NATIONAL COUNCIL for Mental Wellbeing

Enhancing Harm Reduction Services in Health Departments: Harm Reduction Vending Machines

Tuesday, September 19 | 1:30 - 3:00 pm ET

Housekeeping

- You will be muted automatically upon entry and for the duration of the webinar.
- This webinar is being recorded and will be archived for future viewing on the National Council's website.
- Please submit your questions using the Q&A box at the bottom of the screen.



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Today's Presenters



Eliana Duncan, MSc Consultant with the National Council for Mental Wellbeing



Chelsi Cheatom Program Manager Trac-B Exchange



Shane Sullivan Harm Reduction Coordinator HIPS



Joe Trotter Harm Reduction Program Coordinator Champaign-Urbana Public Health District

Agenda

- Welcoming remarks from the CDC
- **Resource overview** Enhancing Harm Reduction Services in Health Departments: Harm Reduction Vending Machines
- Panelist presentations
- Panelist discussion and Q&A
 - Discuss key planning and implementation considerations from Enhancing Harm Reduction Services in Health Departments: Harm Reduction Vending Machines.
 - Describe the strengths and limitations of implementing HRVMs.
 - Examine notable strategies for eliminating barriers to accessing HRVMs.

Welcoming Remarks from the CDC



Rebecca Glover-Kudon, PhD, MSPH Behavioral Scientist Division of Overdose Prevention National Center for Injury Prevention and Control

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Overview of Harm Reduction Vending Machines (HRVMs)

- HRVMs offer harm reduction supplies to people who use drugs, with minimal to no requirements for usage ("low-barrier")
- May supplement existing programs, acting as alternative to fixed or mobile outreach
- Ability to attract populations who feel marginalized from traditional services, at higher risk for overdose
 - Greater privacy, anonymity
 - Limited or no human interaction
 - Extended or alternative hours

Considerations for HRVM Planning

- Oversight and collaboration (state, local, CBO level)
- Startup costs and funding sustainability
- Machine access
 - Location and hours of operation
 - Access cards and codes
- Supplies and services offered
 - Varies by location, client needs, resource availability
- Data collection
- Community engagement
- Paraphernalia laws, law enforcement interaction

Landscape in the United States

- Not widely implemented in US context
 - Supported by research and decades of experience in international contexts
- Increased interest in part due to COVID-19 related service disruptions, increasing overdose deaths
- Acceptability varies greatly throughout the US, depending on:
 - Relationships with health departments, local CBOs
 - Stigma and community buy-in
 - Role of media
 - Local and state laws



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Chelsi Cheatom

Former Program Manager of Impact Exchange and Trac-B Exchange

Impact Exchange

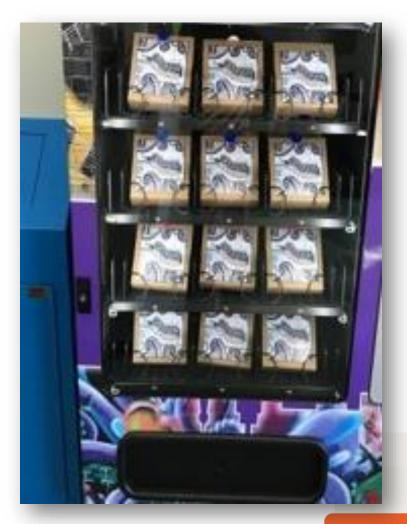
- Medium-sized harm reduction program
- ~ 19 employees
- Main office is in Las Vegas, NV
- SSP programs serve the entire state of Nevada through storefront, mailing, and vending machine programs. Impact Exchange/Trac-B is one of two SSP's in the state of Nevada
- Started as an SSP in 2017 and launched the first syringe vending program in the continental US in 2017

Vending Machine Details

- Machines are purchased from IDS Vending
- Less cost than brick-and-mortar location
- Includes data system that tracks use and inventory
- Requires clients to get a unique ID number
- Increased opportunities to access products
- Partnership with other agencies

Our Machines

- Substance Use Treatment Centers
- Community Centers
- Primary Care Clinics
- Outdoor location (rural)
- LGBTQIA+ Center
- Trac-B Storefront
- Private businesses
- County Detention Center
- Public Health Department



Data

- JANUARY 2022 DECEMBER 2022
- Total storefront SSP Syringes Out: 658,420
- JANUARY 2022 DECEMBER 2022 Vending data
- Vending Transactions: 8,608
- Syringes: 170,070
- Naloxone Doses: 1,455
- Hormone Kits: 412
- Condoms: 1,962
- Hygiene Kits: 676
- First Aid Kits: 962



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Joe Trotter

Harm Reduction Coordinator Champaign-Urbana Public Health District

About C-U Public Health

- Mid-size Public Health
 - ~120 employees
- Located in Champaign, IL
 - Home of the University of Illinois
 - Metropolitan area
 - Population 200k
- Started our Syringe Services program in 2009
 - Started syringe vending in 2020

Our Vending Machine "Beth"

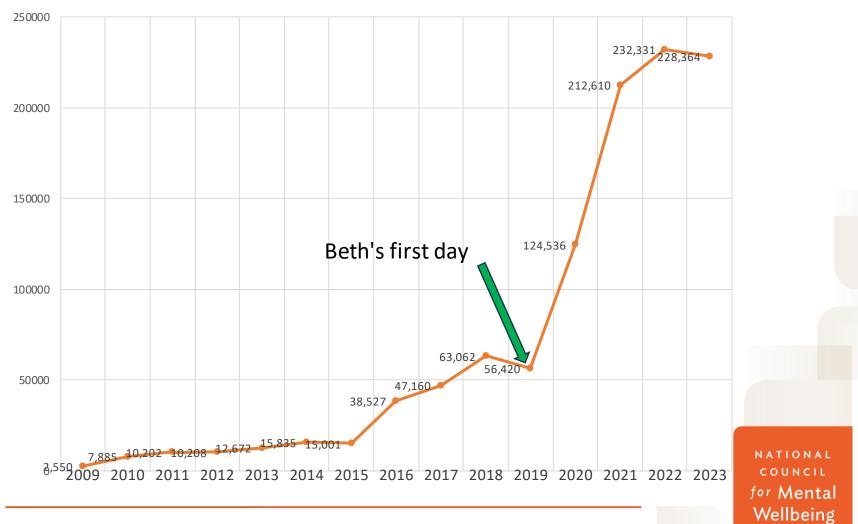


Beth's Pros & Cons

- Small size, holds about 2,000 syringes
- Single code of entry
- No unique client-data
- Low cost (\$300)
- Low barrier

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Syringe Data by Year



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Shane Sullivan Harm Reduction Coordinator, HIPS



About HIPS

- Harm reduction organization founded in 1993 in Washington, DC initially as a street outreach program for sex workers
- Primary populations served include sex workers, people who use drugs, people who are unhoused, LGBTQ (especially



HIPS drop-in center at 906 H St. NE, Washington DC

trans) individuals, people engaged in street economies; 80-90% of participants are Black and a majority are low-income

- Approx. 36 staff, 5 peer educators, 50-70 active volunteers; majority of staff have lived experience and/or are from communities served
- 1 of 3 syringe service programs (SSPs) operating in DC (pop. approx.
 650,000); also serves broader DMV region (Maryland/Virginia)

About HIPS

HIPS departments:

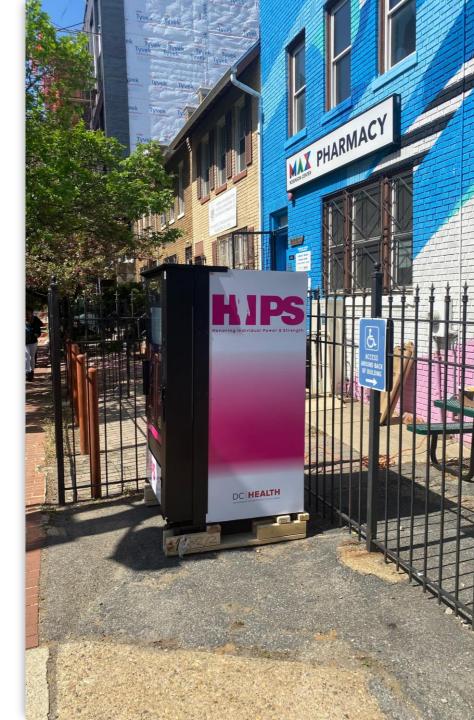
- Social services/drop-in
- Clinical (MOUD and ID clinics)
- Outreach
- Advocacy



- Drop-in clothing closet, showers, laundry, peer support groups, food, housing case management, etc.
- Suboxone treatment, infectious disease clinic (HCV treatment, wound care, etc.), PrEP, HIV/Hep C testing, harm reduction counseling/education
- Syringe exchange/safer injection supplies, safer sex supplies, safer smoking kits, naloxone, fentanyl test strips, first aid/wound care supplies
- 24/7 hotline; van outreach 7 days a week (including overnight to sex work strolls)
- Community events/trainings (overdose prevention/naloxone administration, etc.)
- Advocacy/educational events (co-lead of Sex Workers Advocates Coalition [SWAC] and #DecrimPovertyDC)

Our Machines

- 3 machines at community org partner sites: Bread for the City (2 locations) and Whitman-Walker Health
- Submitted grant proposal to DC Health Dept. in Feb 2021; awarded in May; funding for project received in December 2021
- Machines ordered via Intelligent Dispensing Solutions (IDS) in May 2022; arrived January 2023; first machine active by end of May 2023
- Still in piloting stages; challenges across the board with hardware (security issues), software, inventory maintenance, etc.
- No card; one-time registration in-person or by phone, participants use unique 4 or 5-digit numeric code to access; 9999 is universal code for naloxone/fentanyl test strips



Our Machines

- Outdoors to be accessible 24/7
- Contain syringes, safer injection supplies, Narcan, fentanyl test strips, bottled water, chips, granola bars, HIV test kits, safer sex supplies, hygiene kits, wound care kits
- Plans to include handwarmers, thermal blankets, wool socks during cold weather
- Restricted from distributing safer smoking kits by HAHSTA (Health Dept. grantor)
- Sharps disposal bin adjacent to machines
- Not low-barrier; 2+ year project to get off the ground, continued logistical nightmares, time spent away from outreach etc.
- Machines cost \$11,595 each, or \$34,785 total; sharps disposal bins 2k+ each on top
- Some NIMBYism, but overall broad community support/excitement

HIPS @HIPSDC



Thanks for the free press! 🙏

We're proud to partner with **@BreadfortheCity** and **@whitmanwalker** to offer free naloxone, fentanyl testing strips, HIV test kits, safer sex and drug use supplies, bottled water, hygiene kits, & other lifesaving supplies at our 3 vending machine sites.

Hank Thomas @ @HankThomas... · 8/30/23 Nothing says DC is going in the right direction more than a Narcan vending machine and a dirty needle drop box.



10:17 PM · 8/30/23 from Earth · 18.2K Views

4 Bookmarks

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Panelist Discussion & Q&A

Please submit your questions using the Q&A box at the bottom of the screen.



Eliana Duncan, MSc Consultant with the National Council for Mental Wellbeing



Chelsi Cheatom Program Manager Trac-B Exchange



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For more information, please check out our website: https://www.thenationalcouncil.org/program/tools-for-overdose-prevention/

Enhancing Harm Reduction Services in Health Departments: Harm Reduction Vending Machines

Enhancing Harm Reduction Services in Health Departments

Harm Reduction Vending Machines



- Overview of the current landscape of HRVMs in the U.S.
- Detailed considerations for health departments and community partners to use when planning and implementing HRVMS.
- Examples from the field.
- Additional tools and resources, including:
 - Comparison chart of no-to-lowbarrier implementation of HRVMs.
 - Sample start-up budget.

Additional Resources

- <u>Enhancing Harm Reduction Services in Health Departments:</u> <u>Fentanyl Test Strips and Other Drug Checking Equipment</u>
- <u>Establishing Peer Support Services for Overdose Response: A</u> <u>Toolkit for Health Departments</u>
- <u>Overdose Response and Linkage to Care: A Roadmap for</u> <u>Health Departments</u>



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https://www.surveymonkey.com/r/ harmreductionvendingmachines