building with participants.



Your Learning Community Team



Jane King, PsyD, LP
Consultant and Subject
Matter Expert



Renee Boak, MPH
Consultant and Subject
Matter Expert



Sam Holcombe, MPH
Senior Director and
Center Director



Alexandra Meade
Project Manager



D'ara Lemon
Project Coordinator



Today's Facilitators



Jane King, PsyD, LP
Consultant and
Subject Matter Expert



Renee Boak, MPH
Consultant and Subject
Matter Expert



Learning Community By the Numbers



107 Clinics, 35 states

57% urban, 27% suburban, 28% rural



CCBHC Services

Most Currently Providing

- Outpatient MH/SU; Screening, Assessment
Diagnosis; Patient Center Treatment
Planning

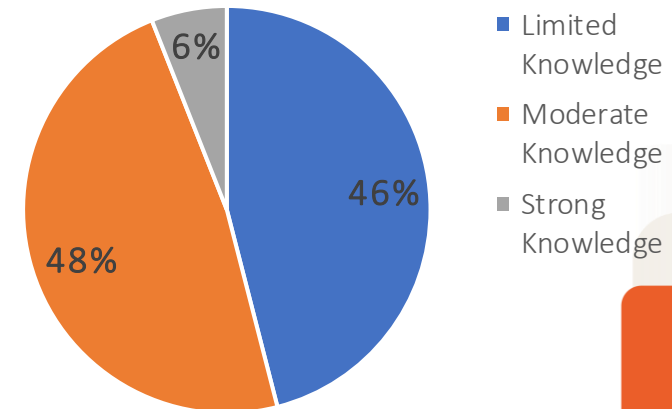
Least Currently Providing

- Veteran's Services; Primary Care Screening
and Monitoring; Psychiatric Rehabilitation;
Crisis Services

Areas of Greatest Need

Data collection, reporting, analysis – 72%
Staff training and capacity building – 63%
Data sharing – 62%
Veteran's services – 59%
Quality improvement processes – 55%

CCBHC Knowledge



NATIONAL
COUNCIL
for Mental
Wellbeing



Orientation to the CCBHC-E National TTA Center (CCBHC-E NTTAC)

CCBHC-E National Training and Technical Assistance Center

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

We're Here to Support You

Purpose: Provide training and technical assistance to SAMHSA CCBHC-Expansion grantees for:



Implementation and adherence to the CCBHC model



Utilization and integration of evidence-based practices



Sustainability and alignment of CCBHC model and state adoption



How Does the Center Support Grantees?



Learning Communities and
ECHO Series



Webinars, Office Hours and
Learning and Action Sessions



On-demand Resource Library
Access [online website](#).



Direct Consultation

Request individual support through
completing the technical assistance
[request form](#).



Collaboration with
Other Grantees

All supports provided
by the NTTAC are free
to grantees.

NATIONAL
COUNCIL
for Mental
Wellbeing



CCBHC-E TTA Center Website

CCBHC-E National Training and Technical Assistance Center

CCBHC-E National Training and Technical Assistance Center

About Us

Resources

Training & Events

Request Training/Assistance

CCBHC-E

National Training and Technical Assistance Center

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

NATIONAL COUNCIL
for Mental Wellbeing

About the CCBHC-E National Training and Technical Assistance Center

The Certified Community Behavioral Health Clinic Expansion Grantee National Training and Technical Assistance Center (CCBHC-E National TTA Center) is committed to advancing the CCBHC model by providing Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grantees (CCBHC-E grantees) training and technical assistance related to certification, sustainability and the implementation of processes that support access to care and evidence-based practices.

[Learn More →](#)

<https://www.thenationalcouncil.org/program/ccbhc-e-national-training-and-technical-assistance-center/>





Direct Consultations

Request Training/Assistance

CCBHC-E National Training and Technical Assistance Center

Receive assistance from our team of experts!

The CCBHC-E National Training and Technical Assistance Center provides free consultation and technical assistance on CCBHC implementation to expansion grantees. Fill out this form to request assistance today.

CCBHC-E NTTAC Request Form

Name (Required)

First Last

Title **Organization/Company (Required)**

City **State (Required)**

The CCBHC-E National Training and Technical Assistance Center provides **free consultation and technical assistance** on CCBHC implementation to expansion grantees.

To request individualized support and consultation:

1. Visit the CCBHC-E NTTAC Request Training / Assistance [page](#)
2. Complete the CCBHC-E NTTAC Request Form to be connected with a consultant

You can expect to hear back within 48 hours to schedule an initial consultation.

<https://www.thenationalcouncil.org/program/ccbhc-e-national-training-and-technical-assistance-center/>



On-demand Resource Library

- The CCBHC-E NTTAC provides CCBHC-Es access to on-demand resources that support understanding of and adherence to the CCBHC model, adoption of EBPs, and state certification requirements and processes.
- Accessible online and will continue to be developed and expanded.
- Some examples include the following:
 - [CCBHC Criteria On-Demand Lessons](#) (Key resource for THIS learning community!)
 - [Relias Online Courses](#) (Free training modules)
 - [ASAM Online Modules and Lessons](#)

<https://www.thenationalcouncil.org/ccbhc-e-nttac/resource-library/>



Orientation to the CCBHC-E New Grantee Learning Community

CCBHC-E National Training and Technical Assistance Center

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

Learning Community Purpose

Purpose: Provide a mechanism of structured support for PDI grantees over their first year of grant implementation. The learning community curriculum will build participant knowledge and understanding of the CCBHC model as well as providing implementation support aligned with key deliverables timelines.

Learning Objectives

- Increase knowledge and understanding of CCBHC criteria elements and apply this knowledge to the grant implementation requirements and deliverables throughout the year.
- Establish and implement project management and change management to promote successful organization transformation as a CCBHC
- Utilize lessons learned from CCBHCs and guidance from experts to inform the development of all Y1 deliverables – including needs assessment, establishing all required services, staffing plan, and sustainability plan.

Learning Community Structures

- **Monthly, 90-minute learning sessions**
 - Sessions will follow a curriculum of topics
 - Expect approximately 60 minutes of content and 30 minutes of breakouts or peer engagement
- **Resources**
 - Welcome packet serves as a reference for expectations, accessing sessions and resources
 - Resources such as on-demand videos, reference guides, or other materials complimenting content will be shared
 - We will be maintaining a “Question Log” to align content to questions and needs, and develop Q&As where relevant, so **please put questions in chat throughout each session**
 - Session recording, slides, and any accompanying resources will be emailed to all learning community participants following each session.

Participant Expectations

Attendance



- CCBHC implementation requires **organization buy-in** and **team collaboration** – we welcome organizations to bring extended teams to these sessions
- All content is intended to build upon past sessions, so we ask for **participant commitment** in all sessions
- Life happens! If you can't attend some sessions, **please make efforts to have others on your team join** to represent you

Engagement



- Meeting and engaging with your peers can be one of the most rewarding parts of this experience – **we ask for you to have your video on** and to share experiences so we can all benefit
- **Speak up and ask** – there NO dumb questions, everyone is new to this – drop questions in the chat as they come to you
- If you have multiple teammates joining a call, **consider joining from separate laptops** to be able to fully engage in breakout discussions



Learning Community Curriculum

Month	Topic	Notes
Nov 2022	Orientation and Attestation	
Dec 2022	Needs Assessment	
Jan 2023	Practice Transformation as a CCBHC	<i>SAMHSA Requirement:</i> Project implementation begins
Feb 2023	Service Array	<i>SAMHSA Deliverable:</i> Needs Assessment; Provision of 5 of 9 services
Mar 2023	Staffing	
Apr 2023	Care Coordination	
May 2023	Partnerships	<i>SAMHSA Deliverable:</i> Plan for staffing, training, and delivery of all required services
Jun 2023	Service Accessibility	
Jul 2023	Sustainability	
Aug 2023	Continuous Quality Improvement	
Sep 2023	Wrap-up: Lessons Learned and Celebration	<i>SAMHSA Deliverable:</i> Provision of all 9 services; Criteria attestation; Sustainability plan



CCBHC Program Status and Overview

CCBHC-E National Training and Technical Assistance Center

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

What is a CCBHC?

CCBHC is an integrated community behavioral health model of care that aims to improve service quality and accessibility. **CCBHCs do the following:**

Provide integrated, evidence-based, trauma-informed, recovery-oriented and person- and-family-centered care

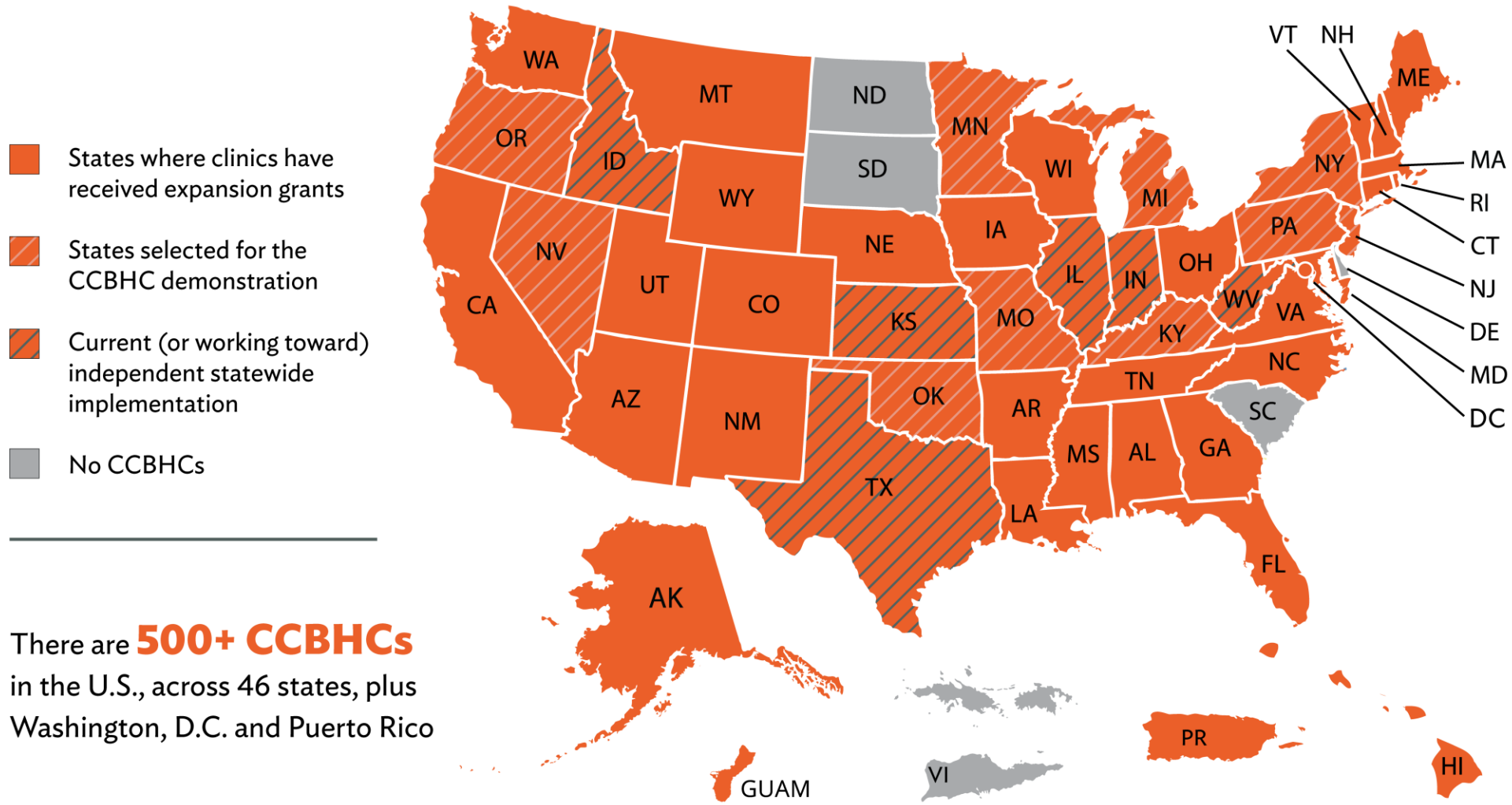
Offer the full array of CCBHC-required mental health, substance use disorder (SUD) and primary care screening services

Have established collaborative relationships with other providers and health care systems to ensure coordination of care

NATIONAL
COUNCIL
for Mental
Wellbeing



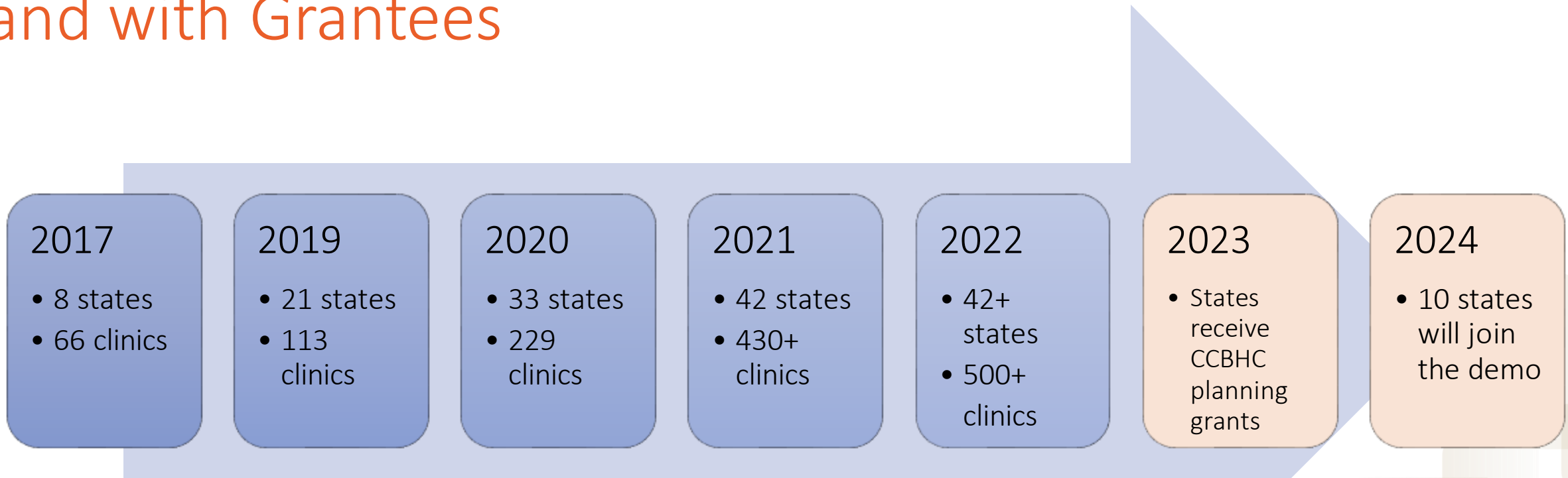
Status of Participation in the CCBHC Model



There are **500+ CCBHCs** in the U.S., across 46 states, plus Washington, D.C. and Puerto Rico



Incredible Growth with the CCBHC Demonstration and with Grantees



NATIONAL
COUNCIL
for Mental
Wellbeing

CCBHC Criteria Program Requirements

1: Staffing

2: Availability and Accessibility of Services

3: Care Coordination

4: Scope of Services

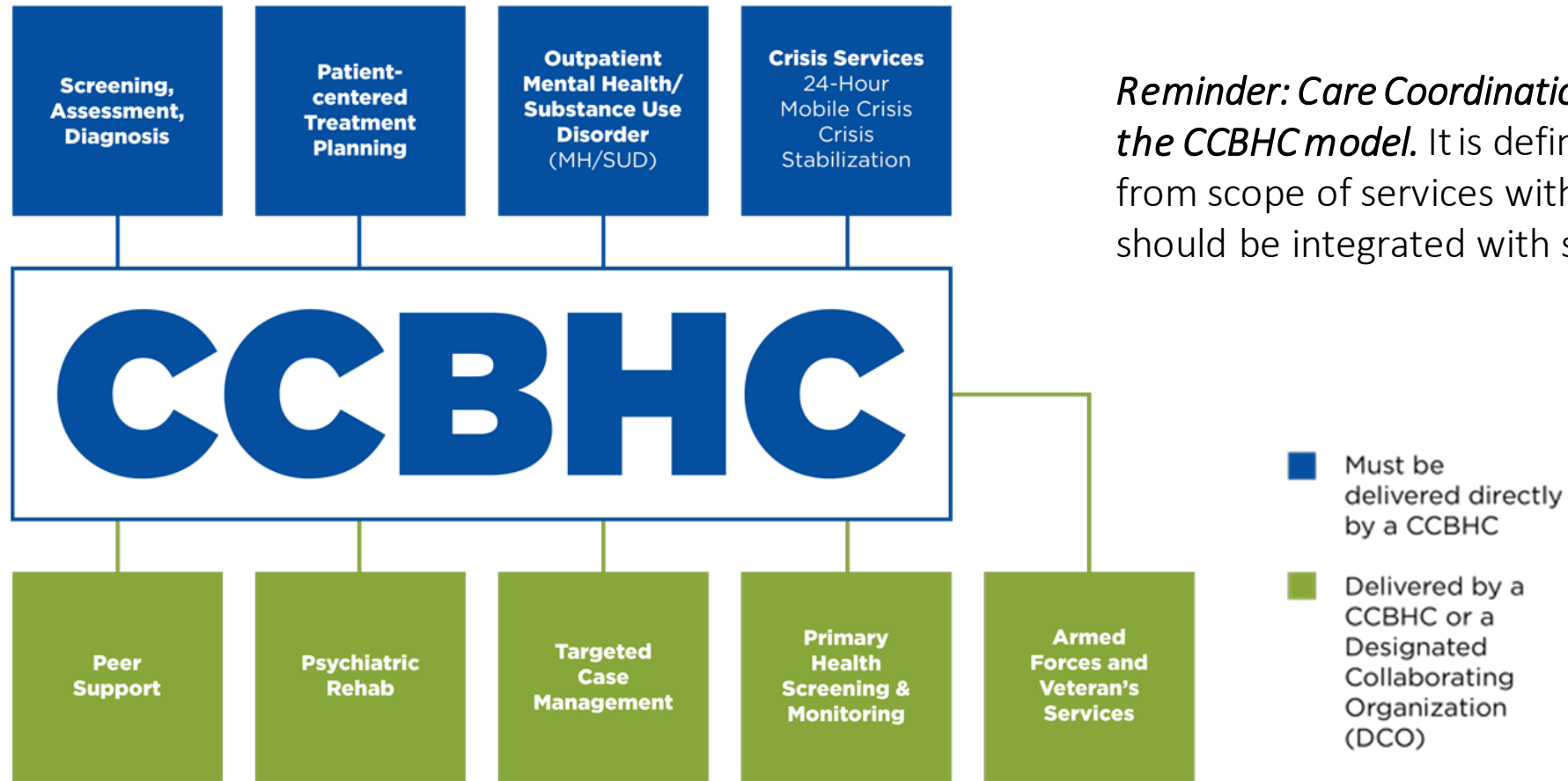
5: Quality and Other Reporting

6: Organizational Authority, Governance and Accreditation

Note: This presentation contains a summary of selected CCBHC certification criteria. To view the full criteria: https://www.samhsa.gov/sites/default/files/programs_campaigns/ccbhc-criteria.pdf



Scope of Services



Reminder: Care Coordination is the lynchpin of the CCBHC model. It is defined separately from scope of services within the criteria but should be integrated with service provision.

NATIONAL
COUNCIL
for Mental
Wellbeing



Laying the Groundwork: Preparing for Attestation

CCBHC-E National Training and Technical Assistance Center

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

Preparing for Attestation

Attestation can feel like a big undertaking, but it's also an opportunity to organize your planning and implementation of the CCBHC model. Tips for attestation preparation include:

- **Use what you've already completed as a starting point:**
 - Within the PDI grant application: Appendix M - CCBHC Criteria Compliance Checklist and Appendix N – CCBHC Certification Criteria Service Delivery and Expansion Chart
 - Translate the checklist into a table or spreadsheet of requirements for tracking purposes.
- **Begin documenting now:**
 - Understand your starting point – assess what documentation already exists, what needs to be developed or refined.
 - Designate an attestation point person who coordinates and manages logistics and assignments.
 - Create a centralized share point/drive to store all evidence of requirements as they are being developed.
 - Perform weekly attestation status check.



Preparing for Attestation

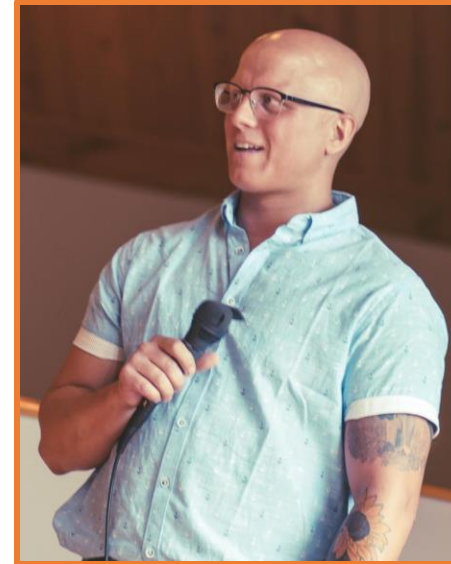
1 CCBHC		Enter your organization name here																																												
2 Date		Enter date of completion here																																												
3 POC		Enter your organization's primary point of contact here																																												
4							Select the appropriate response and enter the score [1-5] in that column/cell.					Plan for reaching [4] for attestation and [5] for life of grant					Write a few sentences about how your clinic meets this requirement					List out (or link to) required documentation support attestation narrative																								
							Does Not Meet [1]					Minimal Meet [2]					Partially Meet [3]					Meet [4]					Exceptional [5]					Work Plan					Attestation Narrative					Documentation				
6 Needs Assessment and Staffing Plan																																														
7 1.a.1		The CCBHC has completed a needs assessment.																																												
8 1.a.1		The CCBHC needs assessment addresses cultural, linguistic, treatment and staffing needs and resources of the area to be served by the CCBHCs and addresses accessibility and availability issues such as transportation, clinic locations and clinic hours (including evenings and weekends). It should also address income, culture, and other barriers to accessing services.																																												
9 1.a.1		The CCBHC needs assessment addresses workforce shortages.																																												
10 1.a.1		Consumers and family members and relevant communities (e.g., ethnic, tribal) were consulted in a meaningful way to complete the needs assessment.																																												
11 1.a.1		The CCBHC has plans to update the assessment at least every 3 years.																																												
12 1.a.1		The staffing plan for the CCBHC reflects the findings of the needs assessment																																												
13 1.a.1		The CCBHC bases its requirements for services at the CCBHC, including care coordination, on the needs assessment findings.																																												
14 1.a.1		Does the CCBHC provide all 9 services in the service area?																																												
15 Staff/Management Staff																																														
16 1.a.2		CCBHC staff (both clinical and non-clinical) is appropriate in size and composition for the population to be served by the CCBHC.																																												
17 1.a.2		If veterans are served by the CCBHC, staffing satisfies the requirements of criteria 4.K.																																												
18 1.a.3		CCBHC management staffing is adequate for the needs of CCBHC as determined by the needs assessment and staffing plan. The CCBHC has a management team structure with key personnel identified by name, including a CEO or Executive Director/Project Director and a Medical Director (may be the same person and Medical Director need not be full time).																																												
19 1.a.3		CCBHCs that are unable to employ or contract with a psychiatrist as a medical director are located in Health Resources and Services Administration (HRSA) behavioral health professional shortage areas and have documented reasonable and consistent efforts to obtain a psychiatrist as Medical Director. Provisions are made for psychiatric consultation and a medically trained behavioral health provider with appropriate education and licensure to independently prescribe as the Medical Director.																																												



Lessons Learned From The Field



Kate St. James, Psy.D.
President & Chief Executive Officer
Behavioral Healthcare Partners of Central Ohio, Inc.



Jesse Cook, MSW, LSW
Director of Integrated Care
Centerstone (Bloomington, Indiana)



Breakout Rooms: Getting to Know You



In each room, each participant will share:

- **Who you are:** Name, role in CCBHC implementation
- **Where you're from:** Clinic name, location, setting (Ex: rural, urban)
- **What do you see as your niche or special sauce** (Ex: What is your clinic known for in terms of who you serve, innovative or quality practices?)
- **What questions** do you have coming into the learning community?
- **What do you most need** from the learning community?

Be prepared to share some themes from your group!



Closing: Sharing and Preparing



- **Brave Volunteers:** What did you hear from others in terms of questions and needs?
- **QUESTION LOG:** Take 2-3 minutes to send any questions you have aligned with learning community curriculum in the chat...with a special focus on anything related to: **NEEDS ASSESSMENT**
- **Next Session: December 6, 3:00-4:30pm ET**
 - Topic: Needs Assessment
 - Prep work: Review CCBHC criteria and PDI NOFO for needs assessment requirements; this [SAMHSA resource page](#) is a great place to start
- Return your Learning Community **Letter of Commitment** to D'araL@TheNationalCouncil.org by Friday, 11/11.

NATIONAL
COUNCIL
for Mental
Wellbeing



Other Upcoming Events

CCBHC Sustainability Learning and Action Series (November 2022 – January 2023). This Learning Series is designed for CCBHC grantees interested in learning and understanding the different pathways to building and maintaining a sustainable plan for the CCBHC model. The curriculum for this Learning Series will review approaches to collaborating with states and other stakeholders to build the value case for statewide CCBHC implementation, transitioning from a grant program to state certification, and effective strategies to optimize future billing opportunities.

- **Session 1: Building the Value Case for Statewide CCBHC Implementation** – *Monday, November 14, 2-3pm ET*; This session will identify how CCBHC-E grantees align and organize alongside other grantees, state associations and other stakeholders to educate and communicate the value of CCBHCs and explore pathways for statewide implementation. **Register [here](#).**
- **Session 2: Transitioning from Grant Programs to State Certification** – *Monday, December 5, 2-3pm ET*; This session will identify strategies for using your CCBHC grant program to prepare your organization for certification, where available, and how to leverage attestation as practice for certification. **Register [here](#).**
- **Session 3: Financing for Sustainability – Understanding Your Costs and Preparing for New Payment Models** – *Monday, January 9th, 2-3pm ET*; Understanding and optimizing your costs as a CCBHC is critical for sustainability of services. This session will identify processes CCBHC-E grantees can establish to capture their costs and optimize billing as a CCBHC, as well as considerations for alternative payment models. **Register [here](#).**





Collaboration with
Other Grantees

Collaboration with Other Grantees

Peer cohort calls as a regular standing space for engaging with others going through the same things as you:

- **CCBHC-E executives** meet the last Friday of each month from 12-1 p.m. ET. [Register here](#).
- **CCBHC-E program directors** meet the first Wednesday of each month from 12-1 p.m. ET. [Register here](#).
- **CCBHC-E evaluators or CQI leads** meet the first Tuesday of each month from 3:30-4:30 p.m. ET. [Register here](#).
- **CCBHC-E medical directors** meet the first Monday of each month from 12-1:00 p.m. ET. [Register here](#).

NATIONAL
COUNCIL
for Mental
Wellbeing

